



The Bicigrino Guide

THE CAMINO FRANCÉS BY BIKE

13 stages from Saint-Jean-Pied-de-Port to Santiago de Compostela, with an extension to Fisterra and Muxía. Maps, elevation profiles, bike workshops, pilgrim hostels (albergues) and accommodation for cyclists.

2027 EDITION

XACOBEO 2027 SPECIAL

A guide written from the saddle

This guide is the result of riding the Camino Francés, the French Way of the Camino de Santiago, by bike again and again. It proposes thirteen stages between Saint-Jean-Pied-de-Port and Santiago de Compostela, plus an extension to Fisterra and Muxía for anyone who wants to reach the sea.

Each stage opens with a fact sheet: the route map, the elevation profile, the distance and the climbing, the points that call for attention and the road alternatives for when mud or gradient make them advisable. Then comes the story of the day, just as it is lived on the bike.

The stage ends are a suggestion, not an obligation. Depending on your fitness, the weather and the type of bike, your stops may be different. At the back you will find the bike workshops along the route and the albergues and hotels listed on bicigrino.com: all of them have been vetted and welcome cyclists and their bikes.

The stages, maps and profiles are those of the Bicigrino route planner (planificador.bicigrino.mobi) and are plotted from our GPS tracks: on the map, a dot every 10 km; on the profile, each place with its kilometre point and altitude. As the Camino runs from east to west, the maps read from right to left, just as on a map of Spain: the start is on the right and the finish on the left, and an arrow points north. The profiles follow the direction of travel, from left to right. The accommodation comes from the bicigrino.com directory, updated in October 2026; always confirm before you set off.

THE STAGES

	ROUTE	DISTANCE	ASCENT	DIFFICULTY	PAGE
1	Saint-Jean-Pied-de-Port – Roncesvalles	23 km	+1,288 m	High	9
2	Roncesvalles – Puente la Reina	67 km	+909 m	Medium	11
3	Puente la Reina – Logroño	72 km	+1,065 m	High	14
4	Logroño – Belorado	73 km	+1,062 m	High	17
5	Belorado – Burgos	51 km	+610 m	Medium	19
6	Burgos – Frómista	65 km	+537 m	Low	21
7	Frómista – Sahagún	58 km	+285 m	Low	24
8	Sahagún – León	56 km	+250 m	Low	26
9	León – Rabanal del Camino	73 km	+640 m	Medium	28
10	Rabanal del Camino – Las Herrerías	79 km	+993 m	High	31
11	Las Herrerías – Sarria	55 km	+1,251 m	High	34
12	Sarria – Melide	62 km	+1,204 m	High	37
13	Melide – Santiago de Compostela	53 km	+892 m	Medium	40
	Total Saint-Jean-Pied-de-Port – Santiago	785 km			
+	Extension: Santiago – Olveiroa – Muxía / Fisterra				43

ALSO IN THIS GUIDE

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An adventure is waiting for you

You are holding the 2027 edition of this guide, the Xacobeo 2027 special on the Camino de Santiago along the Camino Francés: a new design, new maps, updated information on the Camino and its accommodation, and the same enthusiasm as ever.

The Camino Francés is constantly changing and, subtle as they may be, every year brings changes to its services and its route. We want to bring you those changes, updated and checked, so that you can ride this cycle-touring route with complete confidence: albergues, practical tips, alternative paths, variants and services for the bicigrino, the pilgrim who rides to Santiago by bike.

In Galicia above all, the Camino has been reorganised and split routes have appeared. These small detours should never be a problem, as they are short loops that rejoin the main route within a short distance. Historic sections that had been forgotten have been restored and reopened, and official signs and marker posts have been installed. In many places you will find waymarkers inscribed 'camino complementario' (complementary route), and that is simply what it is: a minor alternative which, apart from the well-known major detours (leaving León, in Astorga, in Triacastela...), poses no problem whichever option you take.

The Camino Francés is signposted and waymarked well enough that you do not need a map to follow it. There are so many signs that, quite literally, if you have gone more than five minutes after a junction without seeing one, you are lost.

Don't be put off: take on this cycle-touring route, which will carry you across practically the whole of Spain simply and easily, and which you will remember forever. You can relax, because everything is ready and organised for you to take on the challenge with complete confidence. If you want an adventure, you will not find anywhere more organised and reliable than the Camino de Santiago with Bicigrino. If you need to bring your own bike, we will help you; if you need to rent one, we have them ready and specially prepared for this journey.

I hope this guide not only gives you useful information on how to ride the Camino de Santiago by bike, but also fills you with excitement at the dream of completing this thrilling challenge. The Bicigrino website, this guide and everything you will find in it are born of my own personal experience and of the many Caminos I have ridden on the main pilgrim routes to Santiago in Spain and Portugal. My hopes and many years of dedication to something that is more than my passion are here, and I hope they pass the same feelings on to you.

An adventure is waiting for you. All you have to do is set a date.

Tomás Sánchez

bicigrino.com



SPECIAL THANKS

DAGDA VISUAL

Lucas Bazoni

The photographs and video stills that give this edition its look are the work of Lucas Bazoni and his production company, Dagda Visual, which filmed and photographed the Camino Francés for Bicigrino and has let us use its work with enormous generosity. Lucas is a close collaborator of ours, and this guide is his too. Thank you, Lucas.

2027, a Compostela Holy Year

It is a Holy Year whenever 25 July, the feast of St James (Santiago), falls on a Sunday. In 2027 it happens again: the Holy Door of the cathedral opens on 31 December 2026 and stays open all year.

HOW TO OBTAIN THE JUBILEE INDULGENCE

The jubilee, or plenary indulgence, is the grace the Church grants in a Holy Year. There are three conditions:

1. Visit Santiago cathedral, home to the tomb of the Apostle, on any day of the Holy Year.
2. Say a prayer, at least the Creed or the Lord's Prayer, and pray for the Pope's intentions.
3. Go to confession and receive communion. This can be done in the fifteen days before or after the visit.

You are not required to have done the Camino, to hold the Compostela or to enter through the Holy Door, although passing through it and embracing the Apostle are part of the tradition. It can also be applied to the deceased.



KEY DATES

31 December 2026

Opening of the Holy Door of the cathedral.

All of 2027

Compostela Holy Year: the Holy Door stays open.

25 July 2027

Feast of St James, which falls on a Sunday.

2032

Next Holy Year.

THE HOLY YEAR FOR THE BICIGRINO

The Compostela by bike

This certificate is separate from the jubilee. By bike you must document at least 200 km in your pilgrim passport (the credencial), getting it stamped and dated twice a day. The safe option is to make them the last 200 km before Santiago: in this guide, from Ponferrada, halfway through stage 10.

Cycling among walkers

The last 100 km are the busiest: those on foot have priority. Start early, keep your speed down and, on narrow sections, consider the parallel road. In Santiago the limit in the historic centre is 10 km/h; enter the Plaza del Obradoiro on foot.

More pilgrims than ever

More than 530,000 Compostelas were issued in 2025, and numbers rise in a Holy Year. Book your accommodation and your bike in advance, especially from Sarria to Santiago, in Santiago itself and around 25 July. From 15 to 18 July 2027 the city also hosts the European Youth Pilgrimage.

Why don't our bikes have a bell?

Many customers ask us. Think about it: the Camino is an ancient route that many travel in a spirit of quiet reflection, and it does not seem right to ring a bell at everyone ahead to get past. At Bicigrino we recommend overtaking pilgrims with care and announcing ourselves with a cheerful 'buen camino!' ('have a good Camino').

How to apply for the Compostela

1. Register at oficinadelperegrino.com under 'Registro individual' (individual registration; groups have their own), before you arrive or even before you set off. **2.** You will receive a code: write it in your pilgrim passport. **3.** At the Pilgrim's Office, the Oficina del Peregrino (Rúa Carretas, 33; daily, 9:00–19:00), collect a numbered ticket and then the Compostela in person. No day or time can be booked: when very busy it may not be issued the same day; allow leeway before travelling home.



INDIVIDUAL
REGISTRATION



Book in 2026, ride in 2027

The Holy Year will fill the Camino: in 2025 a total of 530,987 pilgrims reached Santiago, an all-time record, and in a Holy Year demand for accommodation and bikes comes earlier. Those who book their bike in advance choose their category and size, and with the Bicigrino code they pay less too.

BOOK IN 2026 · RIDE IN 2027

BICIGRINO2027

Promotional code · bookings until 31 December 2026 for trips in 2027

-10%
ON RENTAL

10% discount

On the rental rate for any bike category and on any Camino route.

2026 price frozen

Your 2027 trip keeps the 2026 rate shown at the back of this guide.

Your bike guaranteed

Category and size reserved for your dates, in the Camino's year of highest demand.

HOW TO USE IT

When booking at bicigrino.com, type BICIGRINO2027 in the promotional code field of the booking calendar. The discount is applied instantly.

HOW MUCH YOU SAVE

MTB or gravel, 7 days	€345	€310.50
Full-susp. e-MTB, 10 days	€635	€571.50

IF YOUR PLANS CHANGE

Not sure of your dates yet? Book anyway: you can move your travel dates later on, subject to availability. Cancellation more than 30 days in advance: 100% refund. Between 30 and 15 days: 50%. Less than 15 days: no refund.

COMPOSTELA HOLY YEAR

XACOBEO 2027

The Camino de Santiago by bike, in the year that will make history

25 · JUL · 2027

St James's Day falls on a Sunday

31 · DEC · 2026

The Holy Door opens

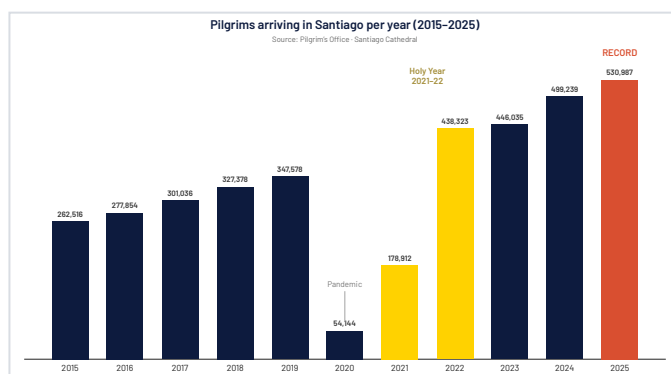
530,987

pilgrims in 2025: an all-time record

BOOK IN 2026 · RIDE IN 2027 · -10% WITH THE CODE

BICIGRINO2027

bicigrino.com



Right: pilgrims arriving in Santiago per year. Source: Pilgrim's Office.

What you need to know in 2027

The pilgrim passport

This is the pilgrim's document, and it is good for much more than getting into the albergues. It is stamped at each place you pass through on the Camino, and for many it is also a way of collecting the stamps of the places they have passed through. Above all, it is the proof you present at the Pilgrim's Office to show where you started and how far you have travelled, and so obtain the Compostela, which we discuss next. You can get one at the Pilgrim's Office, in parishes, from associations of Friends of the Camino and at the albergues in the usual starting points. With Bicigrino you can add it, as an option, when you book your bike: it costs €5 and we send it to you with the bike.

The Pilgrim's Reception Office

It is at Rúa Carretas, 33, in Santiago. The Compostela is free and is collected in person. You have to register beforehand, online or with the QR code at the office itself, and wait your turn with a numbered ticket.

Holy Year 2027

The Holy Door opens on 31 December 2026 and 2027 will be a Holy Year. There will be more pilgrims along the whole route: book accommodation and bike in advance.

Mud and alternatives

After rain, several clay sections become impassable: the climb to the Alto del Perdón, the stretch from Azofra to Cirueña, the one from Hornillos to Hontanas, or the Alto de Mostelares. Each stage sheet gives the tarmac alternative.

Arriving in Santiago

Since 2024 you may cycle in the historic centre, at no more than 10 km/h and giving priority to pedestrians. The sensible thing is to enter the Plaza del Obradoiro on foot.

The Compostela by bike

You must document at least 200 km. Since 2025 these no longer have to be the last ones before Santiago, but the safe option is still to get two dated stamps a day over the last 200 km. For reference, the 200 km mark is around Ponferrada. And on an e-bike? Many cyclists wonder, and there is no clear-cut answer. The fact is that the Pilgrim's Office does not ask to see the bike or require you to declare whether it is electric or conventional: it only asks whether you did the Camino on foot, on horseback or by bike. There is no need to lie, or to give more information than you are asked for. Whether or not to apply for it is a personal, heartfelt decision.

Napoleon route: winter closure

The crossing from Saint-Jean-Pied-de-Port to Roncesvalles via Lepoeder is closed from 1 November to 31 March. Between those dates you must climb via Valcarlos and the Alto de Ibañeta.

Sharing the Camino

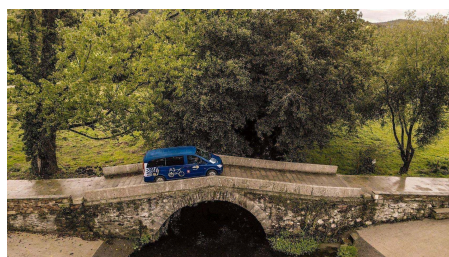
The Camino is shared with those on foot, who have priority. Overtake slowly, call out a warning and greet them with a 'buen camino'. On narrow or very busy sections, the parallel road is usually the better option.

On an e-bike

With a 750 Wh battery the range comfortably covers stages of 80 km and total climbing of up to about 1,600 m. Charge every night: when you book, ask where you will be able to plug in the battery.

The Pórtico de la Gloria

The cathedral has been restored and the Pórtico de la Gloria can be visited by prior booking. The pilgrim passport gets you a reduced admission price.



Pedals, albergues and signs

Combination pedals

A great choice for trips where you will sometimes ride clipped in and sometimes on the platform, in your cycling shoes or in a second pair if you have to ford a river or get around a city. They are very versatile, and today there are highly technical models, some even with a cleat mechanism on both sides and an oversized platform for riding in ordinary shoes. All Bicigrino rental bikes are fitted with combination pedals: we think they are the best for the Camino de Santiago and, what is more, they suit every customer. Whatever shoes you wear, with or without cleats, you will have no trouble on our bikes.



The pedals on Bicigrino bikes: a cleat mechanism on one side and a platform on the other.

Clipless pedals

Suited to cycle touring on roads and well-trodden tracks, where the going is always rideable and we will nearly always pedal in stiff-soled shoes, which transfer the power of the legs as efficiently as possible.

Flat pedals

Perfect for novices, who feel less secure 'locked in' to the bike, and for very muddy or snowy terrain, where cleats and clipless pedals tend to clog and become hard to engage. In that case we recommend shoes with a sole that is stiff yet flexible, so that your foot does not feel the pedal platform, which becomes uncomfortable over time.

Albergue rules

Albergues are for the exclusive use of pilgrims travelling on foot, by bike or on horseback who carry the pilgrim passport. They offer the services you need to make the Camino easier: always be grateful that they exist and help keep them clean for the next day's pilgrims.

A safe place for the bike

A touring cyclist needs somewhere the bike will be safe and secure. The accommodation in this guide has it, and many places also have a small area for repairs and washing.

If you run out of signs

If you reach a junction and cannot find the arrows, you went wrong at the previous one: do not carry on, and turn back until you find them. On foggy days it pays to follow them very closely.



The brush-painted yellow arrow: the simplest sign and the most reliable.



A tile with the arrow on a house front.



Official marker post with the scallop shell and the kilometre point.

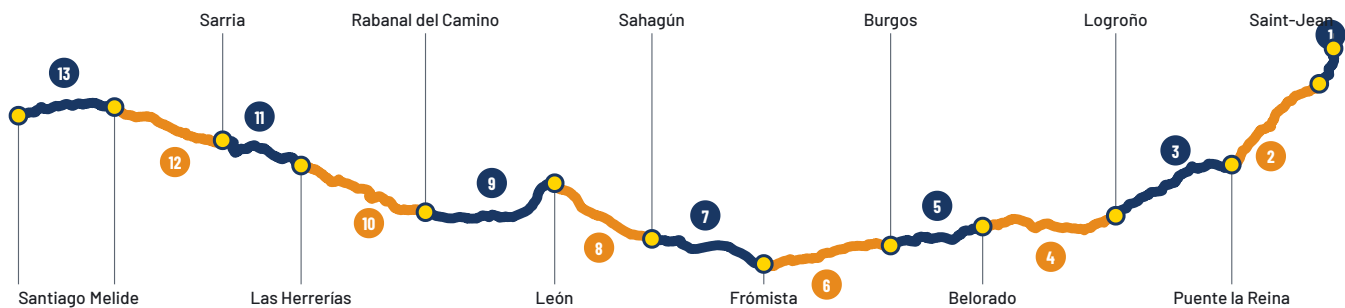


SAINT-JEAN-PIED-DE-PORT - SANTIAGO DE COMPOSTELA

The Camino Francés at a glance

785 KILOMETRES	13 STAGES	+10,986 METRES OF ASCENT	1,504 METRES AT THE CRUZ DE FERRO	200 KM FOR THE COMPOSTELA
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THE ROUTE, STAGE BY STAGE



FULL PROFILE · FROM SAINT-JEAN-PIED-DE-PORT (LEFT) TO SANTIAGO (RIGHT), IN THE DIRECTION OF TRAVEL



01 Saint-Jean-Pied-de-Port Roncesvalles


23 km

DISTANCE

+1,288 m

ASCENT

-592 m

DESCENT

High

DIFFICULTY

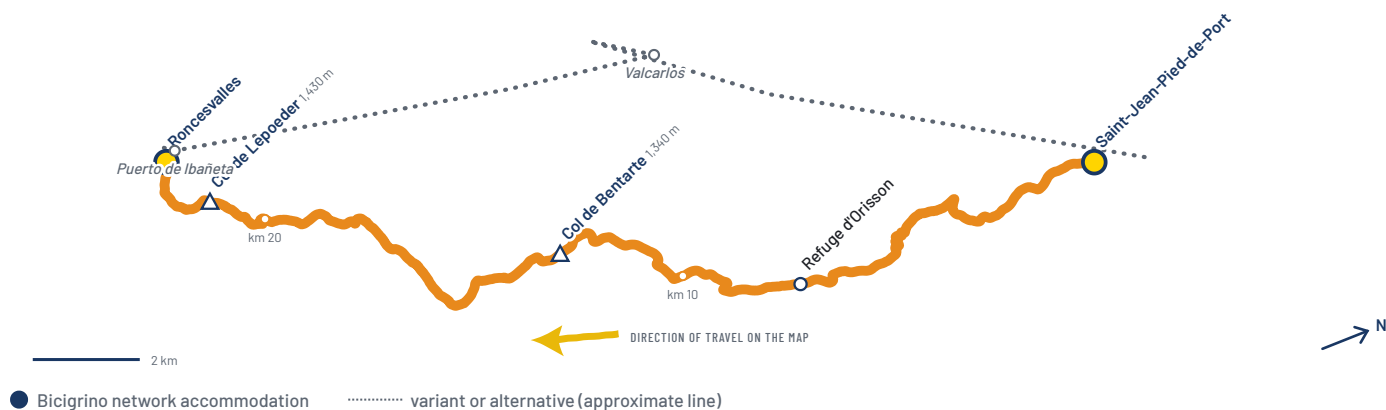
Bicigrino tip

Take note: from 1 November to 31 March the Napoleon route (the original path) is closed by order of the Government of Navarre and you must climb via Valcarlos and Ibañeta. For the rest of the year, in bad weather, the local authorities may also close access to the pass on the original path and send us onto the Valcarlos alternative, which hugs the road and is much safer.

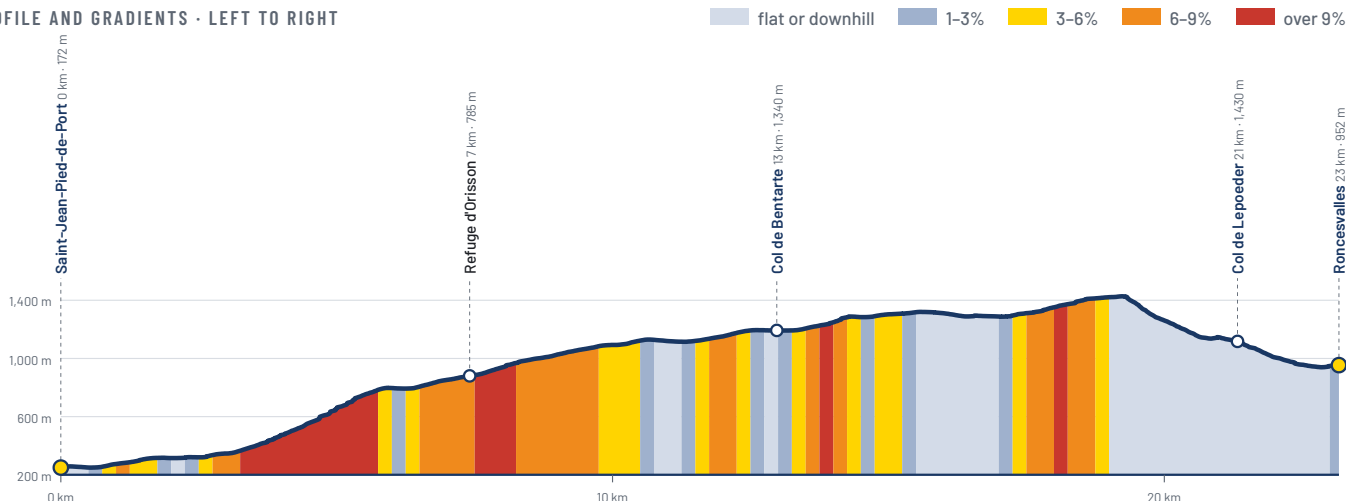
On an e-bike

Pure mountain stage: 1,288 m in 23 km. Bicigrino e-bikes (Bosch CX 85 Nm + 750 Wh) have completed it on many expeditions without incident. TOUR+ mode on the main climb, with an occasional boost from TURBO on the steepest sections. Estimated consumption: 380-500 Wh – a comfortable margin with the 750 Wh battery. Leave Saint-Jean with a 100% charge. The cold on the pass (up to 10 °C lower than in the valley) has minimal impact with today's Bosch Smart System technology.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



Scenery that seems made for cycling

The beauty of the first stage takes the edge off its toughness. The mighty Pyrenees, with landscapes straight out of a novel and roads to dream about, make you forget your aching legs.

Riding through a land that breathes cycling from every corner, every metre and every kilometre is the gift that greets us on day one. This is one of the hardest days of the route, but the numbers hardly matter once your gaze drifts across scenery that seems to have been made purely for riding a bike.

If you choose to leave lovely Saint-Jean-Pied-de-Port, just across the Pyrenees on French soil, by the pilgrims' path, the original route, all you have to do is follow the official waymarks, which will soon become familiar.

Follow them very closely: on foggy days it is easy to end up lost. There is one golden rule. If you reach a junction and cannot find the signs, you went wrong at the previous one, so do not carry on: turn back until you pick up the arrows again. If you are in any doubt, if the weather is very bad or if the route is closed (it always is from 1 November to 31 March), you will have to climb by road, heading for Valcarlos.

If you have opted for the pilgrims' path, which is the one we recommend, the welcome is 2 km that shake the cobwebs out of your muscles. Although it is tarmac, the narrow lane greets you pointing at the sky, under the name Chemin de Compostelle or Route

Napoléon. Three kilometres later you come to the hamlet of Hunto, the last place offering any services before Roncesvalles and where we recommend filling up with water. On the way out the gradient kicks up again, taking us into proper mountain country and onto a tarmac track bound for the statue of the Virgin of Biakorri. Straight afterwards comes 12 km of hard climbing to crest Bentartea, the Napoleon pass.

After a junction of tracks, the Col de Lepoeder appears on your right, now in Spain. It may well stop you in your tracks, eyes and mouth wide open. You are looking at one of nature's works of art; that sight alone makes the whole journey worthwhile. From here we take the path towards Ibañeta (right), see the monument to Roland at the chapel of San Salvador and roll down the road that leads to the Collegiate Church of Roncesvalles.

The stage ends in Roncesvalles, and it is wise to arrive with a booking: the Collegiate Church albergue (183 beds, online booking at alberguederoncesvalles.com), the hotel, the two guesthouses and the apartments are usually packed.



02 Roncesvalles Puente la Reina



67 km

DISTANCE

+909 m

ASCENT

-1,517 m

DESCENT

Medium

DIFFICULTY

WATCH OUT ON THE ROUTE

- 1 The descent from the Alto de Erro to Zubiri is a very technical trail over stone slabs. If you are not a confident bike handler or dangerous descents scare you, go down to Zubiri by road.
- 2 If you lose your bearings in Pamplona, ask for the university area or head towards it: the Camino goes through a park right beside the university buildings, in the direction of Cizur Menor.
- 3 Detour for bikes.
- 4 Watch out for mud on the climb to the Alto del Perdón. In rain, use the road alternative (dotted line).

Take great care on the climb to the Alto del Perdón if the rain pays us a visit

The clay mud in this area will cause us enormous trouble. If it rains, it is best to leave Pamplona on the NA-1110 road towards Astráin, from where we can still do the climb with a short detour, or else take a stretch of tarmac that runs straight to Uterga, the village where we pick up the Camino's yellow arrows again.

The detour to the chapel of Eunate

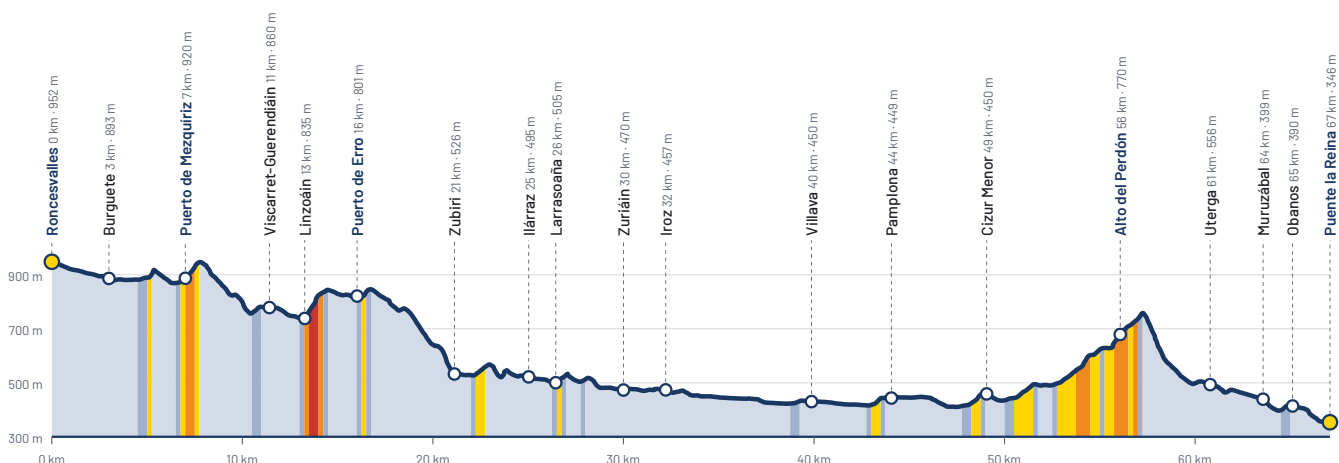
In Muruzábal you can leave the Camino for a loop of a few kilometres to Santa María de Eunate, one of the jewels of Romanesque architecture. From the chapel there is no need to turn back: follow the waymarked Camino Aragonés, which leads straight to Puente la Reina without passing through Obanos.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT

flat or downhill 1-3% 3-6% 6-9% over 9%



Chapels, film-set valleys and even the San Fermín bull-run route

The second day starts in Roncesvalles, with the Collegiate Church stamp already in your pilgrim passport, and takes us from the beech woods of the Pyrenees to Puente la Reina, with Pamplona along the way.

From Roncesvalles, stamp in hand, we begin a descent towards the Arga valley through picture-book villages such as Burguete and Espinal. When the descent ends, the ground gradually tilts upwards again to the foot of the Alto de Mezkiritz, where we notice that our legs are not quite as lively as on the first stage. We then pass through Bizkarreta and Lintzoain, saving our strength for the tough Alto de Erro.

A fun, rough and fairly technical path (a thrilling descent) through a spectacular beech wood leads us to the Puente de la Rabia, the bridge that lets us into the streets of Zubiri. A few kilometres further on (5 km) lies Larrasoaña and, shortly after, in a hamlet right beside the Camino (Akerreta), the hotel of the same name, an excellent place to stay if you are after somewhere quiet and welcoming.

Our route carries on after leaving Zubiri and the Puente de la Rabia behind. That is where we rejoin a path that soon takes us right past a magnesite plant and the traditional farmhouses of Ilarratz and Ezkirotz. Before long we cross Larrasoaña and follow the River Arga along a local road to the village of Akerreta. From there we ride through a wood towards Zuriain, where mud, if it rains, can raise the level of difficulty. In the village we cross a bridge and take a stretch of tarmac until, on our left, the path appears that will take us to Irotz after crossing another bridge. By then we will have covered the first ten kilometres or so from Zubiri.

Our Camino de Santiago continues through Zabaldika and on to an area with picnic tables and barbecues, already close to Greater Pamplona, where you need to pay special attention. There are two ways to continue: a steep ramp that climbs the hillside (do not take it) and a gentle path beside the river (straight ahead) that carries us along a pleasant riverside walk to the Puente de la Magdalena, the gateway to Pamplona, and then to the city walls and the old town, which we enter through the Portal de Francia.

In Pamplona, yellow arrows point the way to the cathedral and then along the route of the San Fermín bull runs, one of the city's great attractions and a must for those who get up early every July. After seeing these famous streets and the Plaza del Ayuntamiento, we head for the university campus to leave the Navarrese capital, with the Alto del Perdón on the horizon.

Almost five kilometres after leaving Pamplona we reach Cizur Menor and then Zariquiegui, the village from which we set off for the foot of the much-talked-about Perdón. On this stretch the gradient steadily builds as we gain height among wind turbines and a monument to the pilgrims. Look around and you will see part of the route you have already ridden. Time to get out the camera or the phone! From up here you can also see what lies ahead: a beautiful but dangerous descent through the valley to Puente la Reina. Take care on the way down from the Alto del Perdón: there is a lot of loose stone and it is very dangerous. If you want a comfortable, safe descent, go down on tarmac to a road junction, turn right there and look for the signs to Uterga, the next village on the route, where we meet our beloved yellow arrows again.

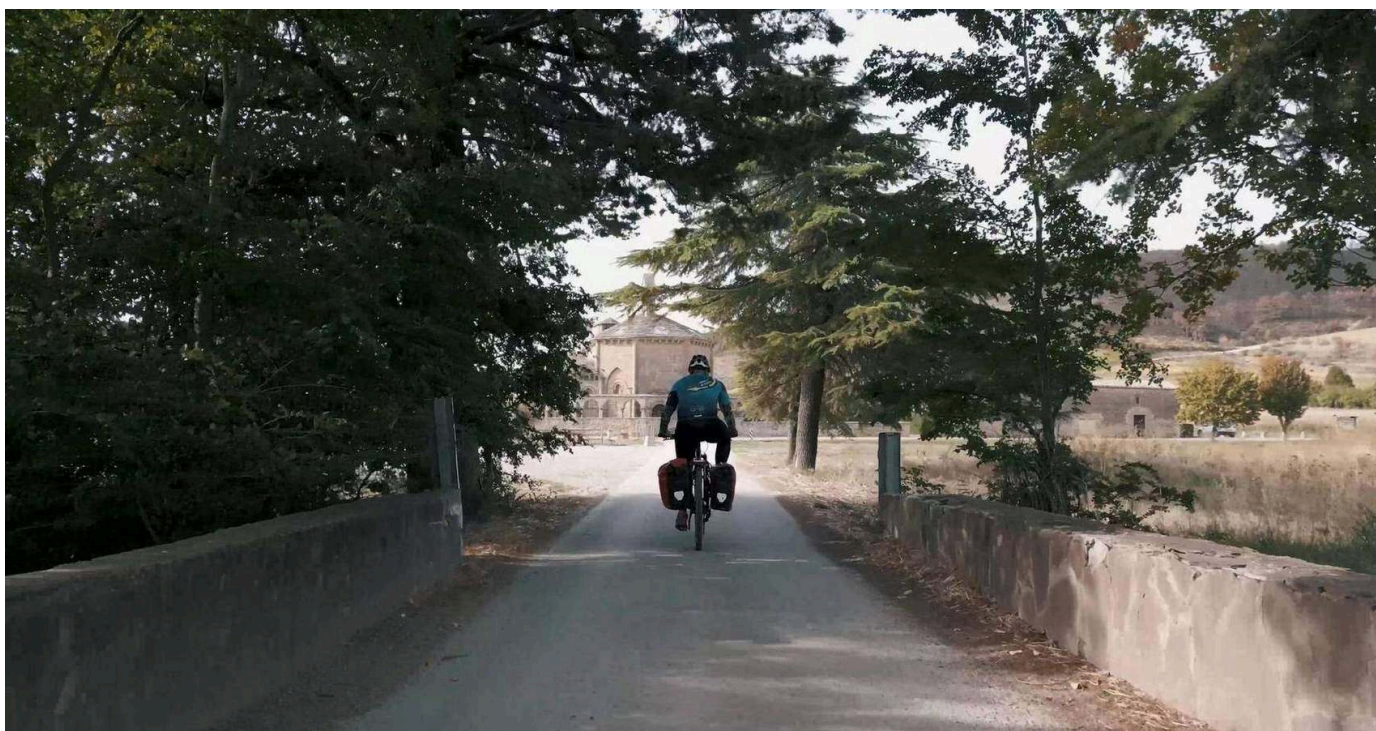
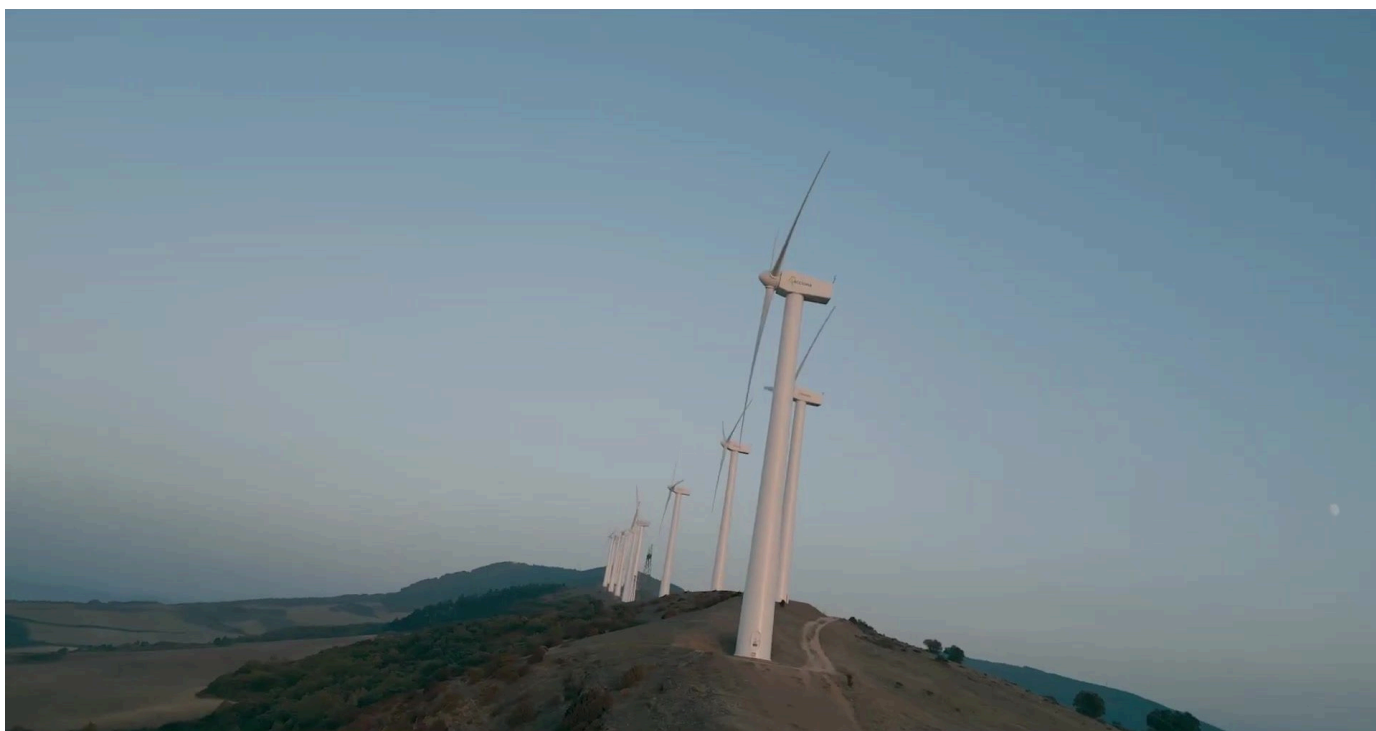


After Uterga and Muruzábal, pay special attention to the signs: we strongly recommend following the ones marked 'Eunate', which lead to one of the jewels of the Camino, not to be missed. The reward, believe us, is worth it.

The second day is drawing to a close. Following the arrows, we roll into Obanos and then Puente la Reina. We pass right in front of the Jakue albergue and hotel, where we recommend spending the night: it is one of the best places to welcome the bicigrino, whether you choose the albergue or a hotel-style room.

On an e-bike

A long stage with well-spread climbing. Two short spikes in effort: the Alto del Perdón (a short burst of TURBO) and the way out of Pamplona. The rest in TOUR+ mode. Estimated consumption: 420–560 Wh – the 750 Wh battery handles this stage with plenty to spare. Our team riders do Roncesvalles–Puente la Reina in a comfortable day, with charge in reserve for the next.



03 Puente la Reina Logroño



72 km

DISTANCE

+1,065 m

ASCENT

-1,044 m

DESCENT

High

DIFFICULTY

WATCH OUT ON THE ROUTE

- 1 Watch out for mud.
- 2 Fork after the monastery of Irache: to the left, the variant via Luquin; to the right, the route via Ázqueta and Villamayor de Monjardín, which is the one we recommend.
- 3 Ride the section between Torres del Río and Viana by road.

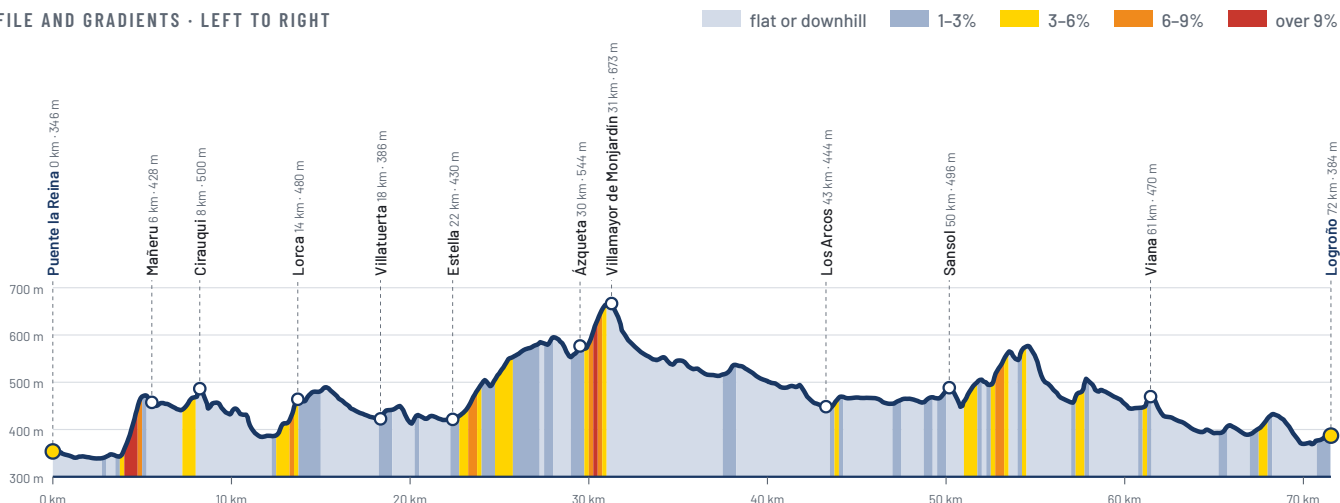
Leaving Puente la Reina, anyone who has decided to go by road must take great care on this stretch to Mañeru

There is no ordinary road as such, and the only way to reach Mañeru is along a dangerous section of dual carriageway; take great care not to find yourself on it with no way out. We advise following the Camino at least as far as Mañeru.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



The last 40 km or so are fairly easy

The third day begins with a stone bridge, a valley and constant ups and downs.

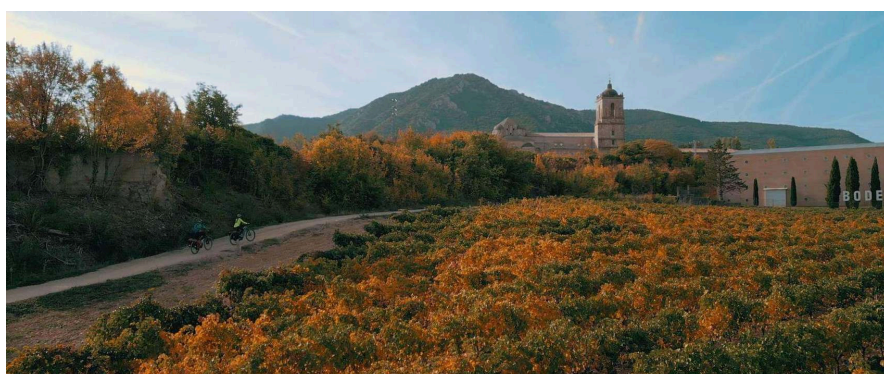
We leave Puente la Reina over its majestic stone bridge and soon take a track on our left that, through family vegetable plots on the riverbank, leads us away from the town towards a hard climb and, at the top, views of Mañeru. We have now ridden five kilometres and a difficult ascent that will have warmed us up. Three kilometres later we reach Cirauqui, a pretty hilltop village: we climb up to its square, pass through a tunnel beneath the houses and leave along its famous Roman road.

This beautiful start to the stage continues on dirt tracks, with five hundred metres of tarmac on the NA-1110 once again and a medieval bridge over the River Salado. Among vineyards and stony paths we reach Lorca. Then a gentle descent leaves us beside a monument in memory of the Canadian pilgrim Mary Catherine Kimpton, who died on this very spot in 2002. Next we come to Villatuerta after passing under the main road through a tunnel, although we do take the NA-1110 for a hundred metres to leave the village and pick up a track that climbs to some water tanks, pedalling past the chapel of San Miguel, which cannot be visited. From there we drop down to Estella, a town with strong cycling ties. The descent into it is pleasant.

We leave Estella up a steep climb through its streets and, on the outskirts, catch sight of the monastery of Irache. Just before it stands the famous wine fountain, a tap set into the wall of a winery that gives wine away to those who visit. There is also a webcam here linked to the winery's website (irache.com), which will show your family and friends that you are there, live. A few metres after leaving the monastery of Irache we come to a signposted turn-off: to Los Arcos via Luquin it is 16.8 km; to Los Arcos via Azqueta it is 17.9 km (this is the option we recommend). The recently laid-out Luquin variant leaves to the left and skirts the foot of Montejurra on tracks and through woodland, with few services, until it rejoins the main route before Los Arcos. The one to the right is the traditional route, via Azqueta and Villamayor de Monjardín.

So we head for Azqueta, from where we follow a route whose next sight is a 13th-century fountain called the Fuente de los Moros, just before Villamayor de Monjardín. From there it is 20 easy kilometres, mostly downhill or gently flat, through broad cereal fields to Los Arcos.

We leave Los Arcos by the cemetery road. The going stays easy as far as Sansol and Torres del Río. This is where our adventure gets a little more complicated, because the path is a constant up and down through gullies that cross the road. We recommend riding from

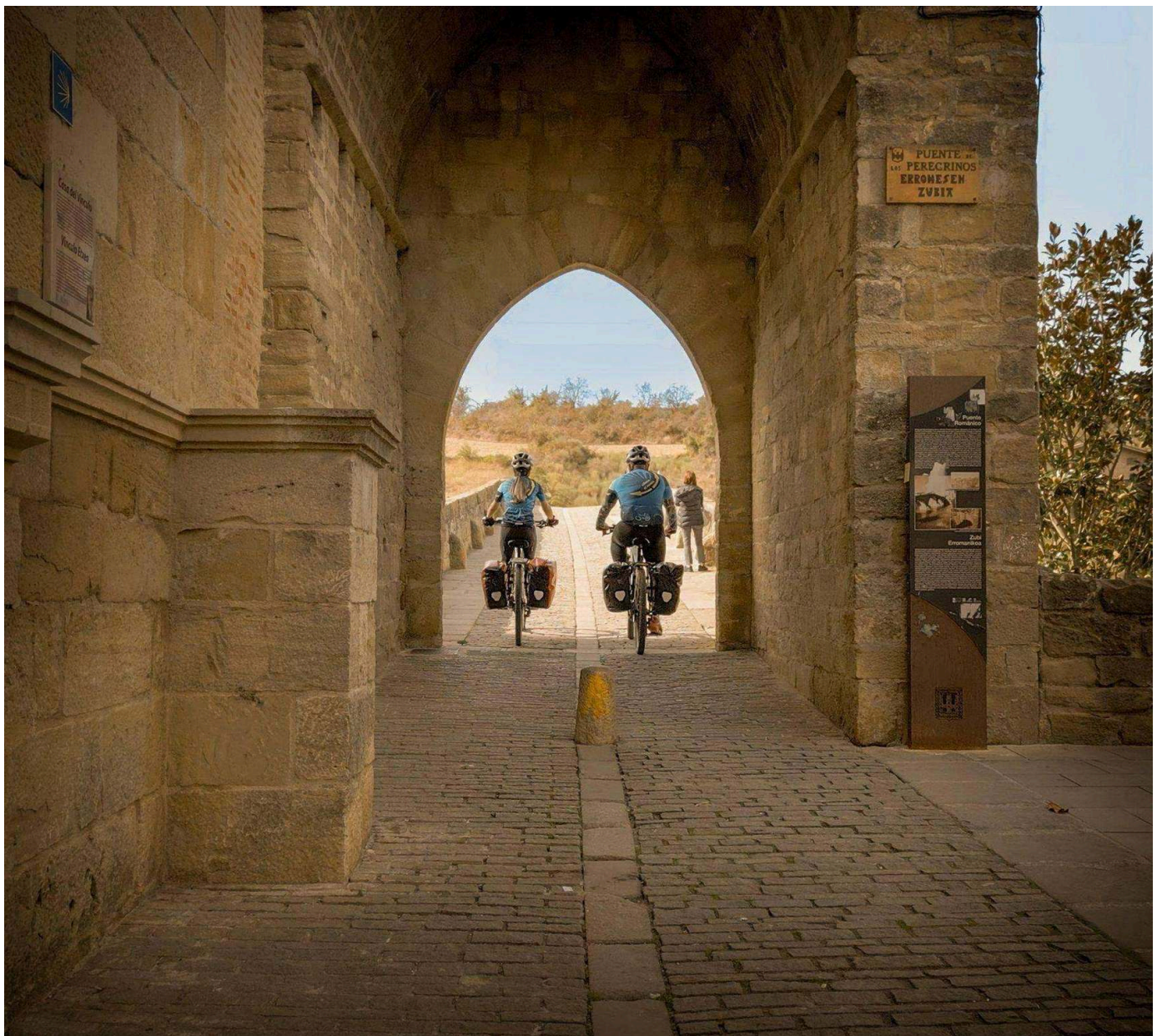


Torres del Río to Viana by road. There is no point going up and down ramps the whole time and crossing a winding road; much better to take the tarmac directly. We enter Viana after a couple of roundabouts and, on leaving the town, can already make out Logroño in the distance, on the banks of the River Ebro. It is only another ten kilometres or so away, so it is time to enjoy the last treats of the day. On the way out of Viana itself we can stop to see the chapel of the Virgen de las Cuevas. Then the cereal fields and vineyards guide us down a descent best taken slowly, so that we do not miss the house of Felisa, she of the figs, where pilgrims

have traditionally collected their next stamp. Felisa and her daughter María have passed away, and the family has kept the 'figs, water and love' stall going, although there is no guarantee of finding it open. If it is, don't forget to ask for some figs if they are in season! Top up your water here too before continuing a descent that takes us down to the River Ebro and beautiful Logroño. We ride into the capital of La Rioja across its stone bridge. The old town and its famous wine and tapas streets, Calle Laurel and Calle San Juan, are waiting for us!

On an e-bike

Constant short climbs, well spread between Navarre and La Rioja – with no extreme ramps. TOUR+ mode for the whole stage. Estimated consumption: 490–620 Wh. Bicigrino e-bikes cover this stage with a comfortable margin. A 100% charge in Puente la Reina is recommended.



04 Logroño Belorado

73 km

DISTANCE

+1,062 m

ASCENT

-670 m

DESCENT

High

DIFFICULTY

WATCH OUT ON THE ROUTE

1 Roadworks for a new dual carriageway around Villamayor del Río and Belorado: the route of the Camino may well have been altered. Follow the temporary signs.

Important: beware of the mud on this section if it has rained

If it has, the best thing to do on reaching Azofra is to turn off onto the road that links it with Santo Domingo de la Calzada.

Recommended albergues

Don't treat this guide as set in stone. You can vary where you start and finish, because there are authentic spots with excellent albergues, such as San Saturnino in Ventosa, a quiet, tucked-away village, or Puerta de Nájera in Nájera, which has a very good choice of bars and tapas.

A bicigrino-friendly stop: La Aldea Encantada, in Quintanilla del Monte

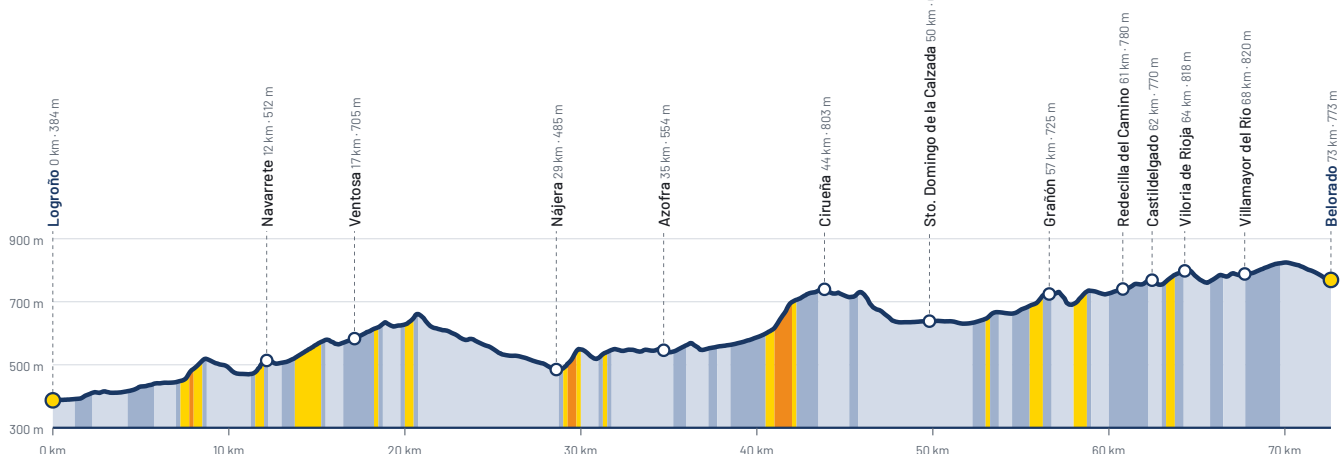
You have to turn off in Villamayor del Río, before reaching Belorado: just 1 km away, along a signposted turn-off, is this rural guesthouse run by the two Anas, mother and daughter, who are deeply committed to the Camino and to bicigrinos. Seven en-suite rooms, breakfast, pilgrims' dinner and bike storage with charging for e-bikes. An excellent place to stop before Belorado. Bookings: 947 580 484 · 650 951 903 · laalde encantada.es

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT

flat or downhill 1-3% 3-6% 6-9% over 9%



From Logroño to Belorado on a route full of sights

Starting a stage in Logroño is a luxury we should make the most of.

Those of you doing the Camino by road should take care leaving Logroño towards Navarrete, as it is a dangerous dual carriageway. We recommend looking for La Grajera park and following the arrows all the way to Navarrete, past the reservoir and over a climb. When we cross the N-120 and the A-68, we know we are on the right track if we have ridden past what remains of the pilgrims' hospital of San Juan de Acre, whose façade, curiously, now lives in Navarrete's cemetery. We are twelve kilometres into the day when we reach Navarrete, waiting for us on top of a hill with one of the most beautiful altarpieces on the Camino; do go in and visit its church. We leave Navarrete by road and, shortly after leaving the town behind, enter a land of vineyards and dirt tracks on the way to Ventosa, home to the San Saturnino albergue, an excellent place to stay for bicigrinos and their bikes.

We carry on along the dirt tracks and soon reach a gentle climb lined with curious little cairns that pilgrims have built from river pebbles. From the top we can already see our next big goal, Nájera, only 8 km of descent away. We leave this Riojan town behind as we take in the monastery of Santa María la Real and brace our legs and arms for a wicked ramp. What follows is a long plain that leads to Azofra, from where we quickly drop down to a small valley that looks at us with the

pity of one who knows what is coming. The path turns nasty, tilting up more than it should, although, it must be said, it is kind at the end: at the top there is a fountain where we can fill our bottles. After a drink of water we get back on the bike, ride past a golf course and enter Cirueña.

We have covered 44 km when we enter one of the most incredible settings of this cycling experience. This may well be where more photos are taken every day than anywhere else on the Camino de Santiago. Cameras work overtime in a scene that will later decorate your living-room table or your bedroom wall. The huge wheat fields, threaded with winding tracks, are a real treat for the eyes. After a descent, this area leaves us in Santo Domingo de la Calzada, with the day's count now close to fifty kilometres.

We leave the town over the historic bridge across the River Oja and enter an enchanting landscape that includes the Cruz de los Valientes. Near there we face a choice: on to Grañón by road (a stretch of 1.9 km) or on the Camino (3.2 km). We leave the tarmac and make for the village on the dirt track. Then we pass through Redecilla del Camino, Castildelgado, Vitoria de Rioja and Villamayor del Río. Take note in Villamayor del Río, the last village before Belorado: to reach the highly recommended rural guesthouse La Aldea Encantada you have to turn off here towards Quintanilla del Monte, 1 km away (signposted). At the end of our fourth day, Belorado.

On an e-bike

La Rioja at its purest: an even stage with well-spread climbing and a compacted dirt surface that is excellent in dry conditions. TOUR+ mode. Estimated consumption: 480-610 Wh - Bicigrino e-bikes show very steady consumption with no peaks in demand. Reach Belorado with enough margin for the following day.





05 Belorado Burgos

51 km

DISTANCE

+610 m

ASCENT

-512 m

DESCENT

Medium

DIFFICULTY

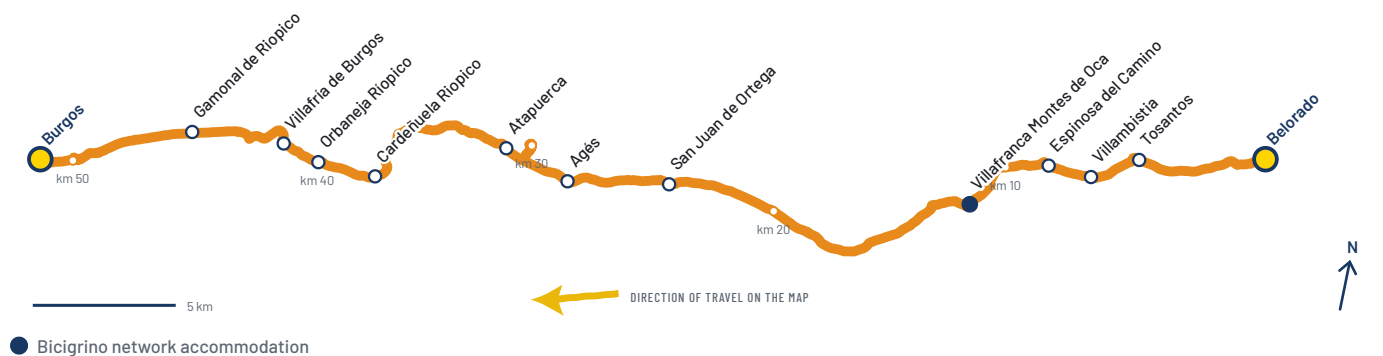
If you need to reach Burgos sooner

We recommend the original route. But if you are tired, have a mechanical problem or need to arrive earlier, Villafranca Montes de Oca is the place to take the road: you climb the Pedraja pass on tarmac, a hard climb but quicker and easier than the trail, and at the top, where the slope ends, a path waymarked with the Camino signs takes you to Burgos more directly.

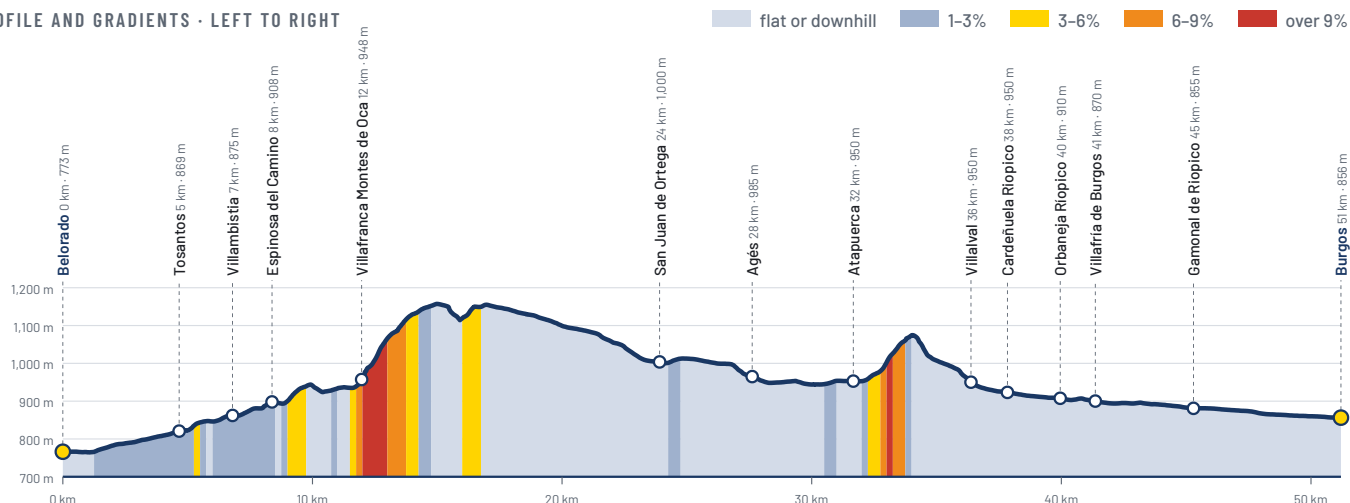
An afternoon in Burgos to tune up the bike: Velobur

The stage is short and you reach Burgos early, which leaves you the afternoon free: the ideal chance to make a few adjustments to the bike. Velobur is one of the best technical assistance points we have on the Camino. It is run by Diego, a great professional who knows our customers and our bikes very well; ask him or the shop manager whether you can leave the bike in the afternoon and collect it the next morning. It is best to call ahead. Avenida de la Paz, 7 · 09004 Burgos · 947 21 13 03 · velobur.es

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



Montes de Oca: a solid opening climb and some fun ups and downs

Belorado and Tosantos are the first two villages of a fifth leg that opens among cereal fields

and continues over easy terrain past small villages such as Villambistia, Espinosa del Camino and Villafranca Montes de Oca. This is where the stage becomes rather harder, with the Pedraja pass and the entry into the Montes de Oca. We soon realise how tough it is: once we pass a concrete wall, the ground starts pushing us backwards. The climb is narrow at first but soon widens again, without easing the average gradient one bit. The going is somewhat gentler through a lovely wood of oaks and ferns that leaves us in an area of constant ups and downs, a delight for mountain-bike fanatics. A stretch of very wide track lined with pines tells us the descent is near. In season, a curious fruit-and-water stop usually sets up around here: El Oasis del Camino, a donation-based stall run by friendly people who are fond of pilgrims; if you find it open, stop to meet them and say hello.

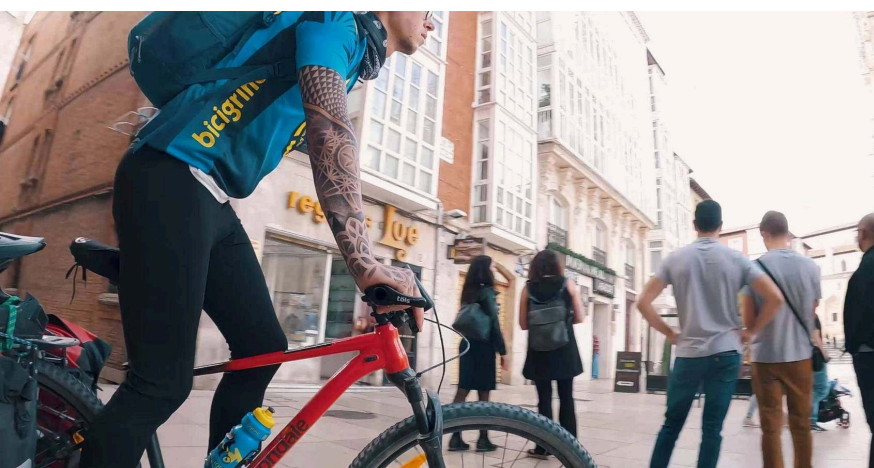
From here it is not far to San Juan de Ortega, which we leave on the road towards Santovenia de Oca, although before long we take a dirt track again beside a wooden cross. We go through an old railway cutting and past another large wooden cross to reach Agés, and once more pedal along a local road that takes us to Atapuerca. After the village we follow a path that appears on our left, which awaits us with a stony climb.

You will probably end up putting a foot down. We have ridden little more than 30 km, but this is a fairly tricky area, so it may well get the better of you. At the top we find a third wooden cross and endless fencing protecting a military zone. On the way to Burgos we pass through Villalval, Cardeñuela Riopico, Orbaneja Riopico and Villafría.

We enter the provincial capital through an industrial estate, dozens of traffic lights and endless kerbs and footpaths that are oppressive at first but worth it when you finally stand before one of the most impressive cathedrals in the world. The recommended alternative is to enter Burgos along the river, via Castañares and the Arlanzón riverside path, on a route that takes us without complications to the centre, where we can steer by the sight of the cathedral, avoiding the urban area just mentioned and its traffic. Make the most of this ride through the centre and don't forget to restock your strength and your provisions. Here, at the foot of the cathedral, our fifth day ends, with time in hand to enjoy the city.

On an e-bike

A short, moderate stage. The only serious climb is the Alto de la Pedraja (1,150 m), dealt with by an occasional burst of TURBO. The rest in TOUR+ or ECO mode. Estimated consumption: 310–420 Wh – Bicigrino e-bikes reach Burgos with more than half the battery left. A perfect stage for arriving rested before the Meseta, the high central plateau.





06 Burgos Frómista

65 km

DISTANCE

+537 m

ASCENT

-622 m

DESCENT

Low

DIFFICULTY

WATCH OUT ON THE ROUTE

- 1 Watch out for mud on the section between Hornillos del Camino and Hontanas.
- 2 Alto de Mostelares: steep gradient. In rain, problems with mud. Non-MTB bikes: road alternative (dotted line).

Once again, the rain can play a nasty trick on us

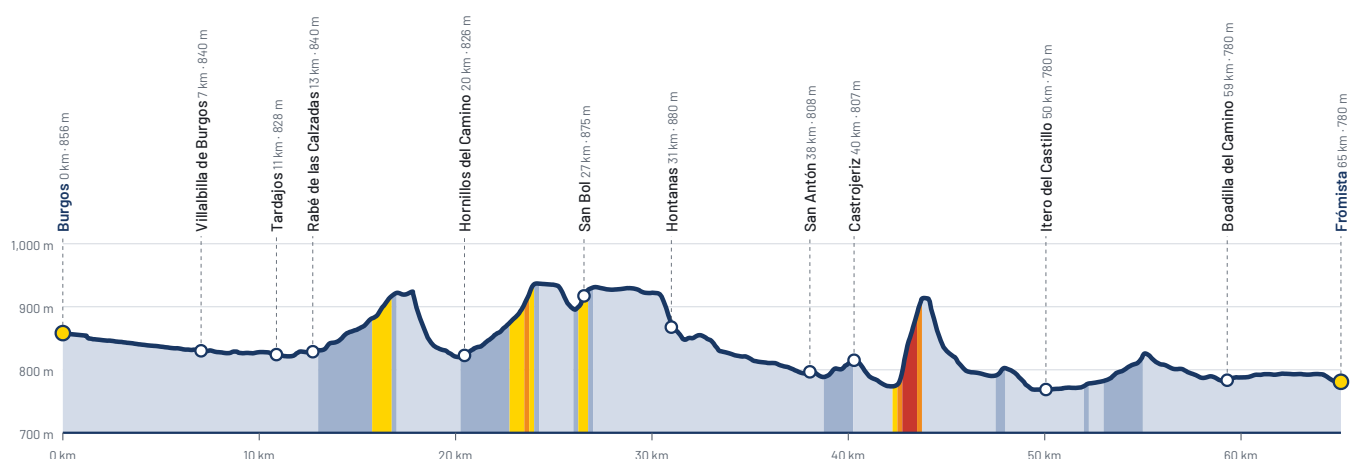
If the sky looks threatening in Hornillos, we should look for road alternatives and forget about this section, because with mud it is a real trap. We will lose a huge amount of time trying to get through it to reach Hontanas. When it rains, this is one of the most difficult places on the whole Camino.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT

flat or downhill 1-3% 3-6% 6-9% over 9%



High plains, cereal fields and the Canal de Castilla

We say goodbye to Burgos and its cathedral and, on the sixth day of our adventure, get our first taste of the plains of Castile.

The good news is that we leave the city on a cycle lane that drops us onto farm tracks, which lead us to Villalbilla de Burgos. We pass beneath a huge motorway viaduct and set course first for Tardajos and, a little later, Rabé de las Calzadas, the two about 2 km apart. Now it is time to lift our spirits with a wonderful view of Hornillos del Camino from the top of a small rise. Oh, and time to get out our beloved camera too, because this is a moment to capture. From there to the village there is a rather entertaining descent, so for a few minutes you will forget all the day's effort. When the descent ends and we enter Hornillos, we come upon another high plateau that surrounds us with cereal fields. Wherever we look, they are all around us!

After another climb we see San Bol, an enigmatic refuge about 150 m off the Camino. The next stop is Hontanas, where anyone who prefers to split the day can spend the night. Of the two albergues we recom-

mend in our guide, one (the El Puntido albergue) also has hotel-style rooms. Those who want more comfort, or cannot find a bed, will find many more places to stay in nearby Castrojeriz (10 km).

A valley of cereal fields leads us away from Hontanas, along a path and then a small local road with no traffic at all, so the ride is safer as far as the magical arch of San Antón, where you simply have to stop and capture the image forever. We follow the same road to Castrojeriz, with its monuments linked to the Camino and its wealth of history. This stretch really is a pleasure, and makes up for the energy spent on the first five legs.

On leaving the village we find, standing there motionless, the Alto de Mostelares. If we think there may be mud, or if we are not riding mountain bikes, it is best avoided by taking a stretch of road that gets us round this obstacle. To do so, we take a turn-off to the right towards Castrillo Mota de Judíos and, once in the village, the road that leads to Itero del Castillo and Itero de la Vega, where we rejoin the planned route at



the very point where we cross a bridge with traffic lights over the River Pisuerga.

Those who climb Mostelares will see how, after a small wooden bridge, the track turns angry and forces us to concentrate. The descent is very fast, so great care is vital to avoid a scare. It ends when we reach the chapel of San Nicolás, near Puente Fitero, on the border between the provinces of Burgos and Palencia, with kilometre 50 of the stage almost within reach. This is where we may meet those who took the earlier detour to avoid the climb. Immediately after the bridge we take a dirt track to the right to continue our Camino Francés. Only 300 metres separate us from Itero de la

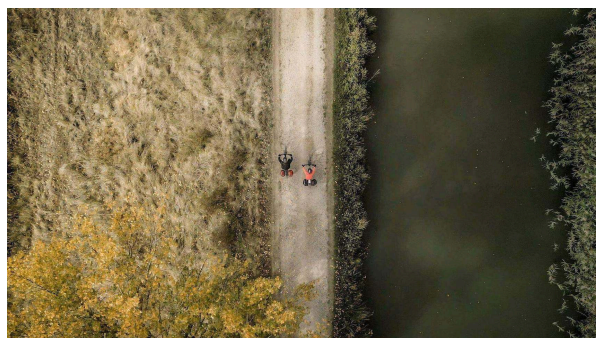
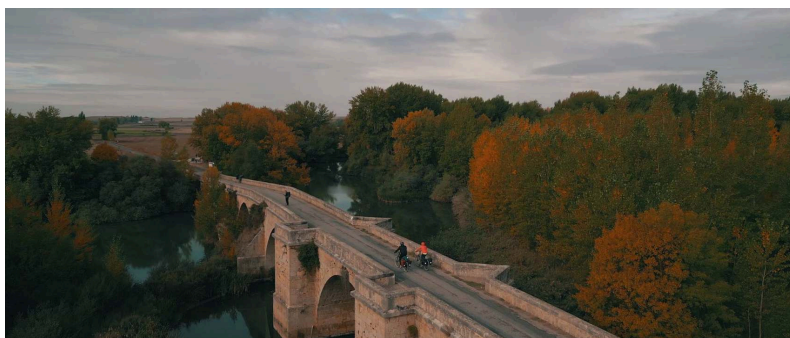
Vega, the first village in Palencia on our way across these flat lands. The next places we come to are Boadilla del Camino and Frómista, now in the company of the Canal de Castilla, always there on our right.

Just before entering Frómista we ride through a photogenic set of canal locks. With that picture in mind we arrive in Frómista, where our sixth day ends.

To sleep in Frómista we recommend the Hotel San Martín, on the village square, right in front of the church of the same name. It is a very well-run family hotel, with good prices and excellent facilities, and the people who run it look after both bikes and bicigrinos. Bookings: 979 81 00 00 · hotelsanmartin.es

On an e-bike

First day on the Meseta. No troublesome climbing – the factor to watch is the westerly wind. In a strong headwind (>20 km/h), switching to ECO mode extends the range and reduces the effort. Estimated consumption (no wind): 330–420 Wh in TOUR+; in strong wind: up to 500 Wh. Bicigrino e-bikes have ample range in any reasonable Meseta conditions. An early start (before 8:00) minimises the impact of the mid-morning wind.



07 Frómista Sahagún

58 km

DISTANCE

+285 m

ASCENT

-242 m

DESCENT

Low

DIFFICULTY

WATCH OUT ON THE ROUTE

1 Tarmac alternative to the long straight across the plateau: on leaving Carrión, the N-120 via Cervatos de la Cueva and Quintanilla de la Cueva to Calzadilla de la Cueva (dotted line). Suitable for road bikes.

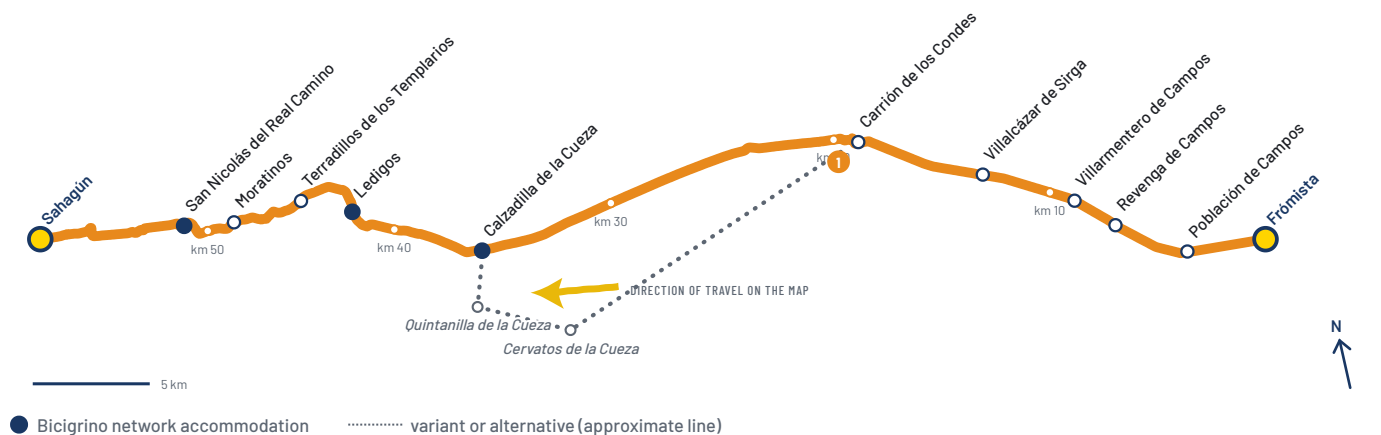
Where each stage ends

We say it on almost every page of this guide, and we never tire of repeating it: the stage ends we propose are not fixed, only recommended. Depending on your plans, your fitness or even bad weather, your stops could be different from the ones we have chosen. On this seventh stage, for example, an excellent alternative to our proposal is Calzadilla de la Cueva, which is also home to the Hostal Camino Real, which always has excellent accommodation for pilgrims and a very good choice of food.

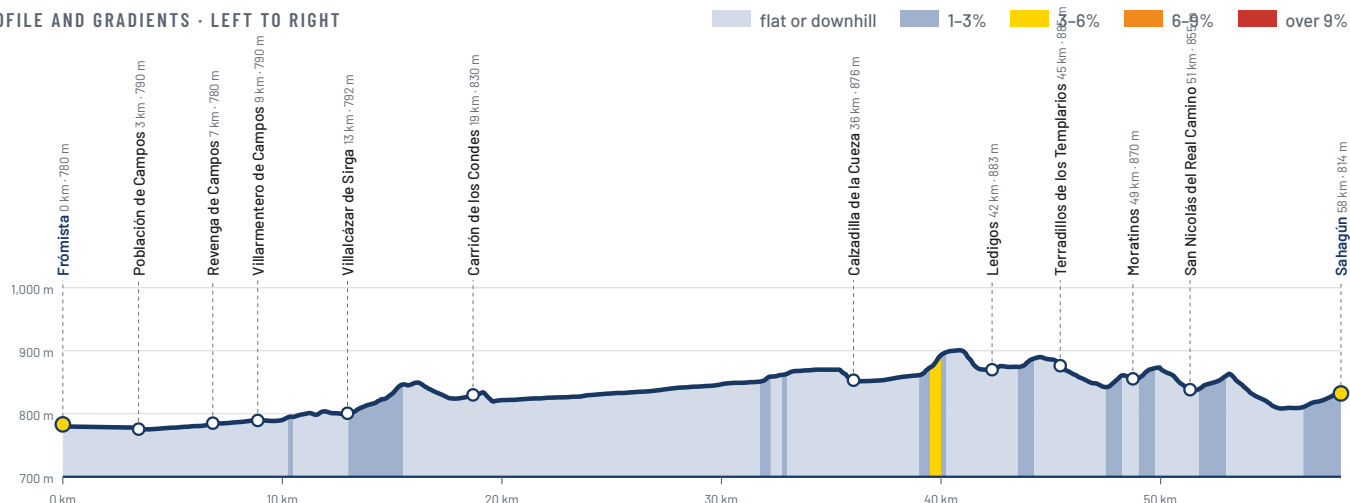
Across the Tierra de Campos

This is the flattest stage of the Camino. You leave Frómista beside San Martín, one of the purest Romanesque churches in Spain (11th century), a stone's throw from the locks of the Canal de Castilla. In Villalcázar de Sirga, Santa María la Blanca awaits, a church linked to the Knights Templar. In Carrión de los Condes, fill your bottles: the 17 km or so to Calzadilla de la Cueva follow the dead-straight line of an old Roman road, with no villages, fountains or shade. Sahagún, the end of the stage, is regarded as the midpoint of the Camino Francés.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



A day across the plains of Castile

We leave Frómista and the Canal de Castilla to carry on, on our seventh day, across the flat lands of Palencia.

The photogenic canal locks we left behind on the way into Frómista are the last point of interest until Carrión de los Condes, because the path runs alongside the main road the whole way, through villages with no appeal whatsoever. Villalcázar de Sirga is the exception: there we admire one of the most beautiful churches on the entire route, Santa María la Blanca, with a portico that deserves an unhurried look.

Only five kilometres separate Villalcázar de Sirga from Carrión de los Condes, a town we leave by following the arrows at the monastery of San Zoilo. This is an area that calls for a good deal of care, as there are several dangerous junctions on a busy stretch as we approach the abbey of Benevívere.

An endless, stony thirteen-kilometre straight takes us directly to Calzadilla de la Cueva. If we ride it in summer it will drain our water supplies, so it is wise to have filled up beforehand. Anyone who prefers to avoid it, or is on a road bike, can take the N-120 via Cervatos and Quintanilla de la Cueva. Leaving Calzadilla behind, we come out onto the N-120, where we take a path running parallel to it that leads over some rollers first to Lédigos and then to Moratinos and its curious wine cellars dug into the ground. Unless the wind, our worst enemy, decides to join in, this part poses no great difficulty.

San Nicolás del Real Camino marks the end of Palencia, while Sahagún welcomes us to the province of León. Shortly before it, a stop is a must at the chapel of the Virgen del Puente, where a commemorative arch marks the halfway point of the Camino. For the night, the best option is the Albergue y Hotel Viatoris.

On an e-bike

The most efficient stage of the Camino. ECO mode recommended: the terrain does not call for the motor and the range in ECO is more than enough. Estimated consumption: 250–360 Wh in TOUR+ (in ECO, roughly 38% less). With 750 Wh, Bicigrino e-bikes can do this stage and the next back to back without charging – an exceptional margin.





08 Sahagún León

56 km

DISTANCE

+250 m

ASCENT

-230 m

DESCENT

Low

DIFFICULTY

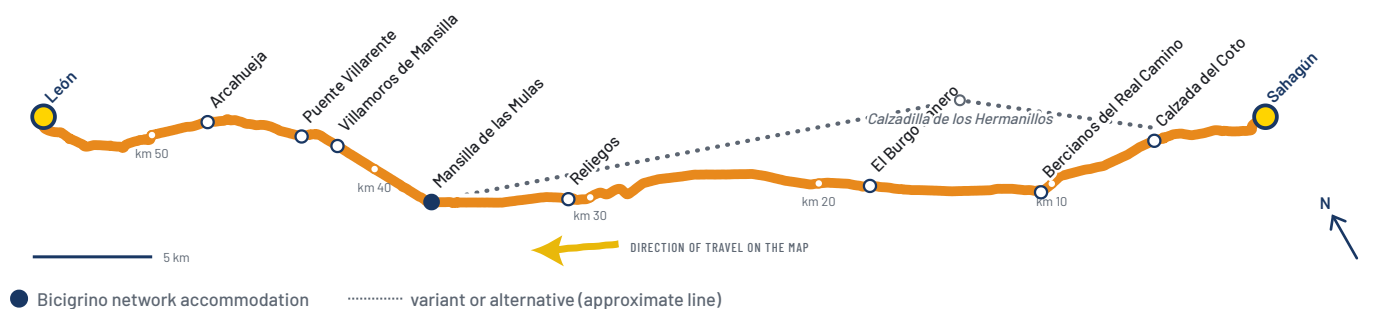
Different options for the night

This tip follows on from the previous one. On this stage we have chosen the city of León as the finish, for those looking for history, monuments and great food, and also for those starting the Camino halfway along the route. But a good alternative, for example, is Hospital de Órbigo, for its peace and quiet, already on the next stage.

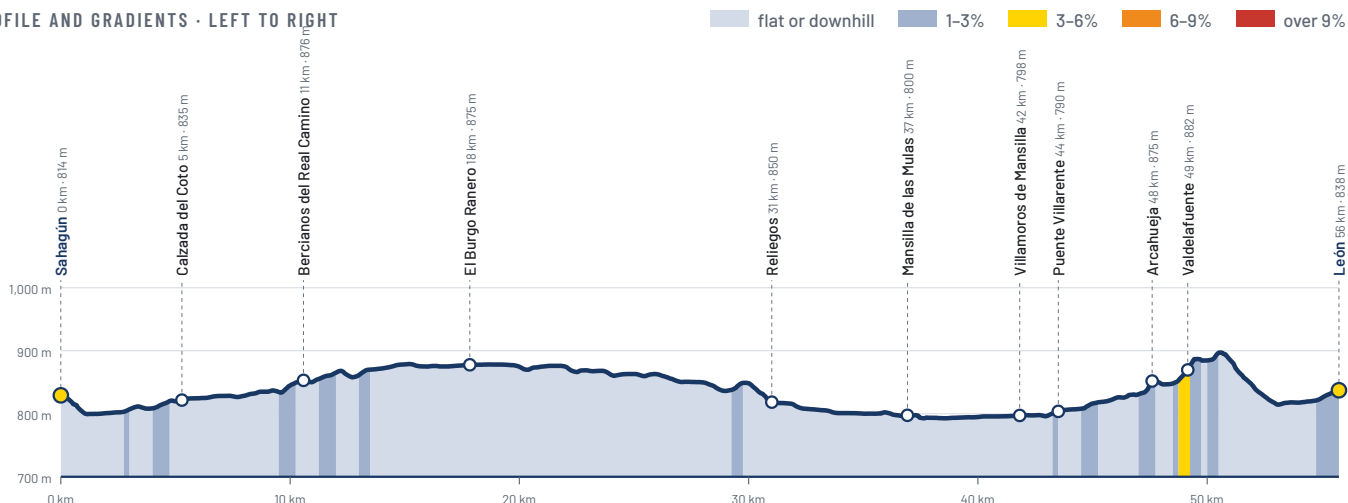
On an e-bike

An easy stage to round off the Meseta. Net elevation loss – a gentle descent towards the Esla valley. ECO mode. Estimated consumption: 230-320 Wh. Bicigrino e-bikes reach León with battery to spare. León: charge to 100% before the next stage – every place to stay has a power socket and León has public charging points.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



The wind can turn this stage into something close to hell

If the previous day was 58 kilometres, this time we face 56 from Sahagún, on an eighth day that takes us to León.

After leaving the River Cea behind, our route follows the Real Camino Francés, because the other option is full of cobbles and would be torture for our already tired bodies. Your inseparable bike will thank you too, spared the wretched vibrations that batter its frame.

For the next few kilometres the trees keep us company on our left and the road on our right. If the wind is blowing we will be entering a madhouse, so it is best to start the day in an optimistic mood, come what may. So as not to bother the pilgrims on foot, the ideal thing is to ride this part of the route on the tarmac: the path is rather narrow, and in life one should be polite and consistent. Eighteen kilometres later we are in El Burgo Ranero, and after another nineteen we arrive in Mansilla de las Mulas, having passed Reliegos (where the little trees end). It is in Mansilla that the two variants we mentioned earlier come together and the Camino becomes one again.

Next we see a stone bridge and a farm track running beside the road, which guides us to Villamoros de Mansilla and Puente de Villarente. You do not have to be a genius to know that León is near: the cars, the petrol stations and all the usual scenery that lines the

approach to a big city announce it. On our way there we pass through Arcahueja, Valdelafuente and Puente Castro. To enter León we drop down beside the dual carriageway to the first avenues, where chaos reigns, because the lack of waymarking can cost us a lot of time, both on the way in and on the way out. Here the Camino is apparently marked with bronze arrows set into the tarmac. They are very hard to follow from a bike. The best advice is to trust our sense of direction and our knack for asking the locals. The cathedral is our goal, to keep adding to our cultural education and to get back in touch with the yellow arrows we are growing so fond of. And at its foot we bring our eighth day to an end.

We will reach León at midday, so the afternoon is free: a good opportunity for adjustments or repairs. Our trusted technical assistance point is Bicicletas Blanco, run by Roberto, who is very committed to touring cyclists and to the bikes that pass along the Camino de Santiago. It is closed on Saturdays; it is best to call ahead. Calle Teniente Andrés González, 1 · 987 20 96 10 · bicicletasblanco.com



09 León Rabanal del Camino

73 km

DISTANCE

+640 m

ASCENT

-341 m

DESCENT

Medium

DIFFICULTY

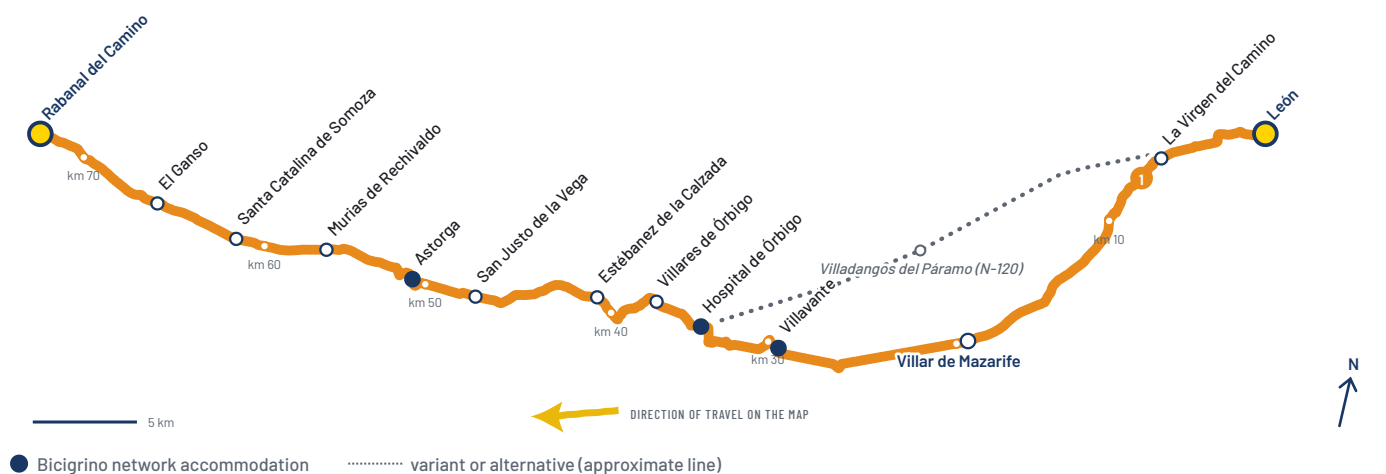
WATCH OUT ON THE ROUTE

1 Fork with confusing signs. Take the variant on the left, via Villar de Mazarife: it is the one we recommend and the one the map and profile follow. The one on the right (dotted line) hugs the N-120, with heavy traffic.

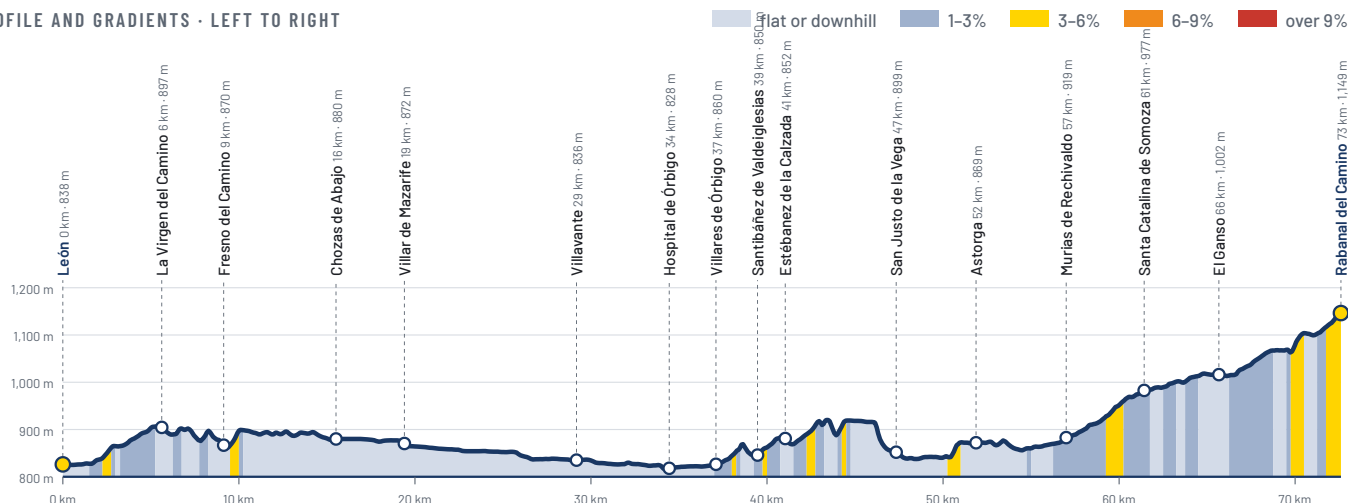
On an e-bike

A stage of gradual ascent with no extreme ramps – the last 40 km from Hospital de Órbigo to Rabanal gain height steadily. TOUR+ mode all day. Estimated consumption: 390-530 Wh – well within the range of Bicigrino e-bikes. Charge to 100% in León. Astorga: a brake and chain check is recommended before the descents of El Bierzo.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



From León to the foot of the mountains, with Astorga halfway

We leave the plains behind and gradually draw closer to the mountains. Our ninth day starts in León and ends in Rabanal del Camino, at the foot of the Cruz de Ferro.

Many cyclists start their Camino here, simply because they do not have the time to ride the route from start to finish. León is the perfect city for anyone who wants to do the second half: it is large, has very good connections from Madrid and from the airports, and is easy to reach by public transport. It is one of the most popular starting points of all among our customers.

If we got into a muddle on the way into the city, the way out is not going to be any easier. What saves us from the madness is asking for directions to the Hostal de San Marcos. Right after it we cross the bridge of the same name (San Marcos) and leave the city along avenues and streets towards La Virgen del Camino, though not before crossing the railway line and a stretch that is uphill and far too busy. When we reach the church we can finally leave León, although what comes next is no picnic either... Because of the busi-

ness the Camino brings with it, the villages fight over having it pass through them, and their inhabitants rub out and repaint the signs to their own advantage. In La Virgen del Camino the route divides. We recommend the variant on the left, via Villar de Mazarife: it follows tracks and local roads, away from heavy traffic. It passes through Fresno del Camino (km 9), Oncina de la Valduncina (km 10), Chozas de Abajo (km 16), Villar de Mazarife (km 19) and Villavante (km 29), and reaches Hospital de Órbigo at km 34. Villar de Mazarife is the main village on this variant: it has albergues and some other accommodation, in case you decide to stop there. The one on the right, via Valverde de la Virgen, Villadangos del Páramo and San Martín del Camino, is more direct, but it hugs the N-120 all the way and runs along the main street of several villages with a lot of traffic: it is dangerous and we advise against it.

In life you have to make decisions. And on the Camino, too. For example, it is right after leaving Hospital de Órbigo that we have to decide which path to choose: one takes you along a trail parallel to the



road and the other, off to the right, straight to Villares de Órbigo. We like the second one better: it is a good deal more pleasant.

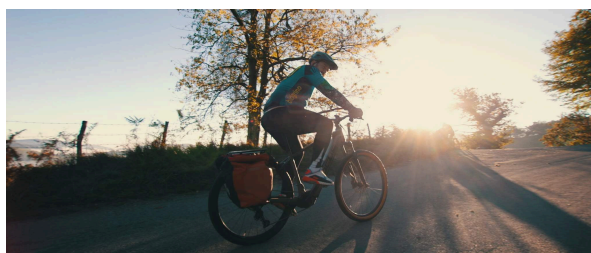
If you have chosen the second, shortly before the stone cross of Santo Toribio (almost in Astorga) you will find an oasis on the way, El Jardín del Alma, a donation-based stall where, besides advice and words of encouragement, long-suffering pilgrims are offered fruit and juice.

After this singular spot we reach the Alto de Santo Toribio, which treats us to spectacular views and lets us feel, for a few minutes, like we own the place. We can see Astorga, the Montes de León and the Cantabrian Mountains...

After that, it is time to go down, rather abruptly, to San Justo de la Vega. We have now ridden almost thirteen kilometres from Hospital de Órbigo on a ninth stage that next takes us over the railway on a footbridge specially built for pilgrims. In Astorga we will

enjoy its Plaza Mayor and streets full of magic. We can also visit Gaudí's Episcopal Palace and the splendid cathedral. As we leave the town behind, we will already see in the distance the shadows of some rather intimidating giants. There, among those grey silhouettes, the Alto de la Cruz de Ferro awaits us, one of the most moving points of this unique adventure. Well before that, the ground starts to tilt upwards, taking us through Murias de Rechivaldo and the Maragatería district, a name everyone will recognise from the well-known cocido maragato stew.

From there the gradient never stops increasing, although it does not feel too hard because the track is, for now, quite wide as far as the Santa Catalina de Somoza junction. We head for El Ganso and then Rabanal del Camino, the end of our stage, where we can stay at the Albergue El Pilar, a true bicigrino sanctuary in which to rest at the foot of the mountains.



10

Rabanal del Camino Las Herrerías



79 km

DISTANCE

+993 m

ASCENT

-1,508 m

DESCENT

High

DIFFICULTY

WATCH OUT ON THE ROUTE

- 1 Dangerous descent. It is advisable to go down by road.
- 2 Watch out at the junction: many people go wrong here and climb the old N-VI. Take the road on the left towards Ambasmestas and Vega de Valcarce.

Good to know

On this tenth stage, shortly after leaving Molinaseca, you pass the 200 km mark, the minimum distance for obtaining the Compostela by bike. Since 2025 those 200 km no longer have to be the last ones before Santiago, but the safe way is still to document the last 200 km with two stamps a day.

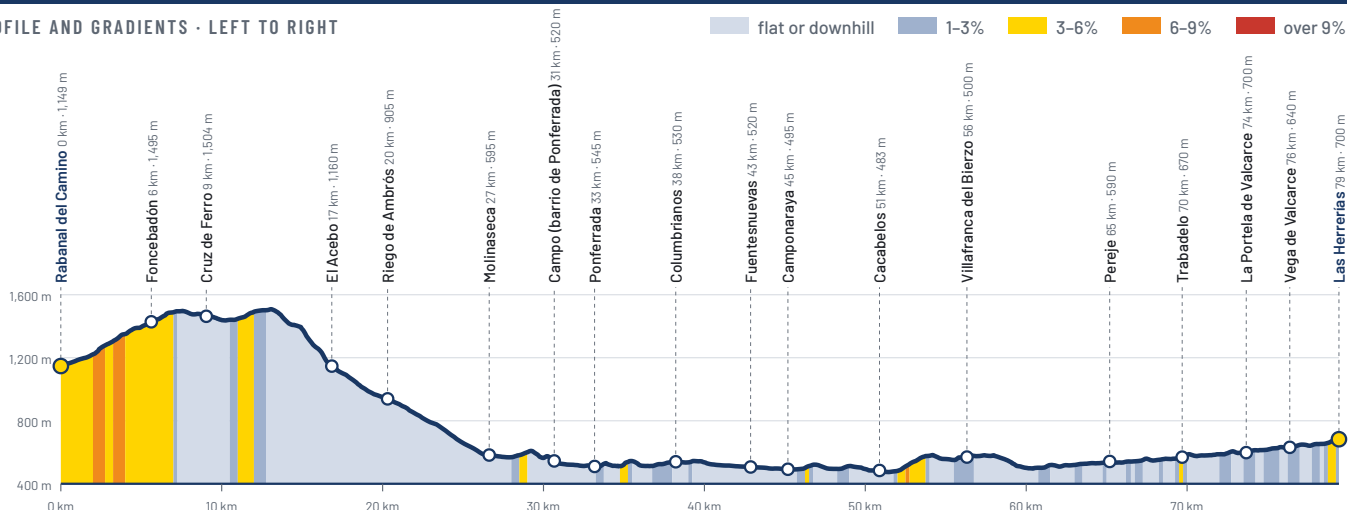
Pick up a stone!

Don't forget to put a stone in your bag when you leave home because, as tradition dictates, you can leave it at the Cruz de Ferro, whether as a vow, a penance or a symbol. You will only be able to do so, mind you, after suffering for a few kilometres, since there is no way of getting there other than by climbing the pass. Luckily, the descent then gives you the chance to recover the energy you have spent.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



From the Cruz de Ferro to the foot of O Cebreiro

The tenth day starts uphill. From Rabanal del Camino we climb to the Cruz de Ferro and, after a long descent, cross El Bierzo to Las Herrerías.

The first thing we meet on our tenth day is an 8.5-kilometre climb that runs parallel to the road, which is why many cyclists choose to do it on tarmac, even though the track is in perfect condition. Around Foncebadón the ramps start to hurt the legs, so walking this bit is no bad decision. Caution is the mark of the wise. Up there, at the Cruz de Ferro, tradition has it that you leave a stone you should have brought from home. With it, the legend goes, we ask for protection for the rest of the journey. It is also done as a vow, or as a symbol of leaving our burdens and everything negative behind in a magical spot at 1,504 metres. Straight away we plunge into a fast descent to Manjarín, where for decades the hospitalero (volunteer warden) Tomás kept a refuge in the purest medieval style; he died in January 2026 and the refuge is closed. From there we have only fifteen kilometres left to Molinaseca. First we must tackle a short climb that takes us up to 1,510 me-

tres, and then a long 24 km descent that ends in Molinaseca. A cyclist was killed on this stretch, so we advise against taking the original path. Make sure your brakes are in good order.

All the way down we pass through one village after another, with all the beauty of El Bierzo, its stone houses and wooden porches. Among others, we discover El Acebo and Riego de Ambrós. Anyone who prefers to split the day can spend the night in Molinaseca or in Ponferrada, just five downhill kilometres apart.

The Bierzo valley keeps us company from here on. From Molinaseca, the first thing we do is head for Ponferrada, a busy city that is nonetheless full of monuments. Its Templar castle stands out: perfectly preserved, it gives us one of the classic picture-postcard views of the Camino.

We leave Templar Ponferrada by crossing the bridge over the River Sil and reaching the Huertas del Sacramento. The next place is Compostilla, which we leave on tarmac lanes: easier, but less romantic for those of us who have a weakness for dirt and stones.



They bring us to Columbianos, Fuentes Nuevas and Camponaraya, where we can at last resume our close relationship with pure mountain-bike trails, after passing some wineries and a rest area. And so we move away from houses, buildings, cars and anything that smells of something other than countryside. By then we have ridden just over 20 km from Molinaseca, so in Cacabelos we can stop at the restaurant Moncloa de San Lázaro, with its famous Mencía wine and its delicious empanada de batallón. And don't forget to ask for your stamp! We ride through the town along its main street as far as the bridge over the River Cúa and the shrine of the Virgen de las Angustias, which appears on our right next to an albergue. We continue on the hard shoulder of the N-VI, now climbing gently to Pieros. At 2 km from this small village we return to a dirt track, the one that takes us to Villafranca del Bierzo and its Romanesque church of Santiago, with the well-known Puerta del Perdón (Door of Forgiveness). In a Holy Year this door takes on special importance: like the Holy Door of Santiago cathedral, it is opened only in jubilee years, and tradition holds that sick or infirm pilgrims who could not go on to Compostela gained here, on passing through it, the same indulgences as in Santiago. That is why Villafranca is known as 'the little Compostela'.

We leave Villafranca over a bridge that leads us through pretty scenery dominated by a castle. Beyond

it there is a fork, where we can choose between the Pradela variant, with hard ramps suitable only for fit cyclists, and a more accessible path that runs right beside the road, though well protected from the traffic. If we choose the latter we will see the River Valcarce and pass through Pereje and Trabadelo, an area where many go wrong by trying to avoid the dirt climb to O Cebreiro and taking the main road instead. It is a mistake that will have us clocking up kilometres for nothing, since the tarmac diverts us to Piedrafita, which there is no need to pass through on the route we have planned for the day. To leave no room for doubt: the right way is the road that appears on the left just after the petrol station, always heading for Vega de Valcarce and Las Herrerías. Thanks to this decision we do the climb on a narrow road, among streams and greenery, and have a wonderful time on it. That said, on stages like this one, where the climb comes at the very end of the route, we recommend sleeping at its foot so as to tackle it the next day with fresh energy. That is why our stage ends in Las Herrerías, where you should ideally book ahead, as there are not many places to stay and you are quite likely to be met with a 'full' sign. The ones that best suit our purposes are the Centro de Turismo Rural Paraíso del Bierzo, in Las Herrerías, and an excellent albergue (Casa Lixa), renowned for its excellent facilities and even better service.

On an e-bike

The longest stage of the route, with two highlights: the Cruz de Ferro (an occasional burst of TURBO on the final kicker at 1,504 m) and the descent into El Bierzo. Estimated consumption: 490–630 Wh – perfectly manageable with Bicigrino e-bikes and a 100% charge from Rabanal. Ponferrada, halfway through the stage, has sockets if you want to reach Las Herrerías on a full battery for the next day's climb.



Hotel Paraíso del Bierzo, in Las Herrerías: the hotel Bicigrino recommends for this stage end, superbly run by brother and sister David and Noelia. Telephone 987 68 41 38 · paraísodelbierzo.com. Photo: Paraíso del Bierzo.

11 Las Herrerías Sarria

55 km

DISTANCE

+1,251 m

ASCENT

-1,445 m

DESCENT

High

DIFFICULTY

WATCH OUT ON THE ROUTE

- Take care if you want to stay on tarmac: at this junction it is easy to go wrong. Turn right; do not go to La Faba.
- Recommended option for cyclists: by road.

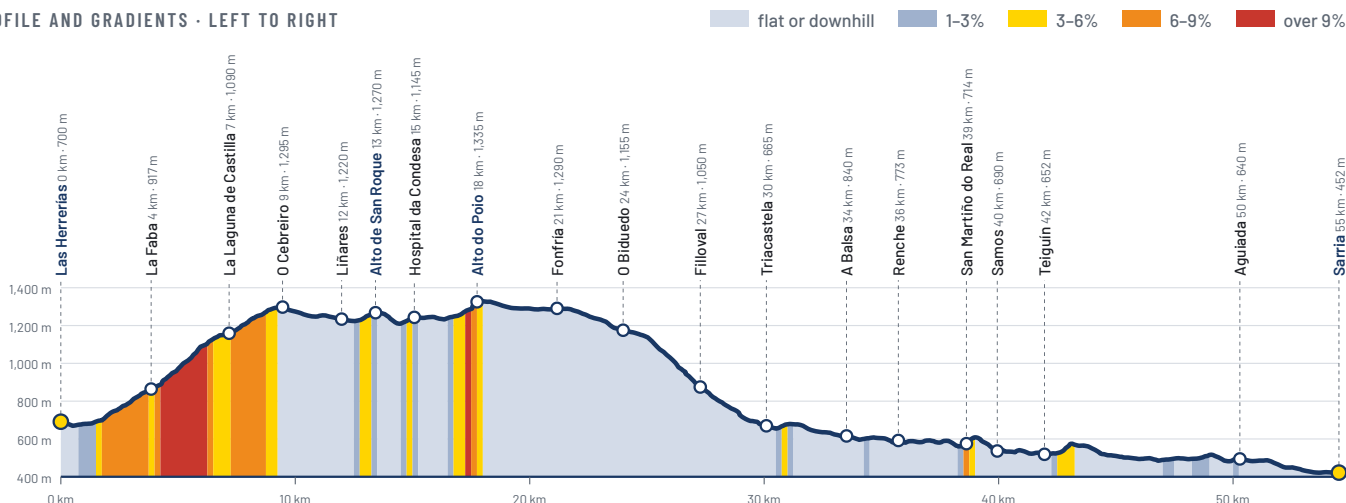
Choose for yourself how to climb O Cebreiro

You can do it on tarmac, without getting off the bike if you are in top shape, or on dirt, where you will have to put a foot down, like it or not, because of the obstacles you will meet all the way up, not to mention the many pilgrims who have chosen to walk the Camino.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT



Beautiful Galicia changes the landscape completely

Since we chose to leave the hard climb to O Cebreiro for the eleventh day, our menu opens with a starter for the brave only.

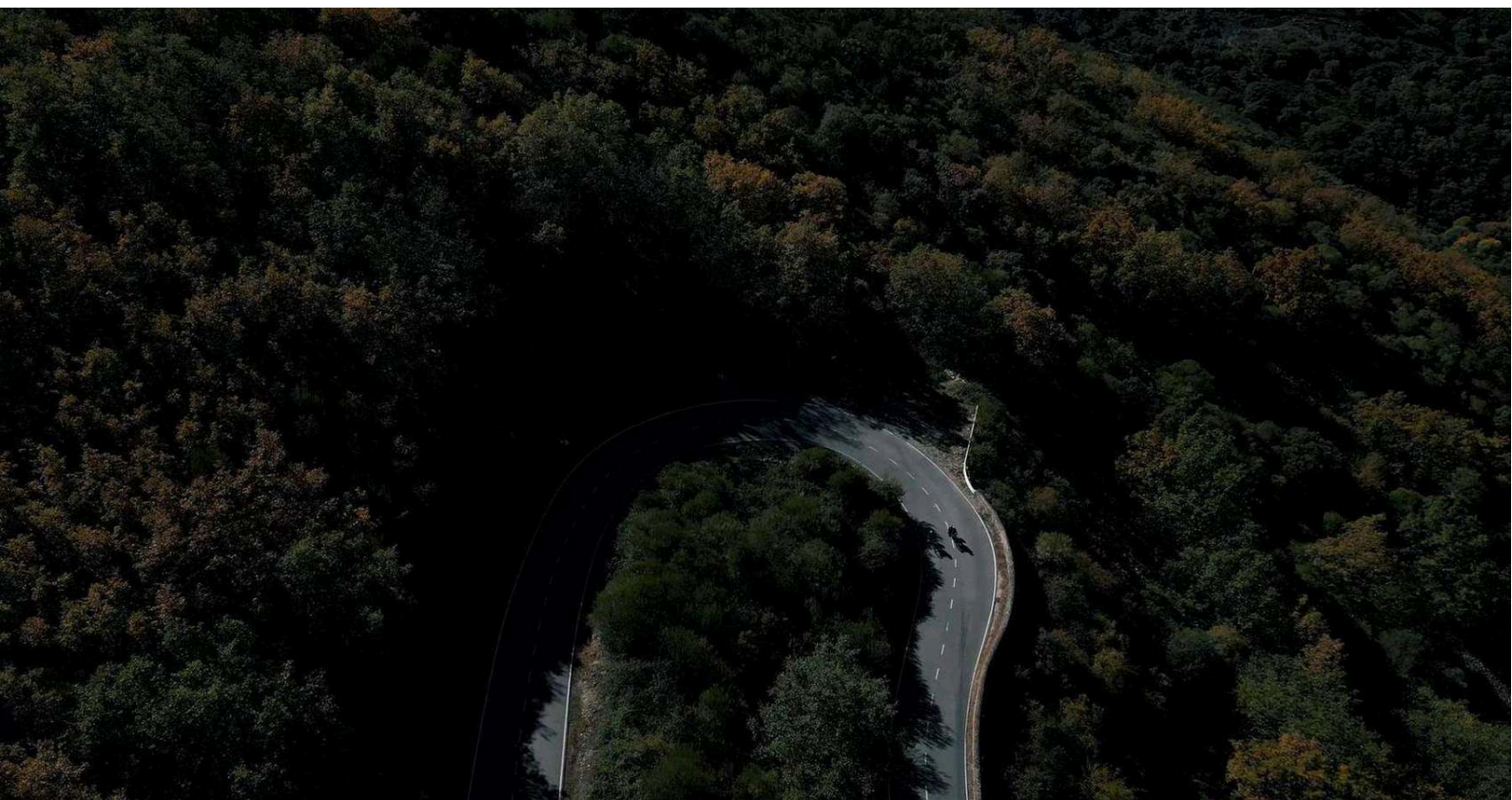
If your Camino Francés did not include the early climb out of Saint-Jean-Pied-de-Port, still on French soil, this will be the summit that marks your highest point. The stage begins in Las Herrerías, where we spent the night. From that moment on, the road tilts up and keeps looking at that blue thing up above. The climb is deceptive, because it starts quite gently. If we find a good rhythm, we will not sweat more than necessary to reach the La Faba junction, which is where the gradient really starts showing off. But what are eight kilometres to someone who has pedalled here from the country next door? At that junction it is best to have chosen the tarmac road: the dirt path is meant for pilgrims on foot, and you would have to get off the bike several times because of its roots and many steps.

At La Laguna de Castilla, the last village in the province of León (a good place to get a stamp and a nice hot coffee at the albergue-bar La Escuela), we think the days of total concentration and a racing pulse are over,

but there is still a good stretch to go with a gradient to be reckoned with. Our mind can play tricks on us here. A little later we reach the top of O Cebreiro, where a monument shows the European map of our international Camino de Santiago. We also enjoy the incredible views from the summit, looking out over a good part of Galicia. Right there, in the chapel, is the well-known replica of the chalice (pay special attention to the legend about that chalice you will be told in the church).

Now in vast, green Galicia, the adventure continues through gorgeous scenery, where nature reigns over a land in which cows are the cars and trees the buildings. The route becomes an endless up and down that saps the strength from our legs but is a treat for the eyes. The highlights are the Alto de San Roque (1,270 m), with its large pilgrim statue, and the Alto del Poio, which will drain our reserves a little further.

The descent promises to be fun. The cautious will be tempted to go down to Triacastela by road and the daring by the dirt path. Our recommendation for both is to take the dirt path, but sensibly, not flat out. The descent is beautiful and suitable for everyone, but we



must take care not to bother the pilgrims and to pass them with respect and caution (for their safety and ours). In Triacastela we cross the village along a narrow little lane; without meaning to, we will pass a terrace with tables and a bar (Complexo Xacobeo): we recommend stopping to eat there if it is the right time and trying its famous churrasco. We are now almost 30 kilometres from the start in Las Herrerías. Our next decision is whether to take the variant via Samos, the one chosen by the writer of these lines, or the one via San Xil, which we quickly rule out. So we plunge into a 9-kilometre journey through a pretty valley. It is important to pay attention on the stretch that comes next (for me, one of the most beautiful on the whole Camino de Santiago): we leave Triacastela on a road to the left and assume the route will be ugly and all on tarmac (wrong). We need to watch out and, after about 4 km, the Camino signs on the right will take us sharply downhill into a deep wood. There begins a stretch I describe as ‘National Geographic’, a dream landscape you cannot miss and one that carries you to Samos,

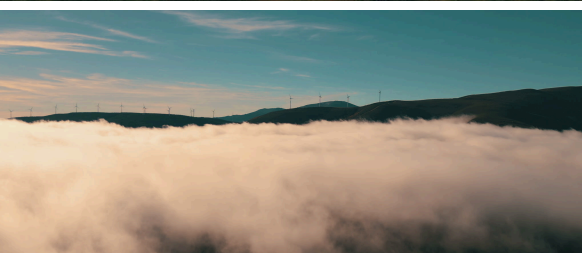
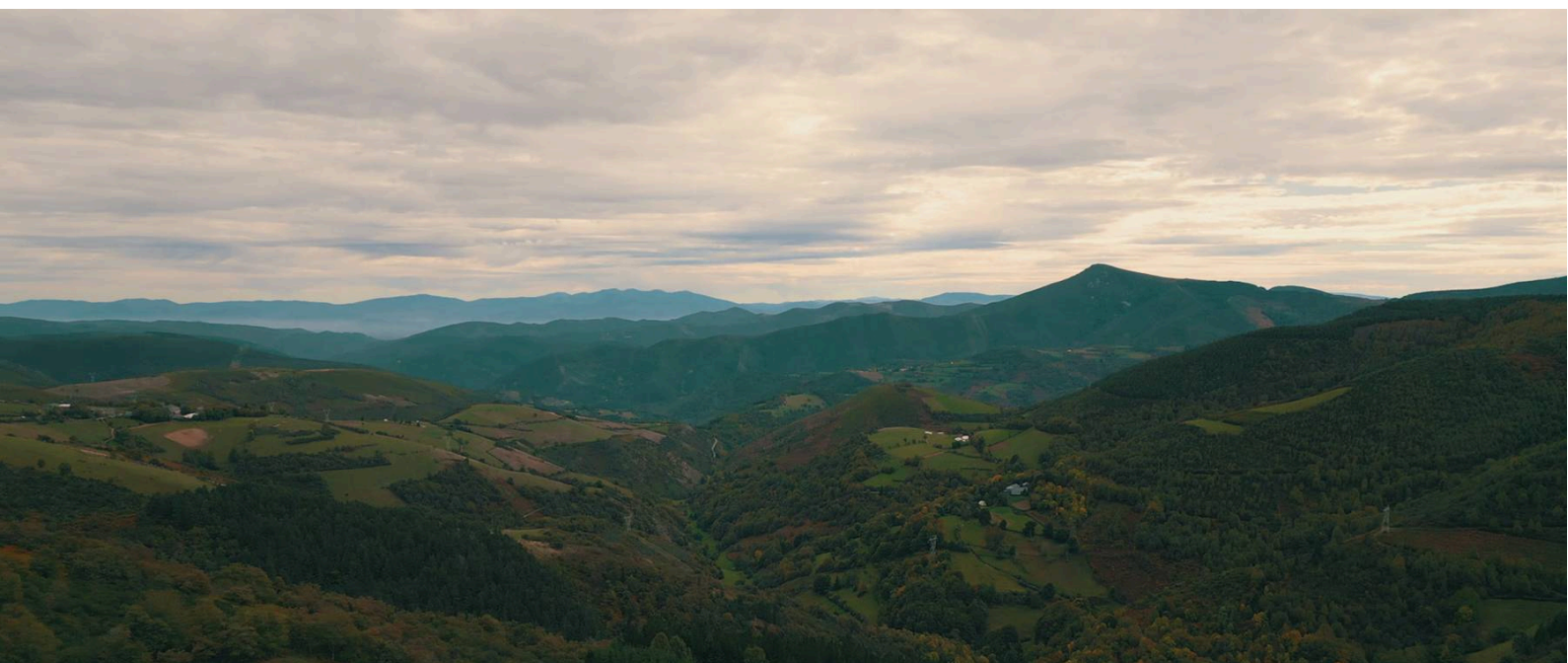
crowned by its imposing monastery. Many bicigrinos opt for the road, and it is a real shame to miss this genuine cycle-touring paradise.

We ride through Samos and stay on the road until we reach a bend where we see a restaurant on our right (Mesón Pontenova). Right in front of it we join the official pilgrims’ path and enter a web of rural tracks, part tarmac, part dirt, almost 12 km long, which keeps us away from the road and from civilisation until we are nearly in Sarria.

In a small hamlet called Perros the two variants that began in Triacastela come together, the San Xil one and the Samos one, which is the one described here. Soon afterwards, now going downhill, we pass through San Mamede and in 5 kilometres we are in Sarria. On the way into town (among the first houses) is the A Pedra albergue, which also has a guesthouse of the same name, very well run by Jose and Marta. In the centre, the Los Blasones albergue is a haven of peace where you will find ‘Tita’.

On an e-bike

The most technical stage of the Camino Francés. The 8 km of road from Las Herrerías to O Cebreiro (1,295 m) have gradients of 10–12% – the steepest wall on the Camino. TURBO mode on this section; TOUR+ for the rest of the day. Estimated consumption: 430–580 Wh – within the range of Bicigrino e-bikes with a 750 Wh battery. Charge to 100% in Las Herrerías the night before. Once at O Cebreiro, Galicia unfolds a rolling profile that is perfectly manageable.



12 Sarria Melide

62 km

DISTANCE

+1,204 m

ASCENT

-1,190 m

DESCENT

High

DIFFICULTY

WATCH OUT ON THE ROUTE

- 1 Leaving Sarria: take the historic route, the variant on the left. It is the one the map and profile follow.
- 2 Descent to Portomarín: at the signposted fork after Vilachá, keep right, on tarmac. The turn-off to the left leads to the trench, a narrow passage with steps where you have to drag the bike.
- 3 From Portomarín to the Alto de Hospital, the road is better: it climbs directly, without the zigzag crossings of the path.
- 4 Roundabout with confusing signs: cross the bridge and look for the path on the other side. The walkers' path and the tarmac run together as far as Palas de Rei; the main road makes a long detour.

Up, down, up, down...

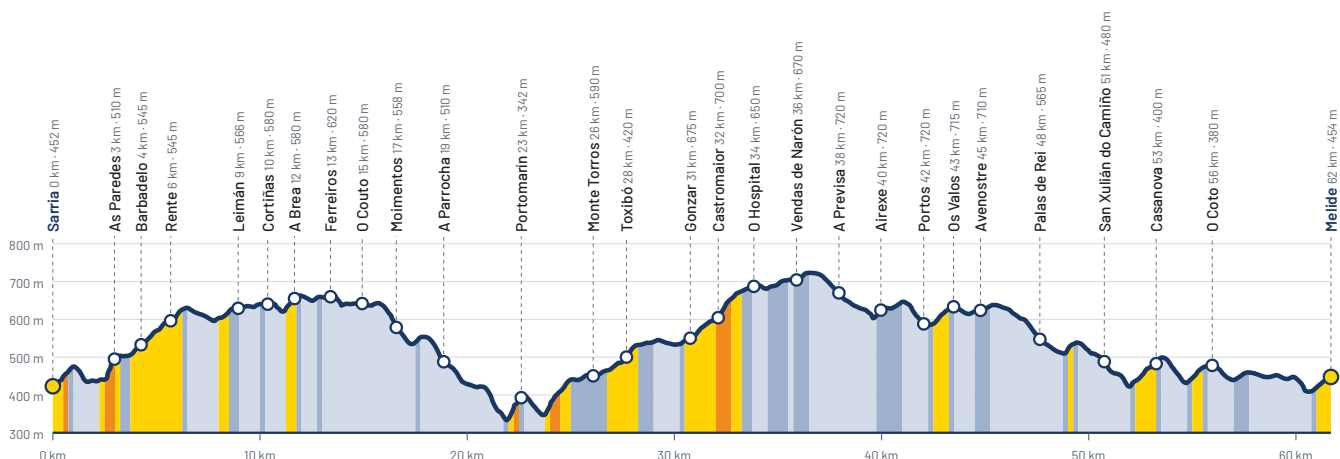
Galicia gives us gorgeous scenery, but also tracks full of rollers that slowly take their toll on our legs. At first you may feel like Hermida, the mountain-bike champion, but rest assured you will almost certainly pay for it later... Never underestimate a true leg-breaker of a stage. It has several proper climbs, but above all it is full of those ups and downs that hurt us so much. And if the rain turns up... better to stay on the original route and not waste time looking for the road!

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT

flat or downhill 1-3% 3-6% 6-9% over 9%



Octopus awaits at the end of a true leg-breaker

The day gets off to a tricky start because, as soon as we are on the bike, the route has a climb ready for us on the way out of Sarria.

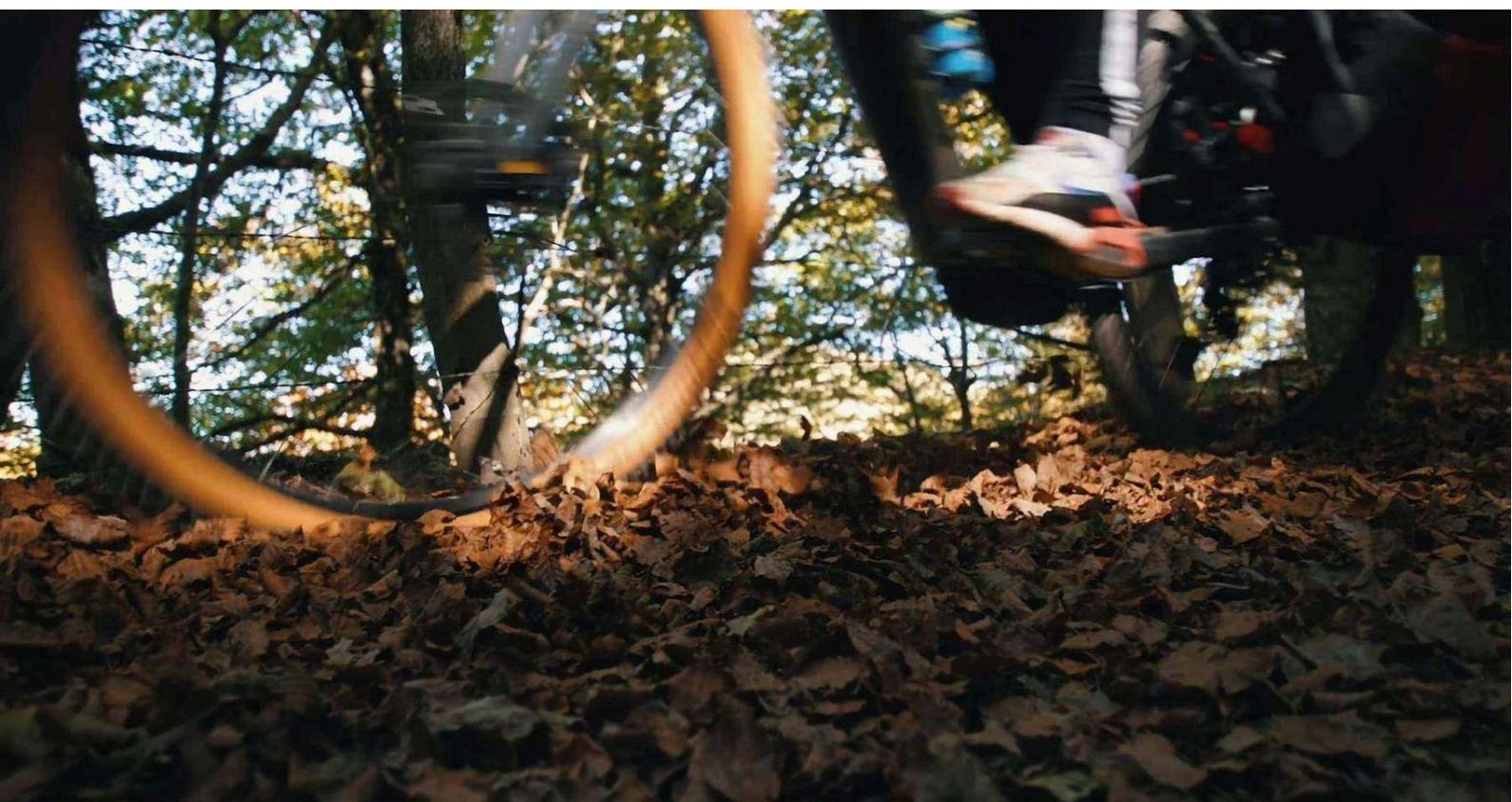
From here almost to the gates of Santiago we need to watch out for the variants that the Xunta de Galicia introduced in a thorough overhaul of the Camino. We will find turn-offs marked by posts bearing the words 'camino complementario' (complementary route). They generally stray little from the main route, but on this stage it does matter which one you choose. The first appears right after leaving Sarria: we recommend the historic route, the usual one, which is the variant on the left. If you do not follow it, you will not pass through the places shown on our map and profile.

Luckily, we make that exit on a path lined with beeches, pines, oaks and bushes, which makes it far more bearable. Right afterwards, and before reaching Barbadelo and Rente, we have to join the road, then pass through several small hamlets and landscapes that are, truly, a real reward. In some places we even have to cross streams on makeshift bridges of loose

stones. It is a part of the stage where dirt paths and tarmac lanes alternate all the time.

When we pass Brea we come face to face with the 100 km marker, the minimum for pilgrims on foot to earn the Compostela. From here on we share the ground with cow dung, which treats us to its full characteristic smell. We also take the chance to have our photo taken with the legendary hórreos, Galicia's raised granaries. In Vilachá, at roughly km 15 of this twelfth day, we begin a steep descent to the Belesar reservoir. Take special care in this area, which is something of a confusing maze. Many bicigrinos have got lost around here. Going downhill and fast, it is easy to miss a yellow arrow... Shortly after Vilachá a sign marks a fork for the descent to the River Miño, and here the choice really matters. Do not take the turn-off to the left: it leads to the famous trench, a very narrow passage between two rock walls, with steps, where you have to get off the bike and drag it; several cyclists have confirmed this to us. Keep right, on the normal route, which goes down on tarmac, very steep but free of obstacles, to the Portomarin bridge.

That is how we reach the reservoir and majestic



Portomarín, watching over us from the hill with its imposing, famous church. As we are not on foot, and unless we are real virtuosos on our mountain bikes, we have to make a short detour by road to reach the top of the town, the church square, avoiding the unrideable flight of steps. The old village of Portomarín was submerged beneath the waters of the reservoir, but the new one stands on a hill so that the past cannot repeat itself. The most curious thing is that the church was dismantled at its former site and rebuilt, stone by stone, in the new one.

After leaving Portomarín a hard climb of about 8 km awaits us to the Alto de Hospital. This climb is hardly ever talked about, but in truth, being so monotonous, long and steady, it deserves to rank alongside the legendary climbs of the Cruz de Ferro and O Cebreiro. The pilgrims' path is perfectly rideable, but our experience says to do this whole section on tarmac: the road runs straight and you climb in one go, whereas the path zigzags across it again and again and carries many pilgrims who slow you down. At the top, near Ventas de Narón, we come to a confusing roundabout and a road junction. You have to cross the bridge and pay attention... Soon, on the right, we find a narrow road that pilgrims follow for many kilometres on a dirt footpath

alongside it. This takes us comfortably all the way to Palas de Rei, mostly downhill.

In Palas de Rei we are at km 47 of this twelfth chapter of the Camino. Over the next 3 km we discover the River Pambre and a descent of no great difficulty, since the ground is covered in tarmac and the bike rolls along easily. At the bottom we turn left and ride past the farmhouse fronts of San Xulián, Ponte Campaña and Casanova, now brushing the boundary between the provinces of Lugo and A Coruña.

Along a stretch with remains from ancient Rome, the stage sends us to Leboreiro. We cross a photogenic bridge and an equally picturesque village (Furelos) and shortly afterwards, after one last climb, we are at our final destination, Melide. We ride through it without any trouble, though our minds are already on the octopus we are going to order at the famous, traditional Pulpería Ezequiel.

To sleep in Melide we recommend the Hotel Carlos 96, for us one of the most welcoming and endearing on the whole Camino de Santiago, and with the best value for money. It has been run by the same family since they founded it in 1996, hence the name. It is on Avenida de Lugo, right at the entrance to the town. Telephone 981 50 76 33 · hc96.com.

On an e-bike

Sawtooth Galicia: 1,204 m of climbing in short, repeated ascents, with no extreme ramps. TOUR+ mode. On sections of wet stone slabs, TOUR+ reduces the effort and improves control. Estimated consumption: 460-620 Wh – Bicigrino e-bikes cope well with this profile. Charge to 100% in Sarria.



13 Melide Santiago de Compostela

53 km

DISTANCE

+892 m

ASCENT

-1,090 m

DESCENT

Medium

DIFFICULTY

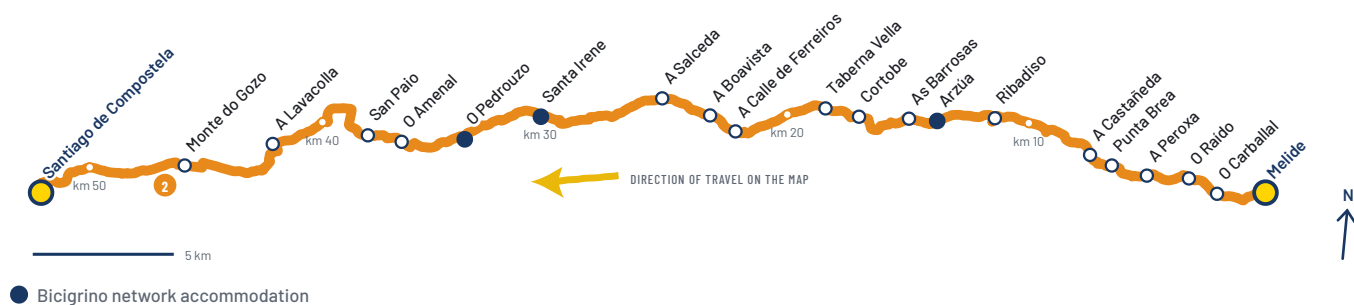
WATCH OUT ON THE ROUTE

- Take care at this point: the road becomes a motorway. From here you must follow the Camino all the way to Santiago cathedral.
- Many people mistake the monument to the Pope's visit to the Camino for the real Monte do Gozo. To see the pilgrim statues and the real Monte do Gozo, turn off along a path to the left, leaving the albergue barracks on your right. Further on you can rejoin the Camino.

Hospedería San Martín Pinarío

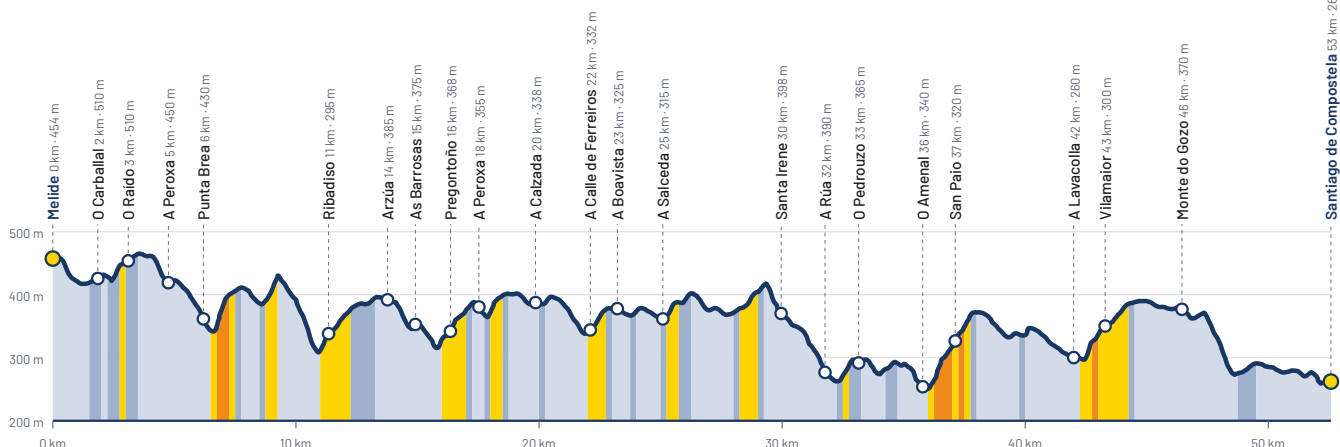
In Santiago you will be approached with offers of every kind. The return of Bicigrino rental bikes is handled at the Hospedería San Martín Pinarío (Praza da Inmaculada, 3), beside the cathedral.

STAGE MAP · START ON THE RIGHT, FINISH ON THE LEFT; THE YELLOW ARROW SHOWS THE DIRECTION OF TRAVEL AND N POINTS NORTH



PROFILE AND GRADIENTS · LEFT TO RIGHT

flat or downhill 1-3% 3-6% 6-9% over 9%



A day when a mixture of feelings takes hold of us

This is the most emotional stage of the Camino. The dream of reaching Santiago that we have held on to throughout the adventure awaits us at the end of a thirteenth day that begins in Melide.

We have been pedalling for 12 days and, now that the end of our journey is near, mixed feelings take hold of us: the excitement of completing the challenge and the sadness that something so wonderful is coming to an end.

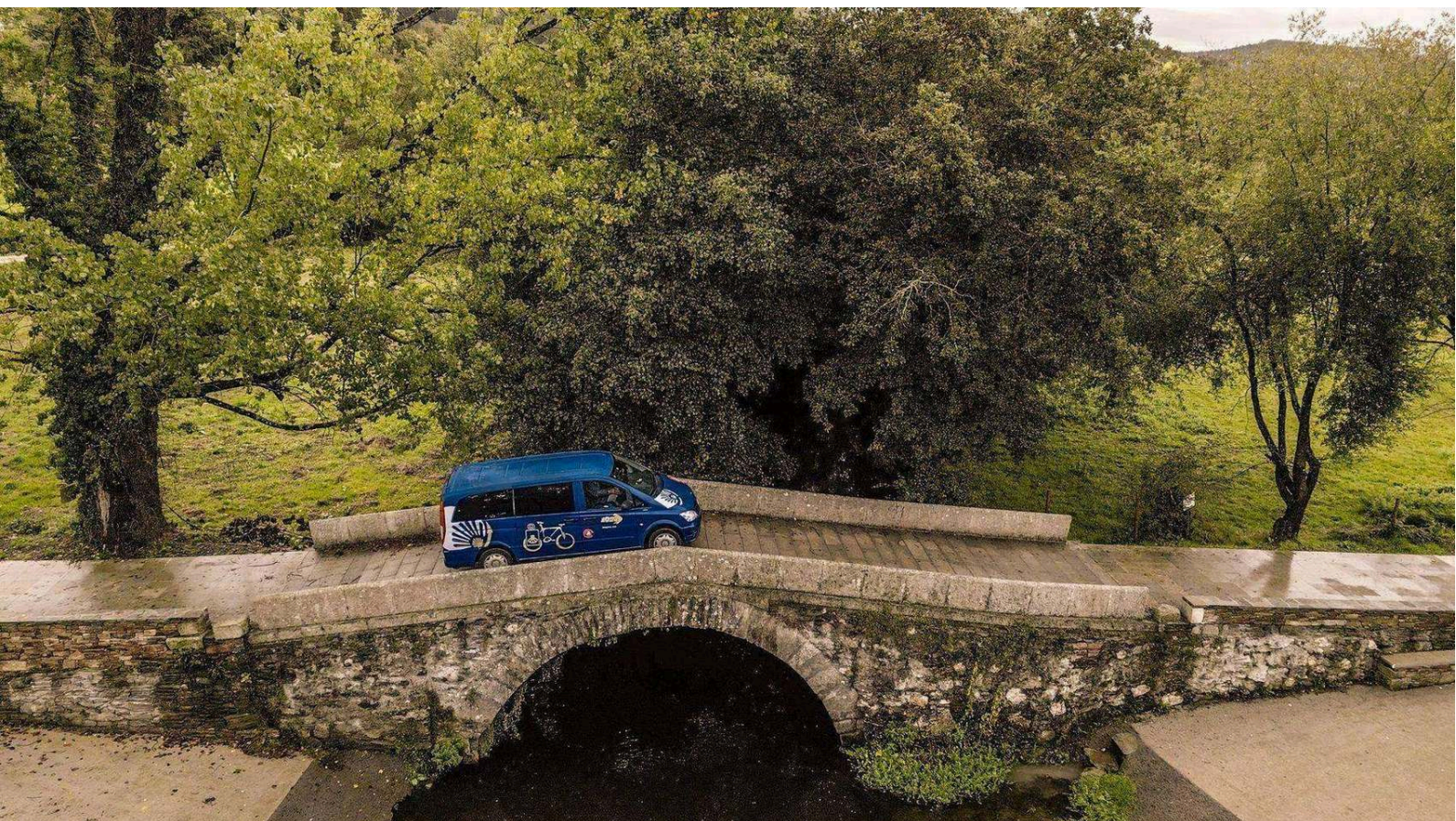
First through France and then through Spain. Hundreds of kilometres, dozens of climbs and descents, landscapes that give you goosebumps. Our motivation overflows at the start of a stage that is not like the others. We feel it in Melide, and in Raído too. They are the first places we pass through before entering a wood that brings us to the farmstead of Parabispo and the hamlet of Boente. That is where we begin the first descent, which leaves us on the banks of a river that marks the start of the endless rollers that will accompany us for the next few kilometres. As always in

Galicia once you are on a bike, the tracks of this final section are leg-breakers once more.

In this area too you need to pay special attention to the variants of the Camino that have been recovered. After Ribadiso de Baixo and a hard concrete ramp we come to one of these dilemmas: left? straight on? 'camino complementario'? Let your heart guide you and don't worry: both routes meet again a few metres further on.

And so we reach Arzúa, home of the bike shop Comercial Lamas Bike, a partner workshop in the Bicigrino assistance network. This is the place to go if you are riding one of Bicigrino's rental bikes, whether to have something fixed or to sort out any other detail. If the bike is your own you can, of course, ask for help and advice too.

With our emotions running high, we carry on up and down the sawtooth profile of the Galician countryside. We have already passed through Preguntoño, A Peroxa, Calzada, Boavista and Salceda when it is time to face the small Alto de Santa Irene. Its descent leaves



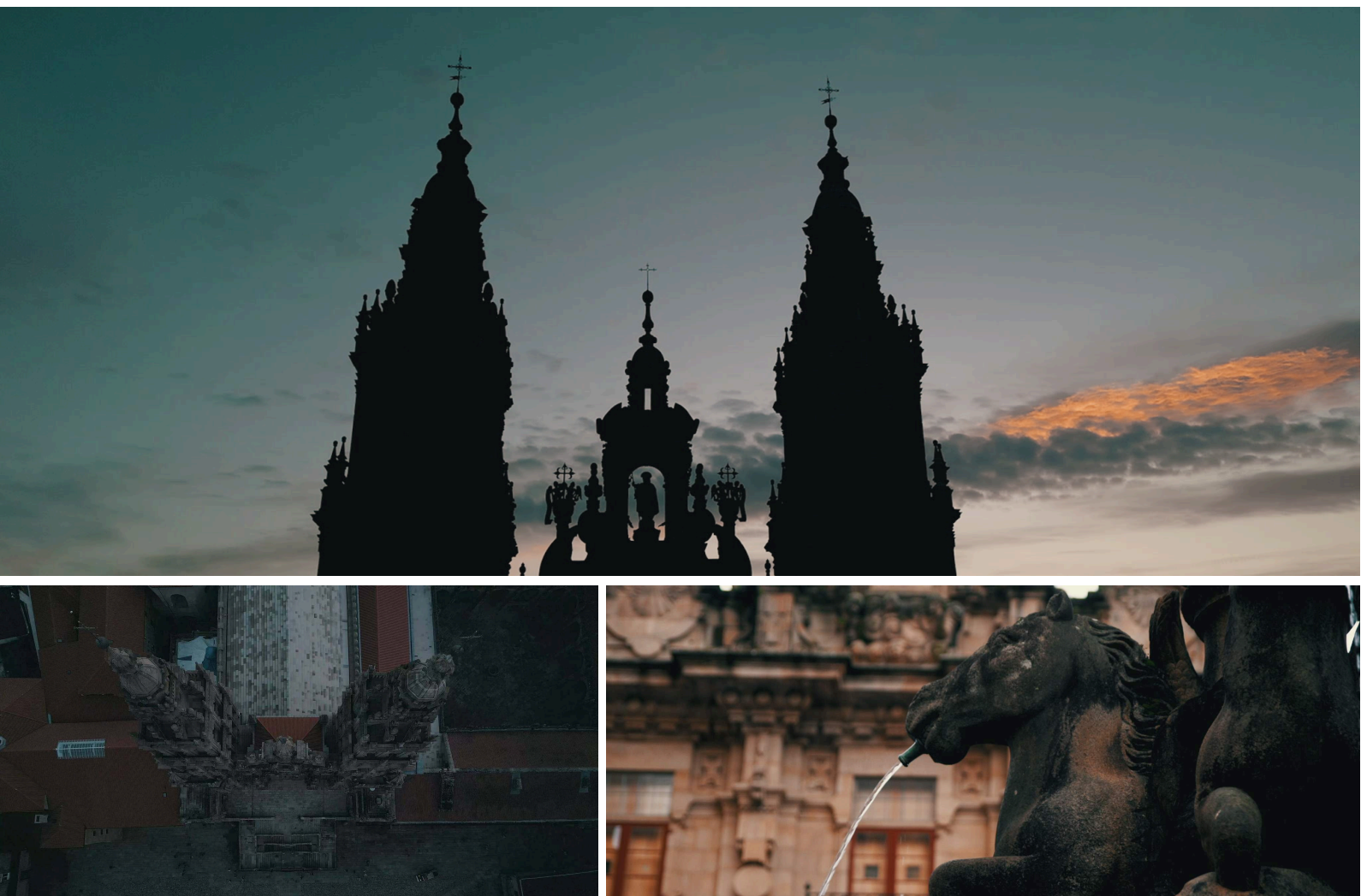
us in Pedrouzo. By then you will have noticed that the eucalyptus trees are still there beside you, as at the start of the day, thirty kilometres back. After riding the little streets of Cimadevila, San Paio and Lavacolla, the ground starts rising once more. It is the turn of Monte do Gozo, which really can give us a good slap if we have not kept some energy in reserve. The average gradient is high, but its toughness lies above all in where it comes: at the end of the last day of the Camino. Here you will test your stamina and your climbing skills, and find out whether you have managed your eating and drinking well so far.

The good news for those arriving on their last legs is that the climb is on tarmac. From the top we can already see, in the distance, our final goal, splendid Santiago. Coming down from Monte do Gozo we ride alongside a dual carriageway. Soon we are entering,

not without emotion, the old town of a city that has been on our minds for so long. Since 2024 you may ride a bike in the historic centre at no more than 10 km/h, with priority for pedestrians; the sensible thing is to enter the Obradoiro on foot. Although our arms are starting to tremble, we try to keep our composure and make for the Plaza del Obradoiro and the imposing, awe-inspiring cathedral of Santiago de Compostela. Very close by is the Pilgrim's Reception Office (Rúa Carretas, 33), where we get the last stamp in our pilgrim passport; you have to register beforehand, online or with the QR code. And, of course, we receive, at last, the Compostela. Now we really can say we have ridden the Camino Francés by bike. Beside the cathedral, at the Hospedería San Martín Pinario (Praza da Inmaculada, 3), Bicigrino rental bikes are returned. We are in Santiago at last!

On an e-bike

The final stage. 53 km with well-spread climbing and the Obradoiro at the end. ECO or TOUR+ mode, depending on your mood – Bicigrino e-bikes have battery to spare to reach the Plaza del Obradoiro with charge in reserve. Estimated consumption: 370-500 Wh. No extreme ramps. All that remains is to pedal and enjoy.

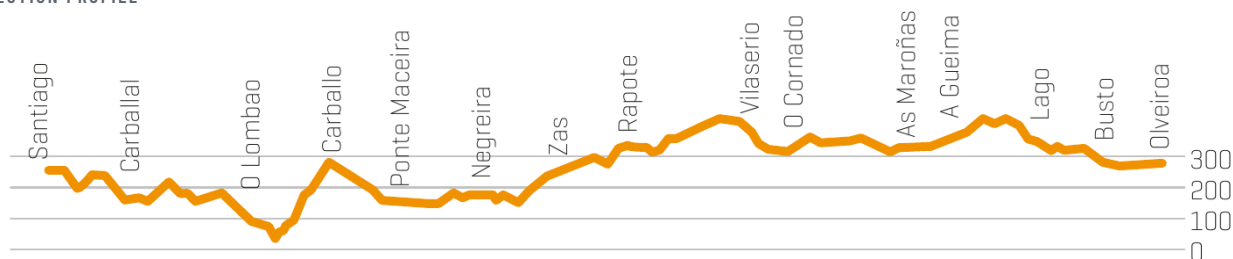




Santiago de Compostela Olveiroa



SECTION PROFILE



We recommend doing this extension in two days

The extension of the Camino to Fisterra (Finisterre) and Muxía is an option we recommend to anyone with the time and the energy to spare.

We would, however, like to give a word of warning: many people think that, after riding the whole Camino de Santiago from Saint-Jean-Pied-de-Port or Roncesvalles, this extension is a prize or treat they can allow themselves, and nothing could be further from the truth. This stretch of almost 100 km is quite hard in terms of both climbing and terrain. It is a hilly, very demanding route that will require a good deal of effort from the cyclist.

To begin the journey we go to the familiar, legendary Plaza del Obradoiro in Santiago de Compostela. Next to the Hostal de los Reyes Católicos, heading downhill, we find some steps and a ramp that reveal a long, straight street (Rúa das Hortas), the natural way out onto the Camino to Fisterra and Muxía.

Following the arrows, and still in the old part of Santiago, we pass close to the church of San Lorenzo and gradually leave the city, heading into woods and residential areas of detached houses.

The pattern of the whole route is with us from the very first kilometres: constant ups and downs, short, hard ramps and fast descents... a constant sawtooth. Carballal is the first village we pass through, with the outline of Santiago still discernible behind us, before riding between eucalyptus woods and houses towards the River Roxos, which we cross to tackle the first summit of the day, at kilometre 9 (Alto do Vento).

We descend on tarmac and, near Bertamiráns, take a dirt track, a restored ancient road, that leads us to the next summit (Alto do Mar de Ovellas). It is a climb of about 3 km, and at the top we find our reward: a picnic

area and a fountain where we can refill with water and rest.

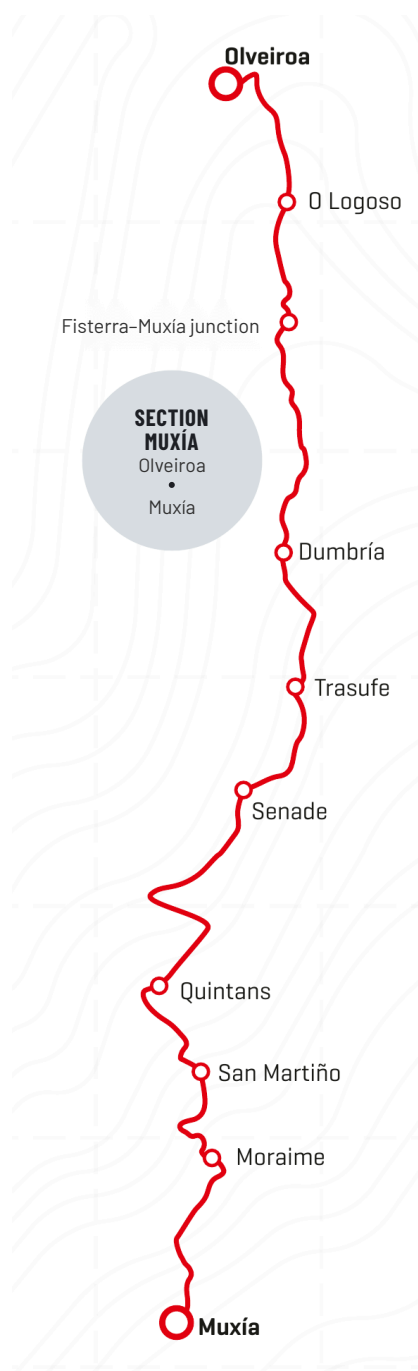
From here, on tarmac, we descend towards what we can make out in the distance to be a river, and where we can admire one of the most beautiful landscapes on any of the routes to Santiago. Ponte Maceira surprises us round a bend with its imposing medieval bridge, its watermills and a huge pazo, a Galician manor house, beside a chapel, which together make up an idyllic, captivating scene. A photogenic spot if ever there was one, where you can take some lovely pictures.

From here to Negreira it is only 4 km. Then, always gently but steadily uphill, we face a climb of roughly 10 km which, on forest tracks and through the hamlets of Rapote and A Pena, leads us to a kind of plateau, more open now, with farmland and the sight of wind turbines in the distance. We are at about kilometre 35 of our stage.

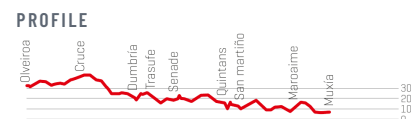
From here, mostly on tarmac with the odd dirt track, though with a good surface, we ride in reasonable comfort past the hamlet of Vilaserío, through O Cornado and the village of As Maroñas, and on to the hamlet of Lago. From there, surrounded by livestock farms and meadows, we climb to a ridge that brings a reservoir into view and, now going downhill, head for our final destination in Olveiroa.

In this small village, the end of the stage for those who have decided to do the route in 2 days, we will find lodging for ourselves and our bikes in two places, one albergue-style and one hotel-style: at both the albergue-hostal Casa Loncho and the rural guesthouse As Pías we will be well looked after.





+ Olveiroa Muxía



Until roughly kilometre 7 of our stage we follow the shared route that takes us to the junction where the ways divide.

There we will have to decide between going to Fistera or to Muxía, which is the route described in this stage. So we leave Olveiroa and soon take a path that climbs towards Logoso, the Alto de Hospital and the junction where we must decide whether to go to Fistera or Muxía.

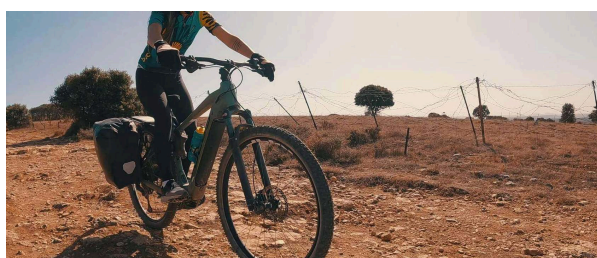
In this case we take the path on the right, mostly downhill. Combining local dirt tracks and tarmac, we reach Dumbria, the district capital and therefore the largest place we will pass through on today's stage.

On our usual Galician ups and downs we ride through the small hamlets of Trasufe, then Senade and Quintáns, which we reach downhill, and we are now at about kilometre 23 of what will be a gentle 35 km stage to our final destination.

We cross a fertile valley to reach San Martiño de Ozón, where, besides an imposing church, we find one of the longest hórreos in Galicia, which is sure to impress us with its length and its excellent state of preservation.

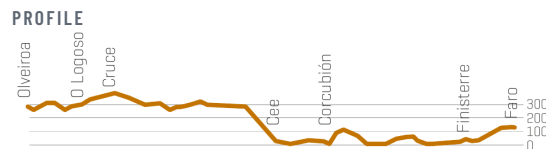
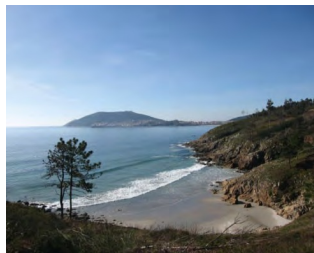
Not far from here we catch sight of the sea and the white sandy beaches that come before Muxía. To get there we climb the Monte de Merexo, and from its small summit we enjoy beautiful views of the sea and the Costa da Morte.

We are almost at the end. In Os Muíños we draw close to the sea, climb again (yet again) and arrive at the imposing Romanesque church of Moraime. We climb once more through pine woods that reveal, between their branches, the sight of Muxía close at hand. We drop down to Espiñeirido beach and arrive in Muxía. A gorgeous place, where a visit to the shrine of Nuestra Señora de la Barca is a must. In Muxía, the Bela Muxía albergue is a recommended place to stay that is set up for bikes, where we will find rest for ourselves, storage for our bikes and all the services we might need.





+ Olveiroa Fisterra



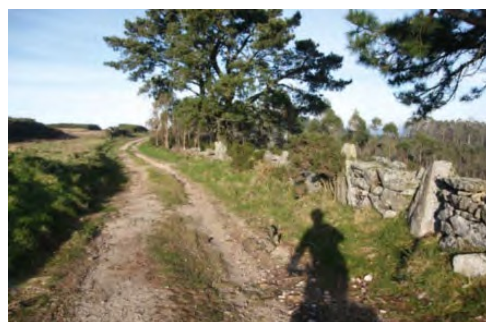
We leave Olveiroa and soon take a dirt track on our left that leads us uphill towards Logoso.

We carry on towards the Alto de Hospital and at the top, just as we cross a main road, we have to decide whether we are going to Fisterra or to Muxía.

In our case, since we are going to Fisterra, we take the turn-off to the left. We are now going mostly downhill, in search of the sea. We pass a cruceiro, a stone wayside cross, and head for the chapel of Nuestra Señora das Neves, a charming, secluded corner of the Camino where we can rest and, if we wish, write a few words in the book left out for pilgrims. From here, after about 6 km of more or less flat ground, we reach a high point from which we can at last see the sea, the nearby town of Cee, Corcubión and Fisterra in the distance. You could say that from up here we can see the rest of our route and that it is within arm's reach... but there are still 20 km to go to the final destination.

We let ourselves roll down to Cee, ride through its streets and set off for Corcubión. Another climb and more spectacular views: we ride right beside the sea and on some stretches even along the beach. We are carried along, half open-mouthed at the scenery and half thrilled, as far as Fisterra, where we take on a hard climb (it was the finish of a stage of the Vuelta a España) up to the famous lighthouse and km 0 of the Camino.

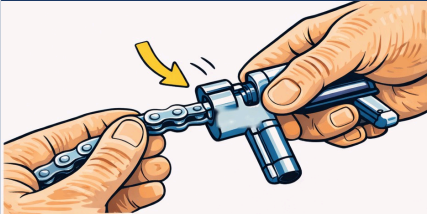
In Fisterra we work closely with the Finistellae albergue and guesthouse, an excellent place to stay. We also recommend the Hotel Bela Fisterra, an eco-friendly three-star hotel beside Langosteira beach, along which the Camino enters the town (Rúa Anchoa, 56 · belafisterra.com). It is important for anyone riding a rental bike to know that it must be returned in Santiago de Compostela; a return anywhere else has to be arranged with Bicigrino beforehand and carries a surcharge. As for the bus back from Fisterra to Santiago, it is advisable to check with the bus company in advance about taking the bike on board.



Broken chain: how to fix it on the road

However well you prepare and however careful you are, these things happen, and they are part of the adventure. Don't worry: in a few steps you can fix the problem yourself and carry on with the Camino. You need a chain tool and a quick link compatible with your chain; Bicigrino rental bikes come with a multitool that includes the chain tool.

STEP 1 Cut out the damaged section of chain



Position the chain correctly in the tool and push the pin out, leaving it held in the outer plate.

1 Remove the damaged link

When a chain breaks, the affected link is left bent or open and cannot be reused. Use the chain tool to take it out completely and leave the chain split into two clean ends.

STEP 2 Make yourself comfortable

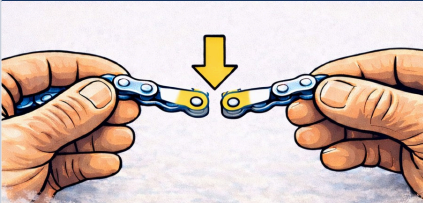


✓ Lay it down and leave the chain resting on the bottom bracket. ✗ We advise against turning the bike upside down.

2 Get comfortable

Do not turn the bike upside down: you can damage the saddle or the brake levers, the panniers fall off and, loaded, it weighs a ton. Lay it on its side and leave the chain resting on the bottom bracket, without scratching it.

STEP 3 With the chain off the chainrings

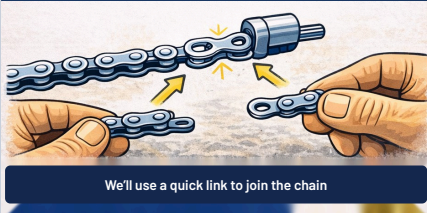


Now you can bring both ends together easily and slot the inner link between the outer plates.

3 Line up the ends

Both ends must finish in inner links, with the holes visible and clear. If they do not match, remove one more link. With the chain off the chainrings you will be able to bring them together by hand.

STEP 4 Use a quick link



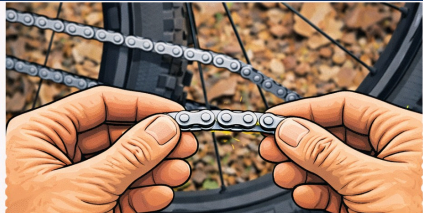
We'll use a quick link to join the chain

On Bicigrino rental bikes, the quick link is in the puncture repair kit.

4 Join with a quick link

Fit each half of the quick link into one of the ends and bring them together gently, without forcing. On Bicigrino rental bikes, the quick link is in the puncture repair kit.

STEP 5 The most delicate moment



Make sure the pin sits flush on both sides of the chain.

5 Check the join

This is the trickiest moment. Check that the link is centred, flush on both sides and with no twisted plates. Pull with your hands so that the two halves engage with each other.

STEP 6 Before setting off again



Put your foot on the pedal and give a firm push forward so the chain seats properly.

6 Lock it with the pedal

Put the chain back on the bike, rest your foot on the pedal and give it a firm push forwards. That locks the quick link and leaves the chain ready to roll.



Puncture: change the tube

It is a matter of luck, and you may well end up with a puncture. The best repair is the one that holds best and holds you up least, so we recommend changing the tube and leaving the patch for later. If the problem is beyond you, the workshop network on the next page and Bicigrino assistance are there for that.

STEP 1 Take the wheel off (thru-axe)



1. Unscrew the axle
Allen (hex)

2. Pull the axle out

3. Take the wheel off

You'll see it comes out almost by itself!

1 Take the wheel off

The first step is to take the wheel off. If your bike has a thru-axle, the norm today, you will need an Allen (hex) key of the right size for your axle, which varies from bike to bike: unscrew it and pull it out. Once it is fully out, the wheel drops out by itself.

STEP 2 DON'T touch the brake lever



! Don't touch the brake lever

If that happens: you'll have to prise them apart with a lever.

Don't even look at it during the whole process!

2 Don't touch the brake lever

Throughout the process, do not touch the brake lever, or the pads will close and you will have to lever them apart.

STEP 3 Unseat the tyre and keep the important bits



1. Unseat the tyre
Tyre levers

2. Keep the cap and locking

Bicigrino tip: Stiff e-bike tyre: rest the wheel on the ground and push down on the rubber with your feet, only on the rubber.

Don't drop them on the ground: you'll need them later

3 Unseat the tyre; keep cap and locking

Use the tyre levers to get the tyre off. Put the valve cap and locking in your pocket: dropping them on the ground is a cardinal sin and, besides, you will need them later.

STEP 4 Take out and replace the inner tube



1. Take out the tube
Tyre levers

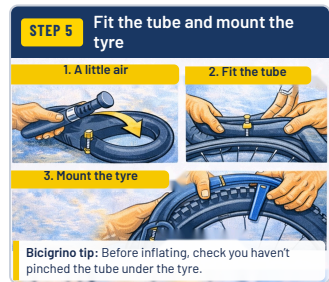
2. Replace it with a new one

Bicigrino tip: If your tube has puncture sealant, replace it with another of the same type.

4 Take out the punctured tube

Take out the punctured tube, roll it up and put it away so you do not confuse it with the new one; there will be time to patch it later. Before going on, check that the tyre has no thorn stuck in it and no cut.

STEP 5 Fit the tube and mount the tyre



1. A little air

2. Fit the tube

3. Mount the tyre

Bicigrino tip: Before inflating, check you haven't pinched the tube under the tyre.

5 Fit the new tube

Inflate the new tube a little. Push the valve through the hole first, screw the locking on lightly to hold it in place and tuck the tube inside the tyre. Seat the tyre on the rim, with your hands if possible, making sure you do not pinch the tube between tyre and rim.

STEP 6 Inflate the tyre



1. Inflate the tyre little by little

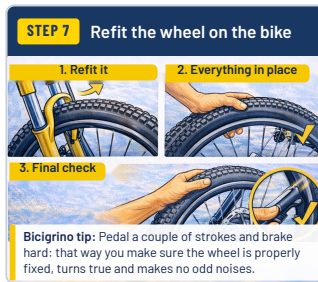
2. Check the whole tyre

Bicigrino tip: Before fully inflating, squeeze the tyre with your hands all the way round the wheel.

6 Inflate before fitting the wheel

Do not fit the wheel before inflating it: it is far more awkward. Push the pump head on firmly, hold it so it does not twist the valve and be patient: add pressure until the tyre gives only slightly when you squeeze it hard with your fingers.

STEP 7 Refit the wheel on the bike



1. Refit it

2. Everything in place

3. Final check

Bicigrino tip: Pedal a couple of strokes and brake hard: that way you make sure the wheel is properly fixed, turns true and makes no odd noises.

7 Refit the wheel

To refit the wheel, use the disc and the gap between the pads as your reference. Once it is in, the pads themselves act as a guide and bring the hub into place as you lower the bike onto the wheel. Put the axle back in and tighten it firmly, but sensibly.

Can't fix it yourself?

Bicigrino 24-hour assistance, by phone and WhatsApp:

+34 627 92 82 13

We will point you to the nearest workshop in the network.



Workshops along the route

Bicigrino's network of partner workshops on the Camino Francés, one at each key point of the route, both for those travelling with their own bike and for rental customers. Bicigrino assistance by phone and WhatsApp: +34 627 92 82 13.

WHERE THEY ARE · FROM SAINT-JEAN-PIED-DE-PORT (RIGHT) TO SANTIAGO (LEFT)



1 SAINT-JEAN-PIED-DE-PORT

Maya Sport

18 Avenue du Jaï Alai, 64220 Saint-Jean-Pied-de-Port, France
+33 5 59 37 15 98
Mon-Sat 9-12, 14-19

2 PAMPLONA

Mundoraintxe

C/ Nueva 121 bajo, 31001 Pamplona
948 21 30 33
Mon-Fri 9-14, 17-19:30; Sat closed

3 ESTELLA

Ciclos Lizarra

C/ Monasterio de Irache 2 bajo, 31200 Estella
948 55 01 64
Mon-Fri 9:30-13:30, 17-20; Sat 9:30-13

4 LOGROÑO

Hogar Ciclos

C/ General Vara de Rey 51 bajo, 26002 Logroño
941 26 12 36
Mon-Fri 10-13:30, 17-20:30; Sat 10-13:30

5 NÁJERA

Ciclos Baños

Pol. La Pedregosa, C/ Los Álamos 11, 26300 Nájera
941 36 34 82
Mon-Fri 9-18; Sat closed

6 SANTO DOMINGO DE LA CALZADA

Demanda Ciclos

C/ San Roque 24, 26250 Santo Domingo de la Calzada
941 34 00 11
Mon-Fri 9-13:15, 16:30-20; Sat 9-13:15

7 BURGOS

Velobur

Avenida de la Paz 7, 09004 Burgos
947 21 13 03
velobur.es
Mon-Fri 8:30-14, 17-18:30; Sat 10-14

8 CARRIÓN DE LOS CONDES

Taller Pedro Díez

C/ Las Cercas 1, 34120 Carrión de los Condes
979 88 03 40
Mon-Fri 9-14, 16-19; Sat closed

9 SAHAGÚN

Garaje Redondo

C/ Flora Flórez 18, 24320 Sahagún
987 78 00 13
Mon-Fri 8-15; Sat 9-14

10 LEÓN

Bicicletas Blanco

C/ Teniente Andrés González 1 bajo, 24005 León
987 20 96 10
bicicletasblanco.com
Mon-Fri 10-13:30, 16:30-20; Sat closed

11 ASTORGA

Liébana Bike

C/ El Pozo 4, 24700 Astorga
987 61 69 27
Mon-Fri 10-14, 17-20; Sat 10-14

12 PONFERRADA

Inercia Ponferrada

C/ General Gómez Núñez 40, 24400 Ponferrada
987 02 11 16
Mon-Fri 10-13:30, 17-20:30; Sat closed

13 SARRIA

Santa Bikes

Rúa da Liberdade 192, 27600 Sarria
621 62 17 44
Mon-Fri 10-13:30, 16:30-20; Sat closed

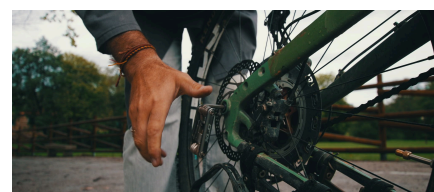
14 ARZÚA

Lamas Bikes (Comercial Lamas)

Rúa Lugo, 131, 15810 Arzúa
981 50 80 13 / 696 614 528
Mon-Fri 10-19; Sat mornings

BICIGRINO'S MAIN PARTNER

Assistance-network workshop and logistics base: the whole rental fleet is stored and prepared here.



Mechanical assistance on the route during the Bicigrino shoot on the Camino.

Albergues for bicigrinos

All the albergues on this list have been vetted by Bicigrino and welcome cyclists and their bikes: that is the condition for being listed on bicigrino.com. They are in order from Saint-Jean-Pied-de-Port to Santiago; full details and bookings on the website.

FRANCE

SAINT-JEAN-PIED-DE-PORT 780 km to Santiago



Gîte Ultraia

8 Rue de la Citadelle, 64220 Saint Jean Pied de Port
0033680884622 ·
gite.ultraia@vertesmontagnes.fr
www.ultraia64.fr

ORISSON

772 km to Santiago

Refuge Orisson

Jean-Jacques Etchandy - BP 12, 64220 Uhart-Cize
0559491303 · refuge.orisson@wanadoo.fr
www.refuge-orisson.com

NAVARR

ZUBIRI

733 km to Santiago

Albergue Suseia

C/ Murelu nº 12, Zubiri - Navarra
948 304 353 · info@suseiazubiri.com
www.suseiazubiri.com

LARRASOAÑA

728 km to Santiago

Albergue San Nicolás

C/ Sorandi, 5-7, Larrasoña - Navarra
619 559 225 · alberguesannicolas@gmail.com
www.alberguesannicolas.com

VILLAVA

715 km to Santiago

Albergue de Villava

C/ Pedro de Atarrabia, 17-19 trasera, 31610 Villava-Atarrabia
948 517 731 · info@alberguedevillava.com
alberguedevillava.com

PAMPLONA

712 km to Santiago



Albergue Casa Ibarrola

Calle del Carmen, 31, 31100 Pamplona (Navarra)
948 223 332 · info@casaiabarrola.com
www.casaiabarrola.com

MURUZÁBAL

692 km to Santiago

Albergue El Jardín de Muruzábal

C/ Montevejo, 21, 31152 Muruzábal (Navarra)
696 688 399
alberguejardindemuruzabal.com

PUEENTE LA REINA

688 km to Santiago



Albergue Jakue

Irunbidea, s/n, 31100 Puente la Reina (Navarra)
948 341 017 · hotel@jakue.com
www.jakue.com

MAÑERU

683 km to Santiago

Albergue El Cantero

Calle Esperanza, 2, 31130 Mañeru (Navarra)
948 342 142 · info@albergueelcantero.com
www.albergueelcantero.com

VILLATUERTA

670 km to Santiago

La Casa Mágica

Calle Rebote, 5, 31132 Villatuerta (Navarra)
948 732 313 · aquaverum@gmail.com

ESTELLA

666 km to Santiago

Albergue Oncinada

Calle Monasterio de Irache, 11, 31200 Estella - Lizarra (Navarra)
948 555 022 · info@albergueestella.com
www.albergueestella.com

VIANA

626 km to Santiago



Albergue Izar

C/ El Cristo, 6, 31230 Viana (Navarra)
948 090 002 · info@albergueizar.com
www.albergueizar.com

LA RIOJA

LOGROÑO

616 km to Santiago

Check In Rioja

C/ Los Baños, 2, 26001 Logroño (La Rioja)
941 272 329 · info@checkinrioja.com
www.checkinrioja.com

NAVARRETE

603 km to Santiago



Albergue El Cantaro

Calle Herreras, 16, 26370 Navarrete (La Rioja)
941 441 180 · info@albergueelcantaro.com
www.albergueelcantaro.com

VENTOSA

599 km to Santiago



Albergue San Saturnino

C/ Mayor, 33, 26371 Ventosa (La Rioja)
941 441 899 · ventosa@jacobeos.net
www.jacobeos.net

NÁJERA

587 km to Santiago

Albergue Puerta de Nájera

C/ Carmen Nº 4 / C/ Ribera del Najerilla 1, 26300 Nájera (La Rioja)
941 362 317 · albergue@alberguedenajera.com
www.alberguedenajera.com

AZOFRA

582 km to Santiago

Albergue de Azofra

Calle Las Parras, 7, 26323 Azofra (La Rioja)
941 379 325 · ayuntazofra@riojatel.org
www.azofra.org/Albergue-Municipal.5823.0.html

CIRUEÑA

572 km to Santiago



Albergue Casa Victoria

San Andres, 10, 26258 Cirueña (La Rioja)
941 426 105 · albergue@casavictoriarural.com

GRAÑÓN

560 km to Santiago

Albergue Ave de Paso

C/ El Caño, 19, 26259 Grañón (La Rioja)
666 801 051 · avedepasoalbergue@outlook.es

BURGOS

CASTILDELGADO

554 km to Santiago

Albergue Bideluze

C/ Mayor, 8, 09259 Castildelgado (Burgos)
987 134 915 · info@alberguebideluze.com
www.alberguebideluze.com

BELORADO

544 km to Santiago



Hostal A Santiago

Camino Redoña S/N, 09250 Belorado, Burgos
947 562 164 · albergueasantiago@hotmail.com
www.a-santiago.es

VILLAFRANCA MONTES DE OCA

532 km to Santiago

Albergue S.Anton Abad

C/ Hospital, 4 (Antiguo hospital de peregrinos),
09257 Villafranca Montes de Oca (Burgos)
947 582 150 · hotelsantonabad@gmail.com
www.hotelsantonabad.com

TARDAJOS

482 km to Santiago



Albergue La Fábrica

Camino de la Fábrica 27, 09130 Tardajos (Burgos)
620 111 939 · cristina@alberguelafabrica.com
www.alberguelafabrica.com

HORNILLOS DEL CAMINO

472 km to Santiago

Albergue Meeting Point

C/ Cantarranas, 3, 09239 Hornillos del Camino
(Burgos)
608 113 599 · info@hornillosmeetingpoint.com
www.hornillosmeetingpoint.com

HONTANAS

461 km to Santiago



Albergue El Puntido

Calle La Iglesia, 6, 09227 Hontanas (Burgos)
947 378 597 · contacto@puntido.com
www.puntido.com

Albergue Santa Brígida

Calle Real, 15, 09227 Hontanas (Burgos)
609 164 697 · felixrodrigo444@hotmail.com

CASTROJERIZ

454 km to Santiago

Albergue Rosalía

Calle Cordón, 2, 09110 Castrojeriz (Burgos)
947 373 714 · info@alberguerosalia.com



Albergue Ultreia

C/ Real de Oriente, 77, 09110 Castrojeriz (Burgos)
947 378 640 ·
albergue.ultreia.castrojeriz@gmail.com

PALENCIA

BOADILLA DEL CAMINO

433 km to Santiago

Albergue en el Camino

Calle Francos, 3, 34468 Boadilla del Camino
(Palencia)
979 810 284 · boadillaman@hotmail.com
www.boadilladelcamino.com

FROMISTA

427 km to Santiago

Albergue municipal Fromista

Calle Hospital, S/N, 34440 Fromista (Palencia)
686 579 702 · carmen-hospitalera@live.com

CALZADILLA DE LA CUEZA

390 km to Santiago



Albergue Camino Real

Calle Travesía Mayor S/N, 34309 Calzadilla de la
Cueza (Palencia)
979 883 163 · cesaracero2004@yahoo.es

LEDIGOS

384 km to Santiago

Albergue el Palomar

C/ Ronda de Abajo, 23, Ledigos (Palencia)
979 883 605

TERRADILLOS TEMPLARIOS

381 km to Santiago



Jacques de Molay

C/ La Iglesia, 18, Terradillos de los Templarios
(Palencia)
979 883 679 · yaquesdemolay@hotmail.com

SAN NICOLÁS DEL REAL CAMINO

376 km to Santiago

Albergue Laganares

Plaza Mayor S/N, 34349 San Nicolás del Real
Camino (Palencia)
979 188 142 · laganares@yahoo.es
www.alberguelaganares.com

LEÓN

SAHAGÚN

368 km to Santiago

Albergue Viatoris

Calle Arco Travesía, 25, 24320 Sahagún (León)
987 780 975 · aaocho@hotmail.com
www.viatoris.es

MANSILLA DE LAS MULAS

331 km to Santiago

Albergue el Jardín del Camino

Calle Camino de Santiago, 1, 24210 Mansilla de las
Mulas (León)
987 310 232 · olgabrez@yahoo.es
www.mansilladelasmulas.com

LEÓN

311 km to Santiago



Albergue San Francisco de Asís

C/ . Alcalde Miguel Castaño, 4, 24005 León
637 439 848 ·
reservas.leon@alberguescapuchinos.org
www.alberguescapuchinos.org

Santo Tomás de Canterbury

Calle Avda de La Lastra, 53, 24005 León
987 392 626 · info@alberguesantotomas.com
www.alberguesantotomas.com

VALVERDE DE LA VIRGEN

304 km to Santiago

Albergue La Casa del Camino

Camino El Jano, 2A, 24391 Valverde de la Virgen
(León)
987 303 455 · lacasadelcamino@gmail.com
alberguelacasadelcamino.com

VILLAVANTE

284 km to Santiago

Albergue Santa Lucia

Calle Doctor Veléz, 17, 24393 Villavante (León)
987 389 105 · contacto@alberguesantalucia.es
www.alberguesantalucia.es

HOSPITAL DE ÓRBIGO

280 km to Santiago



Albergue San Miguel

Calle Álvarez Vega, 35, 24286 Hospital de Órbigo
(León)
987 388 285 · info@alberguesanmiguel.com
www.alberguesanmiguel.com

ASTORGA 262 km to Santiago**Albergue San Javier**

Calle Portería, 6, 24700 Astorga (León)
987 618 532 · alberguesanjavier@hotmail.com

RABANAL DEL CAMINO 242 km to Santiago**Albergue Ntra. Sra. del Pilar**

Plaza de Jerónimo Moran Alonso, 24722 Rabanal del Camino (León)
987 631 621 · rabanalelpilar@hotmail.com
www.alberguedelpilar.com

EL ACEBO 225 km to Santiago**Albergue la Casa del Peregrino**

Ctra. de Compludo, s/n, 24413 El Acebo (León)
987 057 793 · alberguelacasadelperegrino@gmail.com
www.alberguelacasadelperegrino.es

MOLINASECA 217 km to Santiago**Albergue Santa Marina**

Travesía Fraga Iribarne, S/N, Molinaseca (León)
653 375 727 · crismolinaseca@hotmail.com

PONFERRADA 212 km to Santiago**Albergue Guiana**

Avenida del Castillo 112-114, 24400 Ponferrada (León)
987 409 327 · info@albergueguiana.com
www.albergueguiana.com

VILLAFRANCA DEL BIERZO 186 km to Santiago**Albergue de la Piedra**

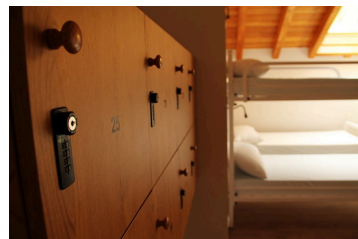
C/ Espíritu Santo 14, 24500 Villafranca del Bierzo (León)
987 540 260 · info@alberguedelapiedra.com
www.alberguedelapiedra.com

LA PORTELA DE VALCARCE 170 km to Santiago**Albergue el Peregrino**

Ctra. Nacional VI s/n, 24524 La Portela de Valcarce (León)
987 543 197 · gerencia@laportela.com
www.laportela.com

RUITELÁN 165 km to Santiago**Albergue Pequeño Potala**

C/ Carretera Nacional 6, Nº 20, 24520 Ruitelán (León)
987 561 322 · pequepotala@hotmail.com

HERRERÍAS DE VALCARCE 163 km to Santiago**Albergue Casa Lixa**

C/ Camino de Santiago 35, 25526 Herrerías de Valcarce (León)
987 134 915 · info@casalixa.com
www.casalixa.com

LA LAGUNA DE CASTILLA 158 km to Santiago**Albergue La Escuela**

C/ Camino de Santiago, 24526 Laguna de Castilla (León)
987 684 786 · baralbergueescuela@hotmail.es

LUGO**PEDRAFITA DO CEBREIRO** 155 km to Santiago**Albergue Linar do Rei**

LU-633 Liñares s/n, 27671 Pedrafita do Cebreiro (Lugo)
616 464 831 · linardorei@gmail.com

FONFRÍA DEL CAMINO 143 km to Santiago**Albergue A Reboleira**

C/ Camino de Santiago, 15, 27671 Fonfría del Camino (Lugo)
982 181 271 · alberguefonfria@yahoo.es

TRIACASTELA 141 km to Santiago**Albergue Complexo Xacobeo**

C/ L. Cadorniga Carro, 4, 27632 Triacastela (Lugo)
982 548 037 · info@complexoxacobeo.com
www.complexoxacobeo.com

SAN MAMEDE DO CAMIÑO 116 km to Santiago**Albergue Paloma y Leña**

San Mamede, S/N, 27619 Sarria (Lugo)
982 533 248 · contacto@palomaylena.com
www.palomaylena.com

SARRIA 113 km to Santiago**Albergue Los Blasones**

C/ Mayor, 31, 27600 Sarria (Lugo)
600 512 565 · info@albergue losblasones.com
www.albergue losblasones.com

**Albergue a Pedra**

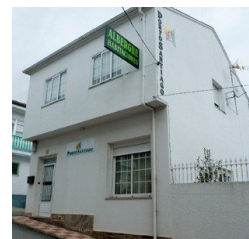
C/ Vigo de Sarria, 19, 27600 Sarria (Lugo)
982 530 130 · apedra@telefonica.net
www.albergueapedra.com

BARBADELO 109 km to Santiago**Albergue Casa a Carmen**

San Silvestre, 3, 27600 Barbadelo-Sarria (Lugo)
982 532 294 · albergueacasadecarmen@gmail.com

PARADELA 99 km to Santiago**Albergue Casa do Rego**

Calle A Pena, 4, 27611 Paradelas (Lugo)
982 167 812 · casadoregopena@gmail.com
www.casadorego.com

PORTOMARÍN 92 km to Santiago**Albergue PortoSantiago**

C/ Diputación, 8, 27170 Portomarín (Lugo)
618 826 515 · info@albergueportosantiago.com
www.albergueportosantiago.com

**Albergue Ultraia**

C/ Diputación, 9, 27170 Portomarín (Lugo)
982 545 067 · info@ultraiaportomarin.com
www.ultraiaportomarin.com

VENTAS DE NARÓN 78 km to Santiago**Albergue O Cruceiro**

Ventas de Narón (Lugo)
658 064 917 · delinavazquez@hotmail.es
albergueocruceiro.blogspot.com.es

PALAS DE REI

65 km to Santiago

Albergue Buen Camino

Rua del Peregrino, 3, 27200 Palas de Rei (Lugo)
 982 380 233 · alberguebuencamino@yahoo.es
 www.alberguebuencamino.com

**Albergue San Marcos**

Travesía de la Iglesia, S/N, 27200 Palas de Rei (Lugo)
 982 380 711 · info@alberguesanmarcos.es
 www.alberguesanmarcos.es

A CORUÑA**MELIDE**

57 km to Santiago

Albergue Pereiro

Calle Progreso, 43, 15800 Melide (A Coruña)
 981 506 314 · info@alberguepereiro.com
 www.alberguepereiro.com

ARZÚA

37 km to Santiago

**Albergue Don Quijote**

C/ Lugo, 130-1ª, 15810 Arzúa (A Coruña)
 981 500 139 · alberguedonquijote@hotmail.com
 www.alberguedonquijote.com

**Albergue Ulteira**

Calle de Lugo, 126 (Km 37,5), 15810 Arzúa (A Coruña)
 981 500 471 · info@albergueulteira.com
 www.albergueulteira.com

SANTA IRENE

22 km to Santiago

Albergue Santa Irene

Santa Irene (Concello do Pino)
 981 511 000

ARCA O PINO

19 km to Santiago

Albergue Edreira

Rúa da Fonte, 19, Arca o Pino (A Coruña)
 981 511 365 · info@albergue-edreira.com
 www.albergue-edreira.com

Albergue O Burgo

Parroquia de Arca, Concello de O Pino (A Coruña)
 630 404 138 · albergueoburgo@gmail.com
 www.albergueoburgo.es

PEDROUZO

19 km to Santiago

Albergue Porta de Santiago

Avenida de Lugo, 11, 15821 Pedrouzo (Parroquia de Arca - O Pino)
 981 511 103 · portadesantiago@hotmail.com
 www.portadesantiago.com

SANTIAGO DE COMPOSTELA**Loop INN Hostel Santiago de Compostela**

Rúa de Tras Santa Clara s/n, 15704 Santiago de Compostela (A Coruña)
 981 585 667 · info@loopinnhostels.com
 loopinnhostels.com/santiago

CAMINO TO FISTERRA AND MUXÍA**NEGREIRA**

21 km from Santiago

Albergue San José

Calle de Castela, 20, 15830 Negreira (A Coruña)
 881 976 934 · info@alberguesanjose.es
 www.alberguesanjose.com.es

OLVEIROA

55 km from Santiago

Albergue Casa Loncho

15151 Olveiroa - Dumbria, A Coruña
 981 741 673 · casaloncho@gmail.com
 www.casaloncho.com/ES/intro.html

MUXÍA

87 km from Santiago

Bela Muxía

Rúa da Encarnación, 30, 15124 Muxía (A Coruña)
 687 798 222 · albergue@belamuxia.com
 www.belamuxia.com

Hotels for bicigrinos

Hotels, small guesthouses (hostales) and rural guesthouses (casas rurales) vetted by Bicigrino, which welcome cyclists and their bikes: that is the condition for being listed on bicigrino.com. They are in order from Saint-Jean-Pied-de-Port to Santiago; full details and bookings on the website.

FRANCE

SAINT-JEAN-PIED-DE-PART 780 km to Santiago

Hotel Camou

Route de Lasse, 64220 Uhart-Cize · Saint-Jean-Pied-de-Port
0033559370278 ·
relaiscompostelle64@gmail.com

NAVARRRE

RONCESVALLES 755 km to Santiago

Hostal Casa Sabina

Carretera N-135, s/n. 31650 Orreaga-Roncesvalles. Navarra
948 760 012 · casasabina@roncesvalles.es
casasabina.roncesvalles.es



Hotel Roncesvalles

Calle Nuestra Señora de Roncesvalles, 14. 31650 Orreaga-Roncesvalles. Navarra
948 760 105 · hotel@roncesvalles.es
hotelroncesvalles.roncesvalles.es

La Posada de Roncesvalles

Carretera N-135, s/n. 31650 Orreaga-Roncesvalles. Navarra
948 790 322 · laposada@roncesvalles.es
laposada.roncesvalles.es

ZUBIRI

733 km to Santiago



Hotel Akerreta

C/ Transfiguración, 11, 31698 Akerreta (Navarra)
948 304 572
www.hotelakerreta.com

PAMPLONA

712 km to Santiago



Hotel Maisonnave

C/ Nueva 20, 31001 Pamplona, Navarra (España)
948 222 600 · informacion@hotelmajonnave.es
www.hotelmajonnave.es

Hotel Pamplona Catedral

Calle dos de Mayo, 4, 31001 Pamplona
948 226 688 · info@pamplonacatedralhotel.com
www.pamplonacatedralhotel.com

PUENTE LA REINA

688 km to Santiago



Hotel Jakue

C. Irunbidea 34, 31100 Puente la Reina, Navarra
948 341 017 · hotel@jakue.com
hotelalberguejakue.com

ESTELLA

666 km to Santiago

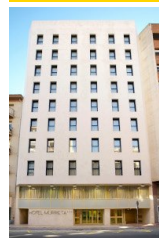
Hotel Tximista

C/ Zaldú 15, 31200 Estella (Navarra)
948 555 870 · info@hoteltximista.com
www.hoteltximista.com

LA RIOJA

LOGROÑO

616 km to Santiago



Hotel Murrieta

Calle Marqués de Murrieta, 1. Logroño. La Rioja
941 224 150
hotelmurrieta.com

NÁJERA

587 km to Santiago

Hostal Ciudad de Nájera

Cuarta Calleja de San Miguel 14, 26300 Nájera (La Rioja)
941 360 660 · ciudaddenajera@gmail.com
www.ciudaddenajera.com

VILORIA DE RIOJA

552 km to Santiago

Mihotelito Boutique Hotel

Plaza Mayor, 16, 09259 Viloria de Rioja (Burgos)
947 585 225 · mihotelito@mihotelito.es
www.mihotelito.es

BURGOS

VILLAMAYOR DEL RÍO

548 km to Santiago



Casa Rural Aldea encantada

C/ Barrio de Arriba, 102, 49639 Quintanilla del Monte (Burgos)
947 580 484 · informacion@laalde encantada.es
www.laaldeaencantada.es

VILLAFRANCA MONTES DE OCA

532 km to Santiago

Hotel San Anton Abad

C/ Del Hospital, 4, 09257 Villafranca Montes de Oca
947 582 149 · hotelsanantonabad@gmail.com
www.hotelsanantonabad.com

BURGOS

492 km to Santiago



Hotel Norte y Londres

Plaza Alonso Martínez, 10, 09003 Burgos, España
947 264 125 · info@hotelnorteylondres.com
www.hotelnorteylondres.com

HONTANAS

461 km to Santiago

**Villa Fontanas**

Calle Real, 23. Hontanas. Burgos
680 296 238 · reservas@hotelvillafontanas.com
www.hotelvillafontanas.com

CASTROJERIZ

454 km to Santiago

La Posada de Castrojeriz

C/ Lancelino Tardajos, 5, Castrojeriz, Burgos
947 378 610 · info@laposadadecastrojeriz.es
www.laposadadecastrojeriz.es

PALENCIA**BOADILLA DEL CAMINO**

433 km to Santiago

**Hotel Rural En El Camino**

Calle del Rosario, 1. 34468 Boadilla del Camino.
Palencia
979 810 999 · hotelrural@boadilladelcamino.com
www.boadilladelcamino.com/hotel

FRÓMISTA

427 km to Santiago

Hotel Doña Mayor

Calle Francesa, 31, 34440 Frómista, Palencia
630 224 369 · reservas@hoteldonamayor.com
hoteldonamayor.com/es

**Hotel San Martín**

Plaza de San Martín, 7, 34440 Frómista
979 810 000 · info@hotelsanmartin.es
www.hotelsanmartin.es

LEÓN**SAHAGÚN**

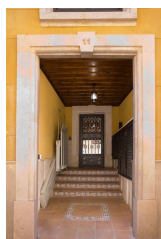
368 km to Santiago

**Hostal Domus Viatoris**

Ctra Arriondas, 1, 24320 Sahagún, León
987 780 349 · AAOCHO@hotmail.com
www.domusviatoris.com

LEÓN

311 km to Santiago

**Hostal Casco Antiguo**

C/ Cardenal Landázuri, 11, 24003 León
987 074 000 · aldaleon1@hotmail.com
www.aldacascoantiguo.es

ASTORGA

262 km to Santiago

**Hotel Gaudí**

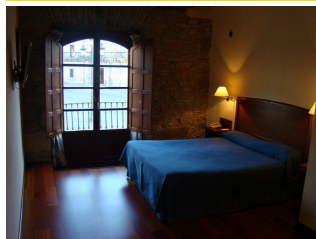
Plaza de Eduardo Castro, 6, 24700 Astorga, León
987 615 654 · reservas@gaudihotel.es
gaudihotel.es

Hotel Spa Ciudad de Astorga

C/ Los Sitios, 7, 24700 Astorga, León
987 603 001 · reservas@hotelciudaddeastorga.com
www.hotelciudaddeastorga.com

PONFERRADA

212 km to Santiago

**Hotel Aroi Bierzo Plaza**

Plaza del Ayuntamiento, 4, 24401 Ponferrada,
León
987 409 001 · bierzoplaza@aroioteles.com
www.aroioteles.com

CACABELOS

193 km to Santiago

**Hotel La Moncloa de San Lázaro**

C/ Cimadevilla, 97, 24540 Cacabelos (León)
987 546 101 · info@moncloadesanlazaro.com
www.moncloadesanlazaro.com

VILLAFRANCA DEL BIERZO

186 km to Santiago

Hostal Mendez

C/ Espíritu Santo, 1, 24500 Villafranca del Bierzo
(León)
987 540 055 · info@restaurantemendez.com
www.restaurantemendez.com

**Las Doñas del Portazgo**

C/ Ribadeo, 2. Calle del Agua (Esq. Plaza Catalina),
24500 Villafranca del Bierzo (León)
987 542 742 · info@elportazgo.es
www.elportazgo.es

LAS HERRERÍAS DEL VALCARCE

163 km to Santiago

**Paraíso del Bierzo**

24526 Las Herrerías de Valcarce, León
987 684 138 · paraísojorge@gmail.com
www.paraísodelbierzo.com

LUGO**CEBREIRO**

155 km to Santiago

Hotel O' Cebreiro

Cebreiro s/n, Pedrafita do Cebreiro, 27670 Lugo
982 367 182 · informacion@hotelcebreiro.com
www.hotelcebreiro.com

SAMOS

132 km to Santiago

Casas de Outeiro

C/ Fontau, 15, 27620 Samos (Lugo)
680 379 969 · info@casasdeouteiro.com
www.casasdeouteiro.com

**Hotel A Veiga**

Calle Compostela, 61. Samos. Lugo
982 546 052 · hotelaveiga@hotmail.com
hotelaveiga.com

Hostal Domus Itineris

C/ Salvador, 2, 27620 Samos (Lugo)
982 546 088 · contacto@domusitineris.com
www.domusitineris.com

PORTOMARÍN

92 km to Santiago

**Hotel Ferramenteiro**

Calle Chantada nº3, Portomarín (Galicia)
982 545 361 · info@hotelferramenteiro.com
www.hotelferramenteiro.com

PALAS DE REI

65 km to Santiago

Hotel La Cabaña

C/ Doctor Pardo Ouro (enfrente centro de salud),
27200 Pallas de Rei
982 380 750 ·
complejolacabana@complejolacabana.com
www.complejolacabana.com

A CORUÑA**MELIDE**

57 km to Santiago

**Hotel Carlos 96**

Avenida de Lugo, 15, 15800 Melide
981 507 633 · gestion@hc96.com
www.hc96.com

ARZÚA

46 km to Santiago

Hostal Pazo de Sedor

Sedor – Castañeda, 15819 – Arzúa (La Coruña)
981 501 600 · info@pazodesedor.com
www.pazodesedor.com

**Hotel Arzúa**

Calle Lugo, 132. Arzúa. A Coruña
981 500 681 · info@hotelarzua.com
hotelarzua.com

Pension A Rua

Calle Lugo, 130 - 1.º, 15810 Arzúa (La Coruña)
981 500 139 · pensionrua@hotmail.com
www.pensionrua.com

O PINO

19 km to Santiago

**Hotel O Pino**

A Rúa, 9, Arca (O Pedrouzo), 15821 O Pino (A
Coruña)
981 511 035 · info@hotelopino.com
www.hotelopino.com

LAVACOLLA

11 km to Santiago

Pazo Xan Xordo

C/ Xan Xordo, 6, Lavacolla (15820), Santiago de
Compostela (A Coruña) España
981 888 259 · info@pazoxanxordo.com
www.pazoxanxordo.com

SANTIAGO DE COMPOSTELA**Hospedería San Martín Pinario**

Plaza da Inmaculada 3, 15704 Santiago de
Compostela, A Coruña
981 560 282
hospederia-san-martin-
pinario.bookstaygo.com/es

CAMINO TO FISTERRA AND MUXÍA**CORCUBIÓN**

77 km from Santiago

Casa da Balea

Calle Rafael Juan, 44, 15130 Corcubión (A Coruña)
981 746 645 · info@casadabalea.com
www.casadabalea.com

FISTERRA

89 km from Santiago

Hotel Bela Fisterra

Rúa Anchoa 56, 15154 Fisterra (A Coruña)
981 110 311 · info@belafisterra.com
www.belafisterra.com



MAIN RETURN POINT FOR BICIGRINO BIKES IN SANTIAGO

Hospedería San Martín Pinario

End your Camino sleeping in one of the largest monasteries in Spain, opposite the cathedral

183
ROOMS

16th c.
WELCOMING PILGRIMS SINCE

24 h
RECEPTION OPEN

1 min
ON FOOT FROM THE
CATHEDRAL

The Hospedería Seminario Mayor San Martín Pinario occupies the Benedictine monastery on the Praza da Inmaculada, opposite the north front of the cathedral, and has been receiving pilgrims since the end of the 16th century. For Bicigrino it is journey's end: this is where rental bikes are returned, where your luggage is waiting and where we recommend spending the night.

Sleeping in a monastery

126 rooms with private bathroom, heating and free Wi-Fi, furnished with wrought-iron pieces that recall the monks' old cells: twins, doubles and singles. A further 57 rooms, simpler and cheaper, are intended for pilgrims.

The shop

At the end of the main corridor is the guesthouse's souvenir shop. Bicigrino cycling kit is on sale there, so you can take the Camino jersey home with you.

The restaurant

The monastery dining room serves lunch and dinner, with a special, very reasonably priced set menu for pilgrims and bicigrinos (around €15; confirm on arrival). It is on the way to the courtyard where the bikes are left: if you arrive at lunchtime or dinnertime, this is the time to eat.

For groups

With 183 rooms, two dining rooms, a café, meeting and conference rooms, a lounge, a garden and a cloister, it is one of the few places in the historic centre able to accommodate a whole group under one roof, a stone's throw from the Obradoiro.

BOOK YOUR ROOM

981 56 02 82 · reservas@sanmartinpinario.eu

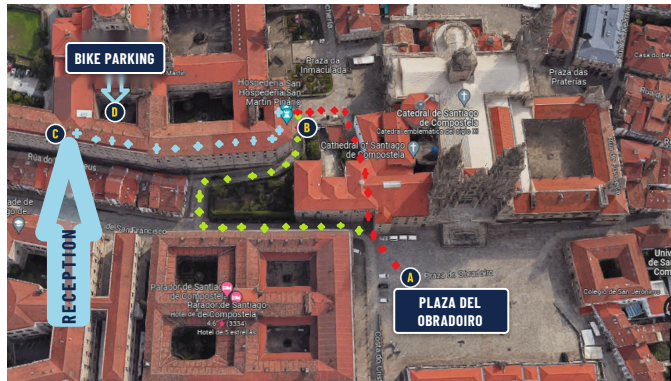
www.sanmartinpinario.es · Praza da Inmaculada, 3 · 15704 Santiago de Compostela

SAY YOU ARE BOOKING THROUGH

Bicigrino
SPECIAL RATES

How to return your bike in Santiago

You have reached the Obradoiro. The rental bike is returned two minutes from there, at the Hospedería San Martín Pinario, and the whole procedure takes no longer than the walk through the monastery.



From the Obradoiro to the guesthouse and, inside, to the bike parking. Aerial images: Google.



The guesthouse door (B): in green, the rideable approach from Rúa de San Francisco; in red, the one coming from the steps.

A Plaza del Obradoiro

C Reception

— Rideable approach, along Rúa de San Francisco: the one recommended with the bike

— Inside the building, to reception and the courtyard

B Guesthouse entrance, on the Praza da Inmaculada

D Bike parking, in the inner courtyard

— Approach through the tunnel beside the cathedral: it has steps

1 From the Obradoiro to the square

With the bike, follow the green line: leave the Obradoiro along Rúa de San Francisco, beside the Parador, turn right into the first street and right again to reach the Praza da Inmaculada, passing in front of the guesthouse façade. The tunnel beside the cathedral (red line) is shorter, but has steps.

2 Go in up the ramp

The main entrance has a ramp for wheeling the bike up. The porter's lodge is on the right; if it is open, they will advise you there about the bike and the luggage.

3 Follow the corridor, on foot

Wheeling the bike, walk along the corridor. You will leave the cloister, which can be visited, on your right and pass the restaurant and the shop.

4 Reception

At the end, on the right. Say you are returning a Bicigrino bike, give your details and they will show you the door to the inner courtyard.

5 Park in the courtyard

Leave the bike in the inner courtyard, locked and with the combination unchanged, together with the panniers and the tool kit.

6 Done

There is no need to wait for anyone: at reception they simply tell you where to leave it. The bike is checked by Bicigrino staff when they collect it and take it to the workshop. The water bottle is yours to keep as a souvenir.

YOUR LUGGAGE IS WAITING HERE

If you have booked luggage transfer to Santiago with Bicigrino, your suitcases are delivered to the guesthouse. Ask for them at the porter's lodge or at reception when you return the bike.

BEAR IN MIND

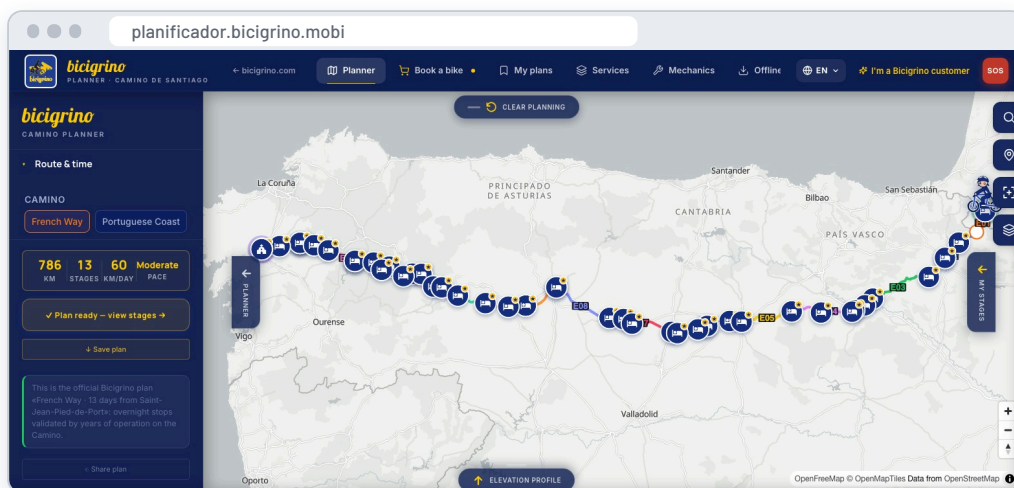
A return anywhere else must be arranged with Bicigrino beforehand and carries a €70 surcharge. If in any doubt, assistance by phone and WhatsApp: +34 627 92 82 13.



SCAN TO WATCH THE RETURN
VIDEO, STEP BY STEP

Plan your Camino visually

planificador.bicigrino.mobi is Bicigrino's tool for preparing the Camino de Santiago by bike. On a computer screen you can plan at leisure and see the big picture: the planning panel on the left, the map in the centre, your stages on the right and the elevation profile below.



The planner on a computer, with the complete Camino Francés calculated in ten stages. Mapping © OpenStreetMap, OpenMapTiles.

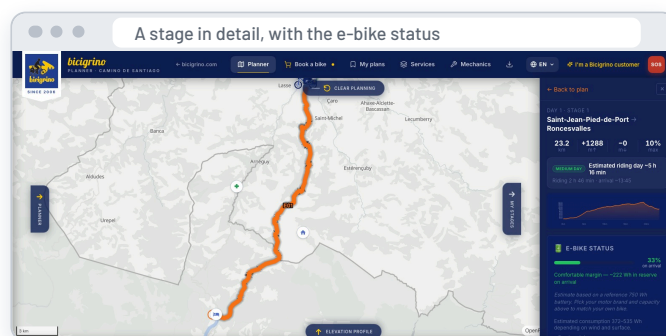
HOW IT WORKS

- 1 Choose your Camino and section**
 Camino Francés or Portuguese Coastal Way, with any start and finish points you like. The Norte, the Primitivo and the Via de la Plata are listed as coming soon.
- 2 Say how you travel**
 Days available, fitness and travel style (direct, balanced or leisurely). You can set fixed stops and the departure date.
- 3 Describe your bike**
 MTB, gravel or electric. For e-bikes, motor, battery and usual assistance mode: the plan works out how much charge you will have at each stage end.
- 4 Switch on tarmac mode**
 A toggle sends the whole route along tarmac, designed for gravel and road bikes and for muddy days.
- 5 Get your plan**
 Stages divided up to suit you: kilometres, climbing, maximum gradient, estimated riding time and warnings of difficult sections with their alternative.
- 6 Save it, take it along**
 Save the plan, share it or export it as PDF, GPX or KML, by stage or complete. The 'Llevar al móvil' (send to phone) button puts it on your phone.



Map layers

Verified workshops, charging points, Bicigrino Seal hotels and albergues, supermarkets, pharmacies, difficult sections, gradient map and surface type.



Every stage in detail

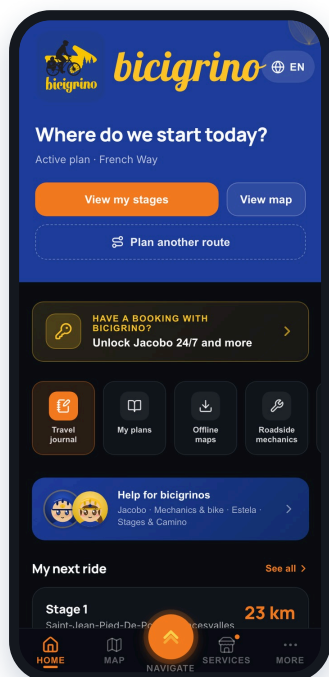
Its own profile, workshops on the route with kilometre point and phone number, recommended stops and accommodation and, on an e-bike, estimated consumption.

Battery warnings

If a stage is beyond your range, the plan flags it and suggests shortening it, using tarmac mode or charging halfway.

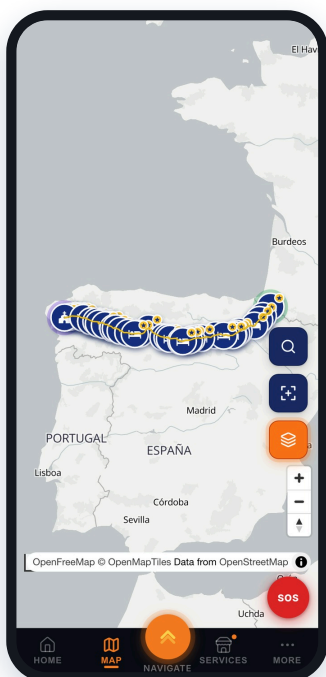
And on the road, your GPS on your phone

The same address, planificador.bicigrino.mobi, opens on your phone as a web app with the plan you prepared at home. On the bike it stops being a planner and becomes your navigator: the central 'Navegar' (navigate) button starts turn-by-turn GPS navigation on the Bicigrino track and shows your live position on the Camino.



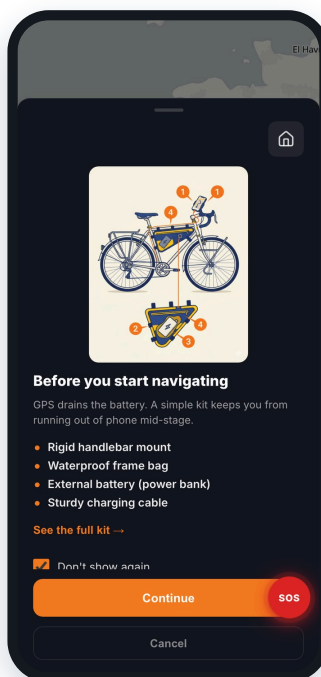
HOME (INICIO)

Your active plan and next departure, with access to the travel diary, your plans and the offline maps.



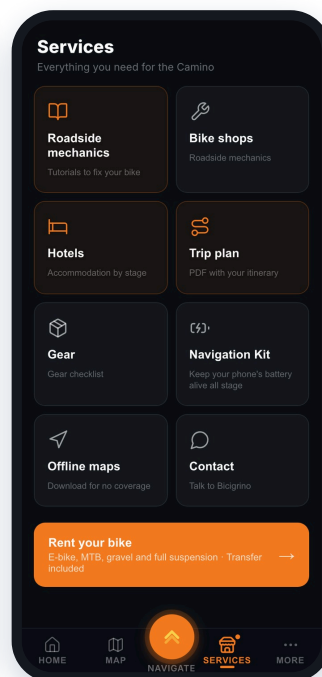
MAP (MAPA)

The route with the Bicigrino network's accommodation and services, the layers and the SOS button always to hand.



NAVIGATE (NAVEGAR)

Live GPS navigation. Before you set off, the app reminds you of the kit you need for your phone to last the stage.



SERVICES (SERVICIOS)

Roadside repairs, workshops, hotels, travel plan as a PDF, equipment and contact with Bicigrino.

Live GPS navigation

Follow the route in real time, stage by stage, as on a bike GPS: no tracks to download and no other app to install.

Repairs and SOS

Tutorials for fixing a breakdown on the road, the nearest workshops and the SOS button on every screen.

Offline maps

At home, on Wi-Fi, download the map and tracks of the Camino to navigate without mobile signal in the Pyrenees, on the Meseta or in rural Galicia.

For Bicigrino customers

Your rental booking unlocks additional features, including the Jacobo assistant, available 24 hours a day.

START PLANNING

planificador.bicigrino.mobi

On your computer to plan · on your phone to navigate

BOOK 2027 WITH

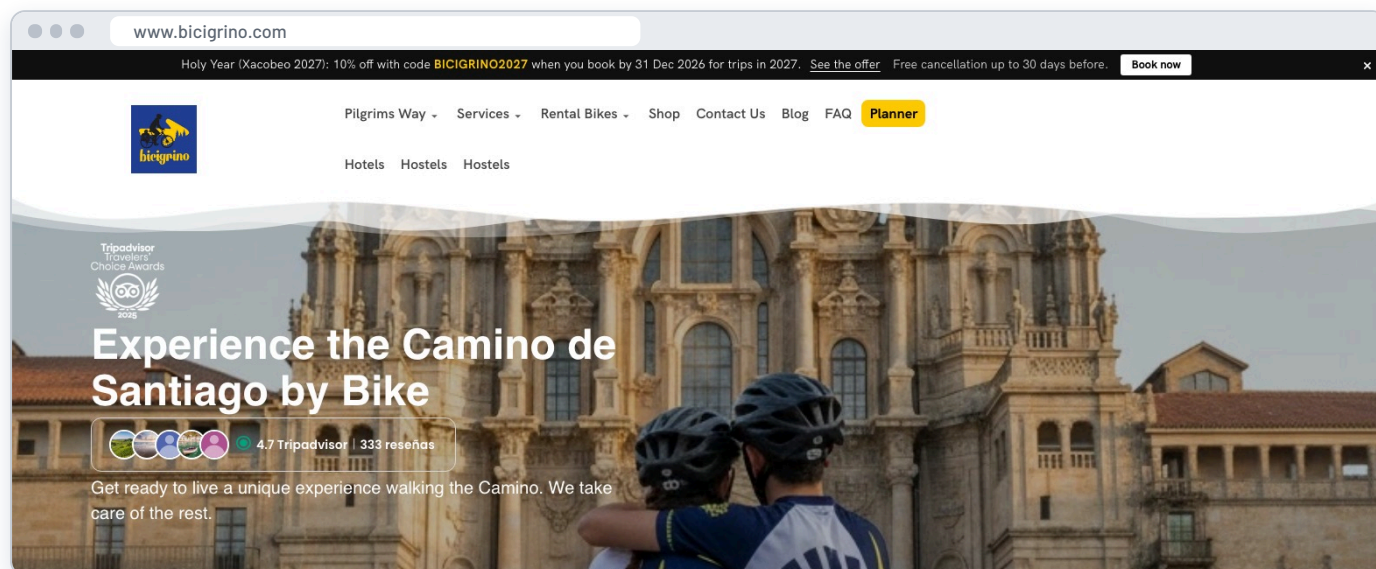
BICIGRINO2027

~10% ON RENTAL

Screenshots taken in October 2026; the planner is updated frequently and may have changed. Mapping © OpenStreetMap, OpenMapTiles.

bicigrino.com: the whole Camino by bike

At Bicigrino we rent bikes for long-distance touring and cover all the Caminos of Spain and Portugal, and even some routes in France. The website is the way in: there you will find the routes, the accommodation that welcomes bikes, the rates and the booking system.



9

CAMINOS WITH THEIR OWN PAGE

4.7

ON TRIPADVISOR · 333 REVIEWS

4

LANGUAGES: ES · EN · FR · PT

+15

YEARS OF EXPERIENCE

Camino

Francés, Portugués, Norte, Primitivo, Vía de la Plata, Salvador, Catalán, and the extensions to Fisterra and Muxía: the route of each one and its vetted hotels and albergues.

Rental

The five bike categories with their specifications and rates, and online booking with a calendar.

Services

Luggage transfer on the Camino, bike transport, tailor-made planning, deposit and guarantee, and assistance insurance.

Blog

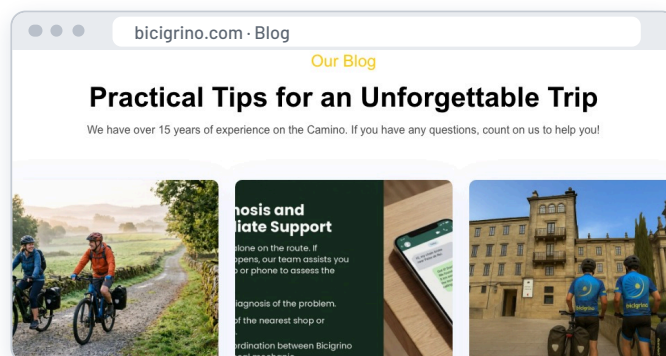
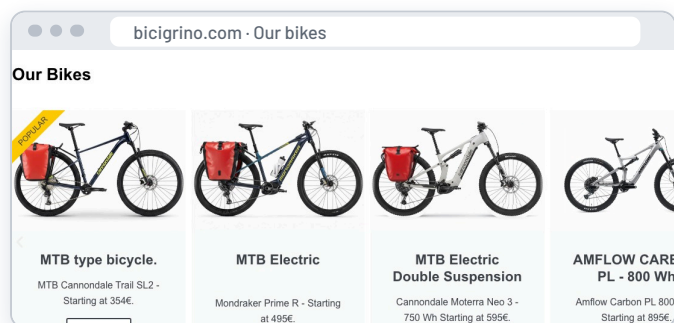
Practical tips and news: how to fix a breakdown, which Camino to choose, what to do on arriving in Santiago, the 2027 Holy Year.

Shop and FAQs

Bicigrino cycling kit and the answers to the most common questions before booking.

Planner

Direct access from the menu to the route planner described on the previous two pages.



WEBSITE
www.bicigrino.com

PLANNER
planificador.bicigrino.mobi

EMAIL
tomas@bicigrino.com

PHONE AND WHATSAPP
[+34 627 92 82 13](tel:+34627928213)

Tripadvisor rating and website data checked in October 2026.

The 2026 fleet

High-end bikes set up for cycle touring, delivered throughout Spain and Portugal and also in Saint-Jean-Pied-de-Port. Transport of the bike to the starting point is included in the price. Because the bikes travel to very distant starting points, rentals and rates start at seven days and you need to book in advance. For a few days in Galicia there is a separate local service: page 65.



MTB

Cannondale Trail SL 2

Aluminium frame, 1x12 drivetrain, 100 mm RockShox Judy Gold fork and hydraulic disc brakes. With rear rack and panniers.

FROM **€345** · 7 DAYS



GRAVEL

Cannondale Topstone

Aluminium frame and carbon fork, single chainring. With rear rack and panniers, designed for hard-packed tracks and long distances.

FROM **€345** · 7 DAYS



E-MTB

Mondraker Prime R

Bosch Performance Line CX motor and 750 Wh battery. 29-inch wheels and 120 mm fork. With rear rack and panniers.

FROM **€495** · 7 DAYS



E-MTB FULL SUSPENSION

Cannondale Moterra Neo 3

Full suspension, Bosch motor and a guaranteed minimum 750 Wh battery. With rear rack and panniers.

FROM **€595** · 7 DAYS



AMFLOW

Amflow PL Carbon

DJI Avinox motor and fast-charging 800 Wh battery. Supplied without rear rack or panniers: designed for those who book luggage transfer.

FROM **€895** · 7 DAYS

INCLUDED IN THE RENTAL

Rear rack and waterproof panniers · Tool kit and chain tool · Lock · Water bottle · Phone bag · Gel saddle cover · Ergonomic grips · This guide

Optional when booking: pilgrim passport, €5; it travels with the bike.

Helmet, bell and lights are not included. If a model is unavailable, another with the same or better specifications is supplied.

HOW IT WORKS

Delivery

The fleet leaves from our logistics base in Arzúa (Comercial Lamas). The bike is handed over at a shop at the starting point, checked over again by the shop's mechanic. This service carries a €20 surcharge, paid at the shop on collection.

24-hour assistance

By phone and WhatsApp on +34 627 92 82 13, backed by the workshop network in this guide.

Return in Santiago

Hospedería San Martín Pinario, Praza da Inmaculada, 3, beside the cathedral. A return anywhere else must be arranged beforehand and carries a €70 surcharge.

Guide and support vehicle

For existing groups of up to ten people and for agencies: coordination of stages, hotels and luggage, mechanical assistance and a replacement bike. €400 per day.

2026 rental rates

Total rental price by number of days, per bike.

DAYS	MTB Cannondale Trail SL 2	GRAVEL Cannondale Topstone	E-MTB Mondraker Prime R	E-MTB FULL SUSPENSION Cannondale Moterra Neo 3	AMFLOW Amflow PL Carbon
7	€345	€345	€495	€595	€895
8	€360	€360	€510	€610	€910
9	€375	€375	€525	€625	€925
10	€385	€385	€535	€635	€935
11	€395	€395	€545	€645	€945
12	€405	€405	€555	€655	€955
13	€415	€415	€565	€665	€965
14	€425	€425	€575	€675	€975
15	€435	€435	€585	€685	€985
16	€445	€445	€595	€695	€995
17	€455	€455	€605	€705	€1,000
18	€465	€465	€615	€715	€1,005
19	€475	€475	€625	€725	€1,010
20	€485	€485	€635	€735	€1,015
21	€490	€490	€640	€740	€1,020
22	€495	€495	€645	€745	€1,025
23	€500	€500	€650	€750	€1,030
24	€505	€505	€655	€755	€1,035
25	€510	€510	€660	€760	€1,040
26	€515	€515	€665	€765	€1,045
27	€520	€520	€670	€770	€1,050
28	€525	€525	€675	€775	€1,055
29	€530	€530	€680	€780	€1,060
30	€535	€535	€685	€785	€1,065

BICIGRINO2027

Book your 2027 trip before 31 December 2026 with this code: 10% off these rates, which are frozen for the Holy Year. More information on page 5.

BOOKINGS AND INFORMATION
bicigrino.com

ROUTE PLANNER
planificador.bicigrino.mobi

EMAIL
tomas@bicigrino.com

PHONE AND WHATSAPP
+34 627 92 82 13

Bicigrino Asistencia Total

Bicigrino rental includes basic assistance as standard. Asistencia Total ('total assistance') is the optional insurance that adds what matters most on the road: that a breakdown neither costs you money nor leaves you stranded. It covers getting the problem fixed, emergency transport to the workshop and authorised repairs.

DIAGNOSIS BY WHATSAPP

Whatever the problem, the Bicigrino team assesses the fault remotely, locates the nearest workshop and coordinates with the mechanic.

TAXI TO THE WORKSHOP

If the bike cannot be ridden, a taxi takes the cyclist and the bike to the nearest workshop.

REPAIR PAID FOR

Bicigrino covers the workshop bill, labour and parts, for authorised repairs, including punctures and broken chains.

REPLACEMENT BIKE

If the fault is serious, another bike of equivalent or higher specification within a target of 24 to 48 working hours.

WHAT EACH OPTION COVERS

INCLUDED IN THE RENTAL

Basic service

- ✓ **Breakage due to faulty maintenance**
if reported within the first 80 km or the first 24 hours
- ✓ **Breakage due to a transport problem**
if reported within the first 80 km or the first 24 hours
- ✓ **24-hour WhatsApp assistance**
- ✓ **Bike exchange**
subject to assessment of the cause; no emergency transport
- ✗ **Puncture or broken-chain repair**
paid by the customer; the tool kit is included
- ✗ **Taxi transfer to the workshop**
paid by the customer

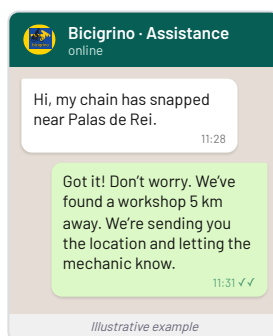
OPTIONAL

Asistencia Total

- ✓ **Puncture or broken-chain repair**
labour and parts
- ✓ **Taxi transfer to the workshop**
cyclist and bike
- ✓ **Breakage due to faulty maintenance**
- ✓ **Breakage due to a transport problem**
- ✓ **24-hour WhatsApp assistance**
- ✓ **Bike exchange**
if the repair takes more than 24-48 hours

HOW TO ACTIVATE IT

- 1 Get in touch**
Message the Bicigrino support number on WhatsApp.
- 2 Report**
Give your booking number and exact location, and send photos or videos of the problem.
- 3 Follow the instructions**
They will tell you which workshop to go to or, if the bike cannot be ridden, call the taxi.



WHAT IT IS NOT

It is not theft insurance, accident or health insurance, or travel insurance. It does not cover faults caused by misuse, negligence, reckless riding or unauthorised modifications. The taxi is only for getting to the workshop, not for sightseeing trips. It is exclusively for Bicigrino rental bikes.

HOW TO ADD IT

When you book at bicigrino.com

or by writing to Bicigrino before you start your trip · +34 627 92 82 13

PRICE

Ask

WHEN BOOKING

Cover as described at bicigrino.com/seguro-de-asistencia in October 2026. On public holidays the response may be slower. The full terms and conditions are those of the booking.

LOCAL SERVICE · COMERCIAL LAMAS, BICIGRINO PARTNER

Bike rental in Galicia

For the last kilometres of the Camino de Santiago and Galician routes, based in Arzúa

Arzúa

BICIGRINO LOGISTICS BASE

Galicia

SERVICE AREA

Today or tomorrow

SAME-DAY OR NEXT-DAY DELIVERY

Single days

NO SEVEN-DAY MINIMUM

This section is not the Bicigrino rental of the previous pages: it is a different service, local and regional. Bicigrino bikes are for long-distance trips and travel far, to Saint-Jean-Pied-de-Port, Lisbon or Porto. Taking them that far is only viable with rentals and rates of at least seven days, and with the booking made in advance, because transport takes time.

In Galicia the situation is different. Comercial Lamas (Lamas Bike), in Arzúa, is Bicigrino's main logistics partner: our whole fleet is stored and prepared at its premises, right on the Camino Francés and one stage from Santiago. With the bikes already there, one can be delivered within Galicia the same day or the next. That is why short rentals are possible here.

WHO IT IS FOR

The last kilometres of the Camino

From Sarria to Santiago, or from O Cebreiro: the end of the Camino Francés with the bike waiting for you at the starting point.

A weekend in Galicia

Two or three days of riding without the seven-day minimum of long-distance rental.

Galician routes

The Camino Portugués from Tui, the extension to Fisterra and Muxía or any route in the region.

Last-minute bookings

The proximity of the Arzúa base means a bike can be prepared and delivered the same day or the next.

THE MAIN SERVICE · LONG-DISTANCE

Bicigrino rental

All of Spain, all of Portugal and some routes in France · rentals and rates from 7 days · book in advance · fleet and rates on pages 62 and 63 · bicigrino.com

LOCAL SERVICE · A FEW DAYS

Rental in Galicia

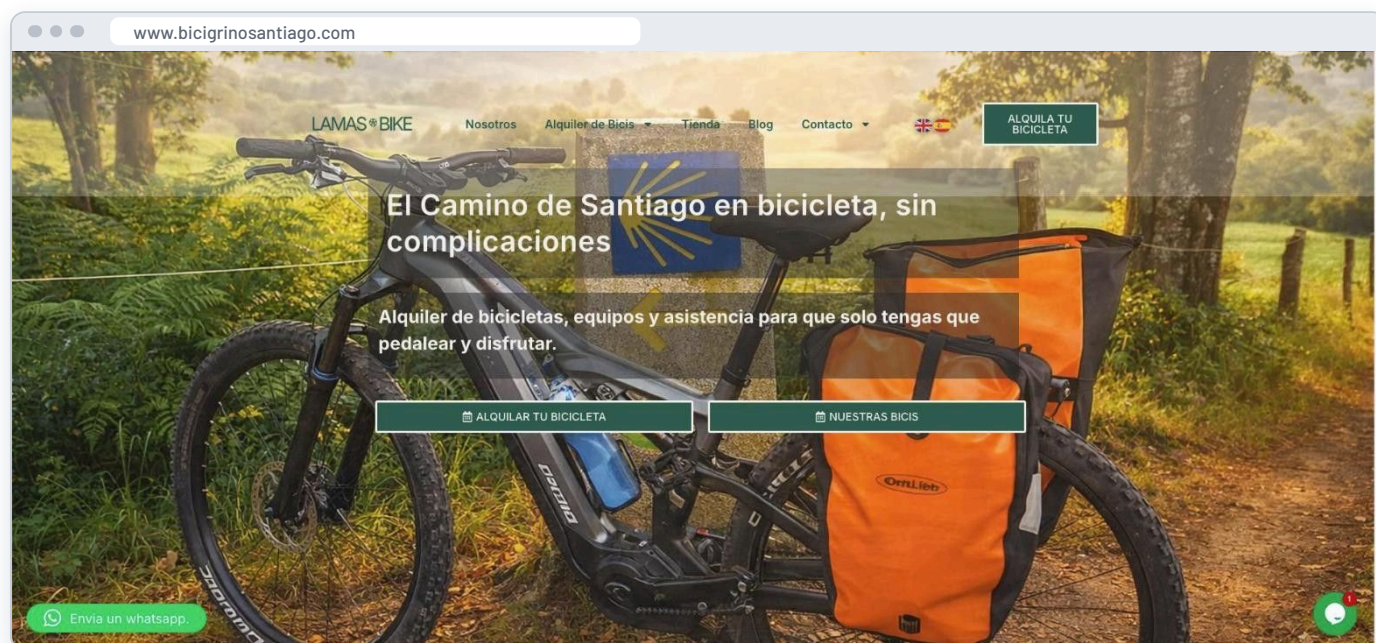
Comercial Lamas, Bicigrino's logistics base · deliveries and collections in Galicia only · last kilometres of the Camino and Galician routes · same-day or next-day delivery · bicigrinosantiago.com

COMPOSTELA BY BIKE: 200 KM

From Sarria it is just over 100 km to Santiago: that is the distance that entitles you to the Compostela on foot, but by bike you need 200 km. If you want it, you will have to start from Ponferrada or earlier, outside Galicia, with Bicigrino long-distance rental.

How rental in Galicia works

- 1 Book your bike**
 Choose the type of bike, the size and the dates at bicigrinosantiago.com. They get it ready and bring it to your starting point.
- 2 Ride the Camino**
 The bike, the panniers and the equipment are designed so that all you have to think about is the route.
- 3 They do the rest**
 Assistance along the way and collection at the end. In Santiago, the return is at the Hospedería San Martín Pinario.



THE BIKES

MTB 29" Cannondale Mountain bike, no motor: the classic choice for the Camino.	E-BIKE FULL SUSPENSION Fantic XTF 1.5 All Track Electric, with front and rear suspension.	E-BIKE Focus or Mondraker Hardtail electric mountain bike.	E-GRAVEL Bottecchia BE85 Merak Electric gravel bike for tracks and tarmac.	GRAVEL Cannondale or Focus Light and fast-rolling, no motor.
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WHAT IS INCLUDED

Helmet, panniers, lock, pump, spare inner tube, multitool and puncture repair kit. Delivery to your hotel or albergue (in Galicia), mechanical assistance and collection at the end.

CANCELLATION

100% refund if you cancel up to four days before.

WHERE THEY DELIVER AND COLLECT

In Galicia. Sarria · Portomarín · Palas de Rei · Melide · Arzúa (shop) · O Pino · Santiago de Compostela · O Cebreiro-Pedrafita · Tui · Pontevedra · Finisterre · Muxía

COMERCIAL LAMAS · LAMAS BIKE

981 50 80 13 · 696 614 528

Rúa Lugo, 131 · 15810 Arzúa (A Coruña) · infobicigrino@bicigrinosantiago.com

BOOK AT

bicigrinosantiago.com

BICIGRINO PARTNER

Models, delivery points and conditions as given on bicigrinosantiago.com in October 2026; confirm rates and availability when booking. Comercial Lamas is Bicigrino's main logistics partner, where its whole fleet is stored, and the assistance-network workshop in Arzúa.



Buen Camino

2027 EDITION · XACOBEO 2027 SPECIAL

Photography and video: Lucas Bazoni · Dagda Visual

BICIGRINO ONLINE

WEBSITE

bicigrino.com

ROUTE PLANNER

planificador.bicigrino.mobi

FACEBOOK · PAGE

facebook.com/bicigrinos

FACEBOOK · GROUP

facebook.com/groups/bicigrino

INSTAGRAM

[@bicigrino](https://instagram.com/bicigrino)

BOOK IN 2026 · RIDE IN 2027

BICIGRINO2027 · -10%